

## Resources 2022

# **★ WORKSHOP- Neurobehavioral Conditions Including FASD: Understanding & Application of the FASCETS Brain-Based Approach (ALL)**

- FA/NB are brain-based, neurobehavioral conditions with behavioral symptoms. The workshop will educate you on a best practices approach for increasing understanding of FA/NB, reducing frustration, and expanding options. Case examples of successful accommodations are central to this training.
- This is intended for professionals, parents, and other caregivers of children with confirmed or suspected FASD or other brain-based conditions. Our experience is that the training is enriched by having a mixed group of parents, caregivers, and professionals.
- o 6 TUESDAYS; May 3 June 7, 2022; 11:30am- 1:30pm PST
- o And...6 two-hour live online sessions Cost : \$310
- <u>FASCETS workshops</u>. Email: info@fascets.org

## **★ TeenForce Pass - (KIDS/HST)**

The TeenForce Pass gives <u>FREE access to scheduled drop-in activities</u>
 and designated open swims at five Portland Parks & Recreation community
 centers. The pass is available for youth ages 10 to 20.

- Registering for a TeenForce Pass is easy, fast, and FREE! Registration must be in person at Charles Jordan, East Portland, Matt Dishman, Montavilla, or Mt. Scott Community Center. Bring your address, parent/guardian address, parent/guardian phone number, your phone number, and information about any health conditions you may have.
- Or download a TeenForce Pass Registration Form and bring your completed form to any of the five TeenForce sites. The form is in English <u>TEEN pass-form-2021-22-english</u>, Spanish, Russian, Vietnamese, Chinese, Swahili and Oromo languages!
- View drop-in activities and schedules at the following TeenForce locations: Charles Jordan, East Portland, Matt Dishman, Montavilla, and Mt. Scott Community Center

#### ★ Richard R. Silver Memorial Scholarship Application (ADULTS)

- Richard R Silver Scholarship \$2,500 scholarship to support exemplary
   Latinx youth under the age of 25 who wish to pursue higher education!

   Apply by May 31<sup>st</sup>! Find out more here
- Two scholarships of \$2,500 each will be awarded to pay in this order:
   tuition, books, room and board, and other college-related expenses.

## ★ Nature Day Camps – (ages 5-12)

 Early sign-ups are open now for camps beginning June 22<sup>nd</sup>! To sign up call (503) 823-2525 or visit any Portland Parks & Rec community center. See camps and schedule online <a href="here">here</a>.

## ★ The Arc 2022 Virtual State Convention: Adapt. Grow. Thrive.

Join us May 5 & 6, 2022 for The Arc Oregon Annual State Convention. You
 will enjoy two days of sessions with dynamic speakers and topics relevant

to the disability community, self-advocates and their families, and professionals.

## ★ OPEN playgrounds (KIDS)

ADA accessible playgrounds

## ★ HOLI Spring Festival, a celebration of color on Sauvie Island

When: May 29th 4pm-8pm

o Where: Topaz Farm 17100 Northwest Sauvie Island Road Portland 97231

• TICKETS

- The celebration will have DJ Anjali & The Incredible Kid, who will host a Bollywood and Bhangra dance party in the grass!
- This event is Portland's first to feature only-organic powder, direct from India, made from flowers, seeds and vegetables. Each paid entrance includes a packet of colors (while supplies last) and a portion of the festival proceeds will benefit farmers in India.
- Everyone is welcome at this all-ages event, which in addition to farm stand food and drinks. Expect to get messy as Holi is celebrated by throwing bright colored powder on each other. Wearing white or old clothes is recommended. Farm Entrance/Ticket Pricing For Holi Festival for this date only Adults: \$20 Seniors 55+: \$15 and Kids 6-16: \$10 Kids 5 and under: Free

## **★** <u>Camp OdaKoda 2022</u> (Ages 10-18)

 Camp Odakoda was created in 2010 to support individuals with high functioning autism spectrum disorders. Our mission is to facilitate the same kind of summer-camp that most children enjoy – with the added support, encouragement and expertise that we've specifically designed for children with these special needs. We offer a **4 night sleep away** experience for boys and girls aged 10-18 years. Our program is centered around promoting social skill development in a fun and exciting way. We have a 2 campers to 1 adult counselor ratio.

- Watch a VIDEO about Camp Odakoda
- Camp dates are 7/26 7/30, 2022

## **★** <u>Decoding Dyslexia</u> for professional development ONLY

May 5th 4:30pm-6pm

## ★ Open Saturday at Pearson Field Education Center (KIDS-HST)

○ Pearson Field Education Center is open 10 am – 2 pm every-other Saturday starting in 2022. Our Open Saturday programming is generously sponsored by Comcast, and is FREE to attend. We have STEM story time, flight simulators, vintage aircraft, and DIY STEM activities. There's something for everyone at Pearson Field Education Center! Reservations are appreciated, and walk-in guests are always welcome.

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## **★** Unique **SPRING Market 2022**

- 175 of the best emerging brands, designers, and up-and-coming artists so you can shop local, take part in our diverse community, and be inspired.
- When: Sat, May 7, 2022, 10:00 AM Sun, May 8, 2022, 4:00 PM
- Where: Veterans Memorial Coliseum 300 North Winning Way
- Part trade show, part design fair, part pop-up, our focus has always been to shine a spotlight on small businesses and independent designers, while curating and producing an elevated, inspiring & interactive shopping experience.

#### ★ FREE Portland LIVE Career Fair 2022

- When: Wed, May 4, 2022 11:00 AM 2:00 PM
- Where: Sheraton Portland Airport Hotel 8235 Northeast Airport Way
- Register Here

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- ★ Virtual Field Trips! From Arizona State University
- ★ More Virtual Field Trips!
- **★** The Kitchen Table Classroom: Free online art classes
- ★ LUNCH DOODLES with Mo Willems (KIDS) A virtual art class with artist Mo Willems daily at 10am
- **★** Portland Audubon events <u>listed here</u>
- ★ Imagineering in a Box (KIDS)

## ★ Portland Parks & Rec: Stay and Play Video Series

- Check out the entire series on the Portland Parks & Recreation YouTube
   channel
- Portland Parks & Recreation's new Stay and Play video series presents
  content for you and your family on fun subjects like performing arts,
  preschool, visual arts, nature, sports, fitness, and swimming. Let's Stay and
  Play until we can be together again!

## ★ Oregon Children's Theater (KIDS)

- "Last Stop on Market Street" a children's musical featuring hip hop, rock,
   Motown, gospel and rap.
- STORYLINE: CJ and Nana are on the Number 5 bus and CJ wishes he could be anywhere else. Nana helps him realize everyone has a story,

- looks can be deceiving, and beauty is everywhere. It runs 60 minutes with no intermission.
- May 1 to May 29, 2022 Saturdays at 2 p.m. and 5 p.m. Sundays at 11
   a.m. and 2 p.m. 1111 SW Broadway St. Portland 503-228-9571
- Run time is approximately 70 minutes with no intermission. \$15-\$34

## **★** Gresham Recreation Activities (HST & ADULTS)

334 NE 219th Ave. Gresham, Email: <u>info@thecourtsprogram.com</u>
 503-328-9416

## ★ Teen & Young Women On Spectrum Friendship Group: Meeting Virtually

- Meets on the 1st & 3rd Sundays of each month, from 3:00-4:30pm. For female-identifying people on the autism spectrum, ages 15 and up, looking for an accepting environment in which to hangout with other female-identifying teens and young adults on the autism spectrum. Come chat, relax, or just chill. Participate in great discussions and/or activities (or not) of your choosing! This group is currently meeting on-line.
- For more information, please contact Kim at 503-635-5112 or <u>click here to</u> <u>email</u>. Sponsored by the Autism Society of Oregon.

## ★ Supported Decision Making Registration (HST)

Your child is soon to be 18 and with that you both experience some role changes. In this training, we explore an adult decision-making support called Supported Decision Making. Help empower your soon-to-be adult child to make informed decisions about their life and their future. Participants will leave understanding: The Components of a Supported-Decision Making; Tools to identify and establish Supported

Decision-Making Supports & The change in dynamic when your adult child is the decision maker

○ Date and time Wed, May 18, 2022 6:00 PM – 7:30 PM

#### **★ Making Authentic Friendships- AGES 13+**

 Web-based application helps individuals with special needs (age 13+) find friends at home or on the go, based on their geolocation, diagnosis, age and interests.

#### ★ COMMUNITY DROP-IN SUPPORT- ABI

- Every Thursday from 12pm-2pm
- Both in English and Spanish
- We work to provide you tools, tips, and strategies to navigate early childhood services, special education services, and inclusive communities.
   We also provide resources to support health and safety, connections to community, and an open ear and heart to families, educators, and other professionals.

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## Providence Swindell's <u>SIBLING SHOPS</u> - (KIDS)

- Sibshops es un grupo de apoyo para hermanos/as entre las edades de 8-13 años, de niños con necesidades especiales. Los hermanos pueden compartir historías, dar y recibir apoyo, a además, divertirse con otros muchachos que tengan experiencias similares. Es un grupo en linea con cupo limitado.
- Saturday 5/14/2022 10:30 am -11:30 am
- Sibshops is a sibling group for brothers and sisters, ages 8-13, of children with special developmental needs. Siblings can share

stories, give and receive support, as well as, have fun with children who have similar experiences. Online at this time with limited group size

- HOT DOCS May 10th to June 14th 10AM-12PM
- HOT DOCS May 10th to June 14th 6PM-8PM

## ★ Chap Workshops (KIDS)

PLANNING FOR SUMMER? Enroll your kid(s) in Inclusive Summer Art Workshops and Dailies

In-person and virtual options are available → Ideal for kids ages 6 to 12. In-person workshops take place at the CHAP studio in Portland.

Click <u>here</u> to register for 4-day Workshops.

Click <u>here</u> register for Dailies.

Questions? Email info@chappdx.org

## ★ Add to your calendar - BIKE Week Registration - ALL AGES

- BIKE week is JUNE 20-24
- All Born In is holding their 15th year of teaching individuals with disabilities the skills needed to ride typical bikes. It will be held at De La Salle North Catholic High School in NE Portland. Orientation will be Sunday, 6/19 at approximately 6:00 pm.
- Full Week of Bike Camp -- \$250 or 3- Day Quick Start/Refresher Course \$150
- Vaccination required for participants