



October Resources

- ***Note: Due to COVID-19 please confirm with the activity directly prior to attending.***

★ **Covid - 19 and Special Education Services: What you Need to Know!**

- October 23rd from 9am to 1pm
- With the start of the 21-22 school year, parents might be looking back at the last 18 months of education and wonder, “Now what?”. During this training participants will learn the importance of setting a positive trajectory for returning to school with new and changing COVID regulations, be introduced to the temporary Individualized COVID-19 Recovery Services rule adopted in Oregon and have opportunity to examine strategies to prepare for your child’s IEP meeting to discuss Covid recovery services.
- [Register here](#)

★ **Buddy Fest NW**

- Saturday October 2nd from 1:00-2:00 PM via FaceBook and YouTube
- This year we bring our annual celebration of acceptance and inclusion to the community in a safe and accessible way via Facebook Live and YouTube for our 2nd virtual #BuddyFestNW and 23rd annual celebration! We need your participation to make it a successful community celebration!
- For more information contact Jamie Burch or Angela Frome at buddyfestnw@nwdsa.org or 503-238-0522 (English) or Maria Rangel at mrangel@nwdsa.org or 503-262-4029 (Spanish)

★ **Ladybug Nature Walk - Forest Park**

- October 6th from 10:30-11:30am
- Ages 18 months to 6 years

★ **IRL Social Skills**

- Where autistic and other neuro-divergent families learn life-changing skills
- Our Zoom classes are appropriate for anyone ages 12 - 38 who is struggling socially. Clients must be motivated to improve their social skills. Their parent or social coach must also be available to participate.

★ **iFLY- Indoor Skydiving that is Limitless and Inclusive**

- The opportunity to indoor skydive for individuals who may have physical or cognitive challenges.
- Proper accommodations based on specific challenges.
- Additional assistance and attention during orientation, putting on a flight suit and helmet, etc.
- A highly-trained, world-class iFLY instructor.
- This Instructor personally guides All Abilities flyers through the indoor skydiving experience.

★ **The Belmont Goats (no longer on Belmont)**

- The Goats are in North Portland now!
- Every Saturday and Sunday from 11am-2pm
- 6631 N Syracuse St, Portland, OR 97203

★ **Supporting Parents of Children with ASD During Distance Learning**

- The Columbia Regional Program autism team is providing online training for parents and caregivers of children with ASD. Our autism specialists will share practical strategies for parents to help their child with ASD access distance-based learning provided by schools. Topics will include ways to maintain engagement/motivation, use of structure and visual supports, behavior management techniques, sensory strategies, and more.
- Thursdays 9/17, 10/1, 10/15, 10/29, 11/12, 12/3, 12/17 from 9:00 AM to 11:00 AM

★ **SIBSHOPS**

- Sibling group for brothers and sisters, ages 8-13, of children with special developmental needs. Siblings can share stories, give and receive support, as well as, have fun with children who have similar experiences.
- Saturdays- October 16th, November 20th and December 11th from 10:30-11:30am.

★ **Transition to Adulthood**

- Part I: Transition to Adulthood- Planning- Tuesday, October 5th | 6-7:30PM
- Part II: ABLE Accounts and Special Needs Trust- Tuesday, October 19th | 6-7:30PM
- Part III: Government Benefits- Tuesday, November 9th | 6-7:30PM

★ **Portland Parks & Recreation Adaptive & Inclusive Activities**

- [Virtual Bingo, Fridays, October 8-November 5th 3:30-5:00pm](#)
- [More Than Words Virtual Book Club, Thursdays, October 7-November 4th 4:00-5:00pm](#)
- [Creative Art @Mt Tabor SUN School, Mondays, October 4-November 1st 6-7pm](#)
- [Virtual Cooking with Dawn, Mondays, October 4-November 1st 4:30-6pm](#)
- [Exercise: For the Fun of it- Weight Room @ East Portland Community Center, Thursdays, October 7-November 4th 5:30-6:30pm](#)
- [Exercise: For the Fun of it- ZUMBA @ Mt Tabor Middle School, Tuesdays, October 5-November 2nd 5:30-6:30pm](#)
- [Music- Drum Circle Feel the Beat @ Community Music Center, Thursdays, October 7-November 4th 5:30-6:30pm](#)
- [Trip- Teens- Let's Go Find The Giant Pumpkin- Saturday October 9th 9:15am-3:45pm](#)
- [Wellness- Teen Social Halloween Party @ Mt Scott Community Center, Thursday October 7th 5:30-6:30pm](#)

★ **Hood River Harvest Fest**

- October 15th-17th
- Celebrate Hood River's harvest season at the 39th annual Hood River Valley Harvest Fest presented by Visit Hood River. This old-fashioned fall festival brings together more than 125 vendors offering local produce and food products, plus arts and crafts, wine, cider and beer tastings. Held along the scenic Hood River waterfront, this is the Columbia River Gorge's biggest celebration of the region's incredible fall bounty.
- Youngsters will love the kids' activity area, complete with bouncy houses, face painting and other activities.
- [Purchase tickets here](#)

★ **Lee Farms Fall Harvest Pumpkin Patch Festival**

- September 18th-October 31st, 2021

★ **City of Gresham 2021 Safe Trick-or-Treat**

- Saturday October 30th from 4:00-6:00pm
- Gresham's annual free Safe Trick-or-Treat event on Main Avenue in historic downtown between First and Fourth streets.

★ **Pumpkin Patch, Pig Races, Mazes & More 2021**

- French Prairie Gardens in St Paul, Oregon
- The pumpkin patch is open from October 2nd to October 31st. Farm Fun Wristbands are available for purchase and cover all of the activities to experience on the weekends. Weekend Wristband Includes: Pumpkin Patch*, Pigtucky Derby Pig Races, Corn Maze, Sunflower Maze, Rope Maze, Obstacle Course, Tube Slide, Farm Ninja Course, Pig Barrel Train Rides, Tire Swings, Hand Pump Duck Races, Jump Pad, Tractor Wagon Ride, Hamster Rollers, Corn Cannon, & Apple Slingshot



MORE PUMPKIN PATCHES:

- [Fazio Farms- NE Portland](#)
- [Mr. Tree's Pumpkin Patch- Happy Valley](#)
- [Bl-Zl Farms- Vancouver](#)
- [Pomeroy Farms- Yacolt, WA](#)
- [Bella Organic- NW Portland](#)
- [Topaz Farms- NW Portland](#)
- [The Pumpkin Patch- NW Portland](#)
- [Olson Farms- Damascus](#)
- [Kirchem Farm- Oregon City](#)
- [Bushue's Family Farm- Boring](#)
- [Liepold Farms- Boring](#)
- [Dolan Creek Farm- Boring](#)
- [Packer Orchards- Hood River](#)
- [Old McDonalds Farm- Corbett](#)
- [Fir Point Farms- Aurora](#)
- [Bauman's Harvest Festival- Gervais](#)
- [Red Berry Barn- Sherwood](#)
- [Papa's Pumpkin Patch- Sherwood](#)
- [Frog Pond Farm- Wilsonville](#)
- [Koch Family Farm- St. Paul](#)