

COVID19 Vaccine

The Illness	How Vaccines Work	Developing the Vaccine	When to Get Vaccinated	After Vaccination	Testing & Quarantine
<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>
<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>	<u>20</u>
<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>	<u>30</u>
<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>	<u>40</u>

The Illness Question - 10

People with chronic conditions like diabetes or lung disease are at ______ risk for more severe illness if they get the COVID19 virus itself.

- A. No risk
- B. Much lower risk
- C. Much higher

Illness Answer – 10

C. Much higher

•Info: Serious heart conditions, chronic kidney disease, cancer, sickle cell disease, Type 2 diabetes, lung disease, current or former smokers, and having an immunocompromised state all make it more likely for someone to get severely ill from COVID19. <u>See full list</u>.



The Illness Question - 20

If you've had COVID19 once, you can't get it again.

- -A. True
- B. False

The Illness Answer – 20

A. FALSE

•Info: <u>Current evidence</u> suggests that reinfection with the COVID19 virus is uncommon for 6-8 months after the initial infection. However, experts don't know for sure how long this protection lasts and it is possible to get COVID more than once. The likelihood for reinfection increases for those who are unvaccinated.



The Illness Question - 30

True or False: COVID19 symptoms can last weeks and even months.

The Illness Answer – 30

TRUE.

•Info: Long COVID includes a range of symptoms that can last weeks or months after the initial COVID infection. Symptoms can include fatigue, brain fog, loss of smell, mood changes, and joint or muscle pain.



The Illness Question - 40

Monoclonal antibodies may become available as a COVID19 treatment to people who have tested positive for COVID19 and:

- A. Are over 12 years old and over 88lbs
- B. Have mild or moderate symptoms of COVID
- C. Are considered high risk for being hospitalized with COVID
- D. All of the above

The Illness Answer – 40

D. All of the above

•Info: Monoclonal antibody treatments mimic our immune system's response to the virus that causes COVID19. In addition to being used for people who have tested positive for COVID, monoclonal antibodies can also be used with people who are 12 and older and who are exposed or at high risk for exposure (such as in congregate settings) and are: unvaccinated or partially vaccinated OR who are fully vaccinated but expected to not have as strong an immune response because of immunocompromising illness or being on immunosuppressive medications.



How Vaccines Work Question - 10

The COVID19 vaccine contains:

- -A. The virus
- B. Pork and pork products
- C. Microchips
- D. A, B & C
- E. None of the above

How the Vaccines Work Answer – 10

E. None of the above

•Info: The <u>vaccine</u> does not have pork, animal products, microchips, fetal cells or a live virus. It does not give you COVID19 or change your DNA.



How the Vaccines Work Question - 20

Which brand requires only one shot to be vaccinated?

- A. J & J
- B. Pfizer/Comirnaty
- C. Moderna

How the Vaccines Work Answer – 20

A. J & J

•Info: J&J requires only one dose. Pfizer/Comirnaty and Moderna require a second dose 3 or 4 weeks and up to 6 weeks after the first dose.



How the Vaccines Work Question - 30

True or false: It is unusual for the COVID19 virus to have so many different variants coming out.

How the Vaccines Work Answer – 30

FALSE.

•Info: Viruses constantly change through mutation. Sometimes new <u>variants</u> emerge and then disappear. Other times, new variants persist. The best way to slow the emergence of new variants is to reduce the spread of infection, including getting vaccinated.



How the Vaccines Work Question -40

Like other vaccines, the COVID19 vaccine teaches our bodies how to_____ and _____ the coronavirus that causes

COVID19.

- A. Create/grow
- B. Recognize/increase
- C. Recognize/fight

How the Vaccines Work Answer – 40

C. Recognize/fight

•Info: The <u>vaccines teach your body</u> to make a harmless protein that looks like the protein in the COVID19 virus. Your body responds to the protein and creates disease-fighting cells and antibodies that can recognize and fight the COVID19 virus.



Developing the Vaccine Question - 10

- The Johnson & Johnson vaccine is based on decades of research on _____ based vaccines.
- •A. Adenovirus
- •B. mRNA
- •C. Reproduction

Developing the Vaccine Answer – 10

A. Adenovirus

•Info: The J&J vaccine is based on adenovirus research, while the Pfizer/Comirnaty and Moderna vaccines are based on mRNA <u>research</u>.



Developing the Vaccine Question - 20

True or false: The COVID19 vaccines went through all of the steps to test them and check for safety, and no steps were skipped.

Developing the Vaccine Answer – 20

TRUE

•Info: Past research, federal funding, and the high rates of COVID19 in the community allowed the vaccines to be developed quickly. Once the vaccines passed the clinical trials, they were sent to the Food & Drug Administration (FDA) for authorization. No corners were cut in the development, safety review, or authorization process of the vaccines.



Developing the Vaccine Question - 30

- There was a conscious effort to recruit ______ to participate in these
- clinical trials.
- •A. People of color
- •b. Government employers
- •c. Health care workers

Developing the Vaccine Answer – 30

A. People of color

 Info: For the Pfizer/Comirnaty, Moderna and J&J vaccines, about one-third (1/3) of the study participants in the US were people of colo r



Developing the Vaccine Question -40

The FDA gave something called

to use for each

vaccine.

- •A. Fast Paced Authorization
- •B. Fair Use Authorization
- •C. Emergency Use Authorization

Developing the Vaccine Answer – 40

C. Emergency Use Authorization

•Info: <u>Pfizer/Comirnaty</u> now has full authorization from the FDA for people ages 16 and older. It still has Emergency Use Authorization for youth ages 12-15 and for 3rd doses for people who are immunocompromised.



When to Get Vaccinated Question - 10

True or False: You can get the COVID19 vaccine while you are sick with COVID19.

When to Get Vaccinated Answer – 10

FALSE.

•Info: If you have COVID, you should wait until you have recovered from your illness and no longer need to be isolated before getting vaccinated. You cannot receive the vaccine while you are hospitalized with COVID19. If you are in quarantine because of a known COVID19 exposure, you should wait until your quarantine ends before getting vaccinated.



When to Get Vaccinated Question - 20

True or False: For people who are pregnant and breastfeeding, you should not be vaccinated.

When to Get Vaccinated Answer – 20

FALSE.

 Info: The CDC has strongly recommended that pregnant people be vaccinate <u>d</u>

. Currently no evidence shows that any vaccines, including COVID-19 vaccines, cause fertility problems (problems trying to get pregnant) in women or men. We encourage everyone to consult with their medical provider to talk through any questions or concerns they may have.

When to Get Vaccinated Question - 30

True or False: Right now, there is no vaccine for children under 12 years old.

When to Get Vaccinated Answer – 30

TRUE.

•Info: While no timeline is certain, OHA is planning for the possibility of FDA and CDC emergency use authorization (EUA) of COVID <u>vaccine for children ages 5-11</u> in October and EUA for ages 6 months to 4 years in November or December.



When to Get Vaccinated Question - 40

True or False: Anyone who wants to can get a vaccine booster shot.

When to Get Vaccinated Answer – 40

FALSE.

•Info: A booster shot of the Pfizer vaccine is recommended six months after the second dose for people who initially received the Pfizer vaccine and are either (a) 65 and older, (b) living in long-term care facilities, (c) are 18+ and have underlying medical conditions, (d) are ages 50-64 and at increased risk due to social inequities, or (e) who are at increased risk because of their jobs (teachers, grocery store workers, health care workers, etc.). Please contact your healthcare provider, pharmacy or call 2-1-1 to book a booster shot appointment.



After Vaccination Question - 10

What are some common symptoms after receiving the vaccination?

- •A. Coughing and sneezing
- •B. Runny nose
- •C. Soreness and fatigue

After Vaccination Answer – 10

C. Soreness and fatigue

 Info: <u>People may experience</u> soreness at the injection site or fatigue after getting vaccinated. Coughing, sneezing, and a runny nose are common symptoms of a COVID19 infection.

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After Vaccination Question - 20

What are you asked to do after being vaccinated?

- •A. Drink plenty of water
- •B. Remain for 15 min after vaccination shot
- •C. Exercise for 10 min

After Vaccination Answer – 20

B. Remain for 15 min after vaccination shot •Info: The 15 minute <u>observation period</u> after vaccination allows medical staff to make sure that you do not have an allergic reaction to the vaccine.



After Vaccination Question - 30

Whether vaccinated or unvaccinated, everyone should practice:

•A. Staying inside during the day

•B. Washing hands, wearing masks, and physical distancing

•C. Continue as normal because the pandemic has ended

After Vaccination Answer – 30

B. Washing hands, wearing masks, and physical distancing •Info: The Delta variant is highly contagious. Some data suggests that the Delta variant may cause more severe illness in unvaccinated people. Fully vaccinated people with a breakthrough infection caused by the Delta variant can spread the virus to others, but for a shorter amount of time than unvaccinated people. Ways to stop the spread include wearing masks, physically distancing, washing hands, and getting vaccinated.



After Vaccination Question - 40

True or False: If you have been vaccinated, there is no chance that you will get COVID19.

After Vaccination Answer – 40

FALSE.

 Info: Breakthrough cases occur when people who are vaccinated are infected with COVID19. The vaccine is very effective in preventing severe illness, hospitalization and death, but no vaccine is 100% effective.



Testing & Quarantine Question - 10

Which of the following tests should be used to diagnose a current COVID19 infection?

- A. Antibody test
- B. Diagnostic test
- C. At home self-test
- D. B & C

Testing & Quarantine Answer - 10

D. Diagnostic & at home self-test

 Info: Diagnostic tests can show if you have an active COVID19 infection and need to isolate or quarantine. The BinaxNOW at home self-test kits are diagnostic tests. Antibody tests look for antibodies that your immune system produced in response to the virus that causes COVID19. Antibody tests should not be used to diagnose active COVID19 infection.



Testing & Quarantine Question - 20

What should you do if you have been vaccinated and were exposed to COVID19 at work/faith house/family member, etc?

- A. Get tested 3-5 days after you were exposed
- B. Stay home, even if you don't have symptoms
- C. Wear a mask indoors in public for 14 days after you were exposed or until you have a negative test result
- D. A & C

Testing & Quarantine Answer - 20

D. A & C

 Info: If you are unvaccinated and were exposed to COVID19, you should quarantine for 14 days at home after your last contact with the person who has COVID19 and monitor any symptoms that might come up. If possible, stay away from people you live with, especially if they are at higher risk for getting very sick from COVID19. You can get tested 5 days after your last exposure.



Testing & Quarantine Question - 30

True or false: If you're vaccinated and have tested positive for COVID19, you need to isolate at home even if you don't have any symptoms.

Testing & Quarantine Answer - 30

TRUE.

•Info: Regardless of whether you have symptoms or not, if you are vaccinated and test positive for COVID19, you should isolate yourself for 10 days at home. For those who are not vaccinated, they should isolate for 10 days since their symptoms first started or since their positive COVID19 test.



Testing & Quarantine Question - 40

What should you do if your child has a runny nose and a cough?

- A. Have the child stay at home if they <u>had</u> close contact with someone with COVID19 in the last 14 days and seek medical evaluation and/or get tested
- B. Have the child stay at home if they have <u>not</u> had close contact with someone with COVID19 in the past 14 days and get tested. If they test negative, they can return to school even if they still have symptoms.
- C. If they test positive, they should isolate at home for 10 days after symptoms started and symptoms improve and fever-free for 24 hours without medication
- D. A & C

Testing & Quarantine Answer - 40

D. A & C

•Info: If the child has <u>not</u> had contact with someone with COVID-19 in the last 14 days: stay home from school and seek testing

- If negative: return to school after symptoms improve and fever-free for 24 hours without medication
- If positive: isolate at home for 10 days after symptoms started and symptoms improve and fever-free for 24 hours without medication

•If the child has had contact with someone with COVID-19 in the last 14 days

Continue staying at home; seek medical evaluation and/or testing

•If you don't have a doctor or clinic, you can call 2-1-1 or Multnomah County Primary Care clinics at 503-988-5558

More information

