

The objectives of the Older Americans Act nutrition programs are to provide an opportunity for older individuals to live their years in dignity by providing healthy, appealing meals; promoting health and preventing disease; reducing malnutrition risk and improving nutritional status; reducing social isolation and increasing social interaction; linking older adults to community-based services; and providing an opportunity for meaningful community involvement, such as through volunteering.



Culturally specific meals and culturally responsive meals provided to older adults at congregate meal sites

Home delivered meals

Client nutrition-risk screening

Nutrition education provided quarterly for congregate meals and annually for home-delivered meals

234,163
congregate meals

406,833 home
delivered meals

4,018 nutrition
units of education

≈10,000 clients
served in total

Food Handler's Card

Welcoming
environment

Oversight by
registered dietitian

Meet state nutrition
guidelines

Submit required
data monthly

Nutrition Services