How to Get Health Care at a Multnomah County Clinic

Do you need health care?

Multnomah County's health centers are here to help and currently welcome new patients. We provide care to anyone living in or visiting Multnomah County, including those who are low-income and uninsured.

Multnomah County welcomes and serves all people without regard to race, origin, religion, income, gender, sexual orientation, or immigration status.

Our services

- ✓ Adult healthcare
- ✓ Children's care
- ✓ Women's health
- ✓ Birth control
- ✓ Pregnancy testing
- ✓ Prenatal care
- ✓ Mental health
- ✓ Pharmacy

How do I get started?

Primary care: Call 503-988-5558, Monday-Friday 7:30am-5:30pm. You will be scheduled for a new patient appointment to get started with one of our health care teams.

Dental: New dental patients call 503-988-6942, Monday-Friday 8:30 am - 4:45 pm

Do you also need health insurance?

We can help you apply. You may qualify for Oregon Health Plan or other programs. You do not need to have insurance to get care at Multnomah County clinics. If you are in need of reproductive health services (pap smears, birth control, STD screening) you may qualify for free or low cost care through the Oregon Reproductive Health Program.

Call 503-988-5558 for an appointment with one of our eligibility specialists.

Health Center locations and hours

To keep patients and staff safe from COVID-19, our clinics are now offering phone and video visits in addition to in-person appointments. All of our locations are currently open and providing services Monday-Friday:

- East County Health Center: 600 NE 8th St, 3rd Floor, Gresham, 97030
- Mid County Health Center: 12710 SE Division St, Portland, 97236
- Northeast Health Center: 5329 NE MLK Jr Blvd, Portland, 97211
- North Portland Health Center: 9000 N Lombard St., Portland, 97203
- Health Services Center: 619 NW 6th Avenue, 3rd Floor, Portland, 97209
- La Clinica de Buena Salud: 6736 NE Killingsworth St., Portland 97218
- Southeast Health Center: 3653 SE 34th Ave., Portland 97202
- Rockwood Community Health Center: 2020 SE 182nd Ave., Portland 97233
- Billi Odegaard Dental Clinic: 33 NW Broadway, Suite 380, Portland 97209

Call 503-988-5558 to schedule Monday-Friday 7:30am-5:30pm. Or visit https://multco.us/primary-care-and-dental

Multnomah County
Health Department

Protection from Covid-19

Free testing, vaccines, and treatment available for Multnomah County Health Center patients

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If you don't have a primary care provider, you may not know where to go for affordable Covid-19 testing and treatment. Our Health Centers are welcoming new patients and offer these services free of charge. Call 503-988-5558 for more information.

Vaccines

Free vaccines and booster shots for all age-eligible clients. Available at any Health Center or Student Health Center by appointment.

Testing

Free Covid testing by appointment for clients who have been exposed or have symptoms.

Prevention

Some people who are at high risk of severe illness from Covid-19 may benefit from additional preventative treatment that prevents illness and infection. These treatments are available to eligible Health Center patients at no cost.

Treatment

If you test positive for Covid-19 and have conditions that put you at higher risk, early treatment is available to help prevent severe illness. Treatment may be provided to people who are older age, immunocompromised, unvaccinated, and/or have other underlying conditions.

It is important to act quickly because the treatment must be started within 5 days of your first symptoms, and earlier is better. If you need treatment and don't have a primary care provider, our Health Center can fast-track your patient registration to help you get access to treatment.

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Call today to become a patient
503-988-5558