Multnomah County				
Program #40091 - Fami	ly Involvement Team			3/7/2022
Department:	Health Department	Program Contact:	Jesse Benet	
Program Offer Type: Related Programs:	Existing Operating Program	Program Offer Stage:	As Requested	

Program Characteristics: In Target

## **Executive Summary**

TThe Family Involvement Team (FIT) for Recovery program is a collaboration with the Oregon Department of Human Services (DHS) Child Welfare, Substance Use Disorder (SUD) treatment and recovery support providers, social service agencies, and the Multnomah County Family Dependency Court. Each year, the FIT for Recovery program connects over 500 unique parents who have had their parental rights taken away due to substance use issues with treatment and recovery support services, specialized case management services, and peer supports with lived experience with Child Welfare involvement. Culturally specific peer support and outreach services were newly added in FY22 to ensure prioritization of BIPOC individuals.

## **Program Summary**

The FIT for Recovery Core Team, housed at the Family Dependency Court, works with parents involved with DHS Child Welfare who have a substance use disorder and are in need of treatment and recovery support services. Culturally specific peer support and outreach workers with lived experience meet parents directly at court hearings where parental rights are terminated to provide immediate support at a critical time. These staff work to establish a connection with parents, screen for SUD and other needs, and make referrals to treatment and support services. Warm handoffs ensure individuals have support navigating any access barriers to getting into treatment.

Once in treatment, FIT case managers with lived experience and specialized knowledge of navigating the Child Welfare and family court systems at partnering SUD treatment agencies provide the family with supportive services including case management, family therapy, and family recovery services to assist the parent/family in being successful and in developing a recovery plan. DHS Child Welfare caseworkers assist and collaborate with Case Managers and provide parent skill building, ensuring child visitation and reunification while in treatment. Peer and parent mentors are also available through the FIT collaborative before, during, and after treatment. Parenting Support groups are also provided by peers with lived experience. FIT partners include: DHS Child Welfare, Family Dependency Court, Multnomah County Health Department, Cascadia Behavioral Healthcare, CODA, Lifeworks NW, Central City Concern, Volunteers of America (VOA), NARA, Bridges to Change, Raphael House, Morrison Child and Family Services, Iron Tribe, and Holistic Healing. FIT partnered with the County Office of Diversity and Equity (ODE) to complete an equity lens assessment in FY21. A significant outcome of this work was partners surfaced an underrepresentation of BIPOC, specifically African American, parents becoming FIT clients though they were overrepresented in the larger Child Welfare System. Partners developed a goal of increasing FIT services to BIPOC families in FY22, launched new Culturally Specific Peer Support and Outreach Services provided by culturally specific agencies and staff. As this work continues, new outcomes/outputs may be developed and added to this program offer to better reflect this current focus.

FY22 Budgeted	FY22	FY23
Buugeleu	Estimate	Offer
700	972	770
72%	27%	27%
	700	700 972

Measure changed in FY22, see significant program changes for details. However, the data remains based on referrals so still aligns across fiscal years. FIT referrals are the number of individuals referred from DHS to FIT Outreach Workers.
FY21: 75% of clients had an unknown Treatment status therefore only 12% that were documented as having entered treatment are reported. FY22: 47% of clients had an unknown Treatment status. It is likely an undercount that reflects issues with the outdated database previously used for tracking this data point.

## Legal / Contractual Obligation

Multnomah County accepts the State Mental Health Grant, and we are obligated to spend funds in accordance with State Service Elements.

	Adopted General Fund	Adopted Other Funds	Requested General Fund	Requested Other Funds	
Program Expenses	2022	2022	2023	2023	
Contractual Services	\$0	\$401,527	\$32,380	\$328,062	
Total GF/non-GF	\$0	\$401,527	\$32,380	\$328,062	
Program Total:	\$401,5	\$401,527		\$360,442	
Program FTE	0.00	0.00	0.00	0.00	
Program Revenues					
Intergovernmental	\$0	\$401,527	\$0	\$328,062	
Total Revenue	\$0	\$401,527	\$0	\$328,062	

\$ 328,062 - State Mental Health Grant SE 66Family Involvement Team (FIT) based on IGA with the State.

## Significant Program Changes

Last Year this program was: FY 2022: 40091 Family Involvement Team

Pandemic impacts across SUD providers: staff shortages (especially compounding the historic need for BIPOC staff with BH certification); quarantines; service/program disruption & staffing gaps; operating at reduced censuses due to social distancing; pauses of client intakes due to COVID cases among staff/clients; transitions between in-person/telehealth/hybrid services as the pandemic shifts; changes to operational workflows, policies, and protocols; etc. These impacts have decreased the availability and capacity of critical SUD treatment and recovery support services, further exacerbating the access issues that previously existed before the pandemic.