



**Multnomah County Public Health Advisory Board
Retreat Agenda
July 2021**

Date: Thursday, July 29, 2021

Time: 3:00pm – 5:00pm

Purpose: To advise the Public Health Division on several areas of work with a strong focus on ethics in public health practice and developing long-term public health approaches to address the leading causes of death and disability in Multnomah County.

Desired Outcomes:

1. Grow closer with one another
2. Hear an overview of the legislative session and learn about future areas of impact
3. Discuss ways to improve the board structure
4. Recommend priorities for this new term

Materials:

1. 2020-2021 MCPHAB Priority Summary

Item/Action	Process	Lead	Time
Welcome, Introductions, Agenda Review	<ul style="list-style-type: none">• Introductions• Review agenda	Hanna Atenafu	10 min 3:00 – 3:10
Public Comment & Board Sharing	<ul style="list-style-type: none">• Allow time for public comment (if applicable)• Use time for information sharing and updates	Hanna Atenafu	5 min 3:10 – 3:15
Icebreaker Activity	<ul style="list-style-type: none">• Participate in an activity to get to know one another	All	10 min 3:15 – 3:25
Government Relations Legislative Session Report	<ul style="list-style-type: none">• Hear an overview of the legislative session• Learn about avenues for MCPHAB impact	Jeston Black, Sarah Lochner	30 min 3:25 – 3:55
Break			5 min 3:55 – 4:00
MCPHAB Board Structure Discussion	<ul style="list-style-type: none">• Discuss how to better distribute MCPHAB responsibilities across all members (e.g. change leadership structure)• Discuss how to make meetings more actionable	Nathan Wickstrom	30 min 4:00 – 4:30
MCPHAB Priority Setting for New Term	<ul style="list-style-type: none">• Talk through priority areas of focus for MCPHAB for the new term	Nathan Wickstrom	25 min 4:30 – 4:55
Wrap-up & meeting evaluation	<ul style="list-style-type: none">• Recap of next steps• Meeting evaluation	Hanna Atenafu	5 min 4:55 – 5:00

Questions to reflect on before the retreat:

- What changes to MCPHAB structure would help it to better achieve its purpose?
- How can responsibilities be more evenly distributed among MCPHAB members in order to flatten the hierarchy?
- How can meetings be made more actionable so that fewer ad hoc meetings are needed?
- What are your priorities for the Board to address this new term? Do they align with [last term's priorities](#)?

Zoom Meeting Access

Join Zoom Meeting

<https://multco-us.zoom.us/j/98187845817?pwd=enhiNEhVaVA0Mml1aFFCRzdPTDRqZz09>

Meeting ID: 981 8784 5817

Passcode: PHe@lth1

One tap mobile

+12532158782,,98187845817#,,,,,0#,,49286777# US (Tacoma)

Dial by your location

+1 253 215 8782 US (Tacoma)

Meeting ID: 981 8784 5817

Passcode: 49286777

MC-PHAB Group Agreements

- Listen to understand, not to react
- “Land the plane” (attempt to bring the point home to something actionable)
- Acknowledge the perspective you’re speaking from
- Ensure balance of everybody expressing perspectives
- Have fun and bring your whole self
- Be creative, flexible, and solution-oriented
- Balance process and outcomes
- Focus on the quality of the journey and not just the destination
- Be present
- Identify goals to guide our work
- Chair and Vice Chair have permission to call time
- Be mindful of how much space you take up

MC-PHAB Consensus Building Process

Five Stages of Consensus-Building

1. Convening

- Getting the right people to the table with the right expectations.

2. Assigning Roles & Responsibilities

- The “signing on” phase. Everyone at the table agrees upon the ground rules that will govern decision-making and defines the kinds of responsibilities they are each willing to accept.

3. Facilitating Group Problem-Solving

- Step 1: “Venting.” This happens when members state any concerns they have about a proposal or a process.
- Step 2: Round of statements describing interests or priority concerns by members.
- Step 3: “Inventing.” This happens when members take what they’ve heard about each other’s interests and try to come up with proposals that meet everyone’s needs.
- The point of these 3 steps is to keep multiple options alive so that a full range of combinations can be “tried on for size.”

4. Reaching Agreement

- Does not mean voting, but “agreeing to agree.”
- Facilitator asks: “Can everybody live with this proposal?”
- If a member says “no,” he or she is asked to explain his or her position clearly, including any changes to the proposal he or she would like to suggest.

5. Holding People to Their Commitments

- This is the implementation phase.
- What actions do subcommittees, the Board as a whole, or individual members need to take?
- What actions are MCHD staff and executives responsible for?