

## Department of County Human Services



Aging, Disability & Veterans Services Division

**To:** Family Caregiver Support Program Case Managers and Managers

**From:** Multnomah County Family Caregiver Support Program

**RE:** Family Caregiver Support Program (FCSP) Update regarding relief fund requests as of July 1, 2021

### **Grant timeline:**

**There are three grant periods for fiscal year FY22.**

- **July 1-October 31**
- **November 1-February 28**
- **March 1-June 30**

Within FY2022, there is ***no limit to the number of grants a family caregiver may receive.*** *(This may change, depending on budget constraints, at which time, case managers will be notified.)*

Funds must be used by the end of the grant period/trimester in which funds were awarded. *If there is a circumstance that requires a change in the grant dates, please contact the Family Caregiver Support Program Coordinator at 503.988.8210 or by email at [family.caregiver@multco.us](mailto:family.caregiver@multco.us) to discuss an accommodation.*

### **Eligibility:**

Family caregivers/informal caregivers requesting relief funds must meet the following requirements:

- Caregiver of a person age 60 or older can be an adult of any age;
- Grandparents/Elder Relatives age 55 and over, raising grandchildren/relative children age 18 or younger;
- Older relatives, including parents, age 55 and over, providing care to adults age 18- 59 with a disability.
- The family caregiver must reside in Multnomah County
- Caregivers must be unpaid. Grandparents receiving State funds for relative foster care are an exception.
- The person in care cannot be receiving Medicaid Services (in-home or facility care) if respite or supplemental services funds are requested. Caregivers caring for a person receiving Medicaid medical coverage, or

SNAP benefits only, are eligible to request respite or supplemental services funds.

- **CASE MANAGEMENT Services for Family Caregivers:** All caregivers living in Multnomah County are eligible for case management services. There are no income guidelines for case management only services. Caregivers who are caring for a person who is receiving Medicaid services **are eligible** for FCSP case management only services.
- For caregivers requesting respite or supplemental service funds, the care recipient needs to meet one of the following:
  - a. The care recipient requires help with a minimum of two Activities of Daily Living (ADL) that require substantial assistance.
  - b. Due to Alzheimer's or another related dementia, the care recipient's cognitive impairment requires substantial assistance for cueing by the caregiver in order for ADL needs to be completed; and/or due to cognitive impairment, the care recipient experiences safety issues (i.e. wandering; getting lost; when left alone, puts themselves at risk due to cognitive impairment, etc.) In this situation it is expected that the family caregiver is living with the care recipient due to the safety/care needs.
- Caregiver household income after medical expenses is 400% or less of the Federal Poverty Level.

#### 2021 Federal Poverty Guidelines Chart (Effective Jan. 13, 2021)

We have included multiple percentages in the Federal Poverty Level chart below, as there are several programs, including Medicaid, that use a percentage of the FPL as the income criteria for program participation.

#### 48 Contiguous States

# of Persons in Household	2021 Federal Poverty Level for the 48 Contiguous States (Annual Income)						
	100%	133%	138%	150%	200%	300%	400%
1	\$12,880	\$17,130	\$17,774	\$19,320	\$25,760	\$38,640	\$51,520
2	\$17,420	\$23,169	\$24,040	\$26,130	\$34,840	\$52,260	\$69,680
3	\$21,960	\$29,207	\$30,305	\$32,940	\$43,920	\$65,880	\$87,840
4	\$26,500	\$35,245	\$36,570	\$39,750	\$53,000	\$79,500	\$106,000
5	\$31,040	\$41,283	\$42,835	\$46,560	\$62,080	\$93,120	\$124,160
6	\$35,580	\$47,321	\$49,100	\$53,370	\$71,160	\$106,740	\$142,320
7	\$40,120	\$53,360	\$55,366	\$60,180	\$80,240	\$120,360	\$160,480
8	\$44,660	\$59,398	\$61,631	\$66,990	\$89,320	\$133,980	\$178,640
Add \$4,540 for each person in household over 8 persons							

**Note:** The family size is the family caregiver's household. This includes the family caregiver, spouse and their dependents. All medical expenses can be deducted-insurance premiums, co-pays, prescription costs. If the family caregiver is paying for medical expenses for the person they are caring for those costs can also be deducted

### **A. Family Caregiver grant**

Relief Grant: \$300-\$1200.

FCSP clients who are caring for an elder age 60 and older, or of any age with Alzheimer's and related disorders, who meet eligibility guidelines for relief funds.

Grant amounts vary depending on the client's needs.

All requests must have a written plan on the FCSP intake form. Additional funds may be requested for situations that require more financial assistance.

Grant amounts will be approved based on need and budget constraints.

The caregiver grant can pay for any, or a combination, of the following:

1. **Respite services:** provided by licensed, bonded and insured in home care agencies, Adult Day Center, or respite facility.
2. **Supplemental Services:** includes durable medical equipment, incontinence supplies, self-care activities for the family caregiver, or other services, items, or supplies needed to support the family caregiver with program approval.
3. **Counseling:** provided by a licensed and insured counselor or LCSW. *(see details below about counseling services)*

### **B. Grandparents/Elder Relatives age 55 and over, Raising Grandchildren/Relative Children under the age of 18.**

Relief Grant: \$400 per child.

Additional funds may be requested for situations that require more financial assistance.

All requests must have a written plan submitted and approved. Grant amounts will be approved based on need and budget constraints.

The grant can be used to pay for after school activities, childcare provided

by licensed and insured agencies, summer camps, school clothing, and adaptive equipment for the child with special needs, and/or self-care activities for the grandparent/elder relative client (i.e. parks and recreation programs, massage, etc) and client specific needs upon approval.

**C. Older Relatives, including parents, age 55 and over providing care to adults age 18- 59 with a disability.**

**Relief Grant-\$400 per care recipient.** . Additional funds may be requested for situations that require more financial assistance. All requests must have a written plan submitted and approved. Grant amounts will be approved based on need and budget constraints.

The grant can be used for respite, community activities for the care recipient, adaptive equipment, and/or self care activities for the elder relative.

**Counseling only grant -Maximum \$300:** Counseling must be provided by a licensed and insured counselor or social worker. Family Caregiver clients may choose their own counselor but the counselor must be willing to invoice Multnomah County Family Caregiver Support Program for their services. A list of counselors/social workers who work with family caregivers and are set up to invoice Multnomah County can be found at:

<https://multco.us/ads/cs-family-caregiver-support-program>

*Note: If a family caregiver has access to counseling services through Medicare, Employee Assistance Program (EAP), or their health insurance, the family caregiver is asked to use these covered services first. Counselors with an LCSW or a psychologist may be able to bill Medicare.*

**Counseling ONLY grants. For unpaid family caregivers who are not eligible for the regular caregiver grant.**

**Counseling grant eligibility:** Family Caregivers need to be an open FCSP case management client. There is no income eligibility for the family caregiver and no ADL requirements of the care recipient.