

#### Program #40082C - School Based Mental Health Expansion

**Program Contact:** Yolanda Gonzalez 5/2/2022

Health Department **Department:** 

**Program Offer Type:** Innovative/New Program Program Offer Stage: As Proposed

**Related Programs:** 

**Program Characteristics:** 

## **Executive Summary**

This program offer expands current K-3 school based mental health case management services to cover Kindergarten through 12th grade, and allows the county to offer additional culturally responsive and comprehensive assistance. These K-12 Case Managers will help students and their families meet unmet needs by connecting them to mental health services. housing, clothing, and food access. These additional case management services will also seek to reduce racial and health inequities and support increased attendance and educational success. Those outcomes are strong indicators of lifelong economic wellbeing and improved overall health.

#### **Program Summary**

This program offer will fund six case managers and support staff, with managers paired to the six school districts across Multnomah County: Centennial, David Douglas, Gresham Barlow, Revnolds, Parkrose, and Portland Public Schools, Three case managers will focus primarily on middle school students and three case managers will focus on high school.

Case managers in this program will provide specialized, short-term, intensive complex case management and prevention services to students in kindergarten through 12th grade and their families, with a focus on connection to mental health services/supports, increasing attendance and reducing barriers that interfere with educational success. This program will help mitigate risk of students having to access higher levels of mental health care, academic failure, abuse, neglect, homelessness, and placement outside the home.

Case managers will assess the needs of students and families through the use of a strengths/needs assessment to better grasp understanding the needs and develop targeted interventions. The scope of case management services includes skills training, outreach/prevention efforts, classroom consultation, home visits and linkages to a variety of resources including food, transportation, clothing, housing, legal, financial, mental health services and culturally specific/responsive services. Additionally case managers will collaborate with school staff and community partners to ensure clients have sustainable support.

Performance Measures									
Measure Type	Primary Measure	FY21 Actual	FY22 Budgeted	FY22 Estimate	FY23 Offer				
Output	Total unduplicated K-12 youth/families who received case management services	N/A	N/A	N/A	300				
Outcome	Percentage of enrolled clients whose service plan needs were met	N/A	N/A	N/A	95%				

#### **Performance Measures Descriptions**

#### **Revenue/Expense Detail**

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds	
Program Expenses	2022	2022	2023	2023	
Personnel	\$0	\$0	\$890,363	\$0	
Contractual Services	\$0	\$0	\$107,637	\$0	
Total GF/non-GF	\$0	\$0	\$998,000	\$0	
Program Total:	\$0		\$998,000		
Program FTE	0.00	0.00	8.00	0.00	

Program Revenues					
Total Revenue	\$0	\$0	\$0	\$0	

## **Explanation of Revenues**

# **Significant Program Changes**

## Last Year this program was:

This program offer is an expansion of services for K-3 as described in program offer 40082A. The current three Case Managers will continue to focus on elementary school aged children.