June Resources 2022



• Due to COVID-19 - please confirm with the activity directly prior to attending

★ The Big Red Safety Box

1) Our Booklet contains the following educational materials and tools:

- A caregiver checklist.. A Family Wandering Emergency Plan
- A first-responder profile form.. A wandering-prevention brochure
- A sample IEP Letter.. A Student Profile Form Emotion Identification Cards
- Wandering Quick Tips
- 2) Two (2) GE Wireless Door/Window Alarms with batteries
- 3) One (1) RoadID Bracelet or Shoe ID tag*
- 4) Five (5) Adhesive Stop Sign Visual Prompts for doors and windows
- 5) Two (2) Safety Alert Window Clings for car or home windows

6) One (1) Child ID Kit from the National Center for Missing and Exploited Children

*You will receive instructions in your Big Red Safety Box to submit a custom personalization order for your RoadID bracelet or shoe ID. Your ID will be quickly engraved and mailed to you at no charge. For more information and ways to prevent wandering-related incidents, please visit http://awaare.org

Those diagnosed with an Autism Spectrum Disorder, and who are at risk of wandering/bolting from a safe environment, qualify to receive a Big Red Safety Box while supplies allow. Limit one (1) box per family – previous recipients are not eligible. Please allow up to three weeks for your Big Red Safety Box request to be processed and delivered to you. *NAA's Big Red Safety Boxes are packaged and shipped with care by a company employing adults with autism and other developmental disabilities*.

★ Tualitin River Keepers

- Fields Bridge Park Work Party: May 15th, 2022 9:00AM 12:00PM
- Where to Meet: 821 Willamette Falls Drive. Meet at the covered shelter near the Community Garden.
- Contact: Jeff Kohne at jeffkoh@comcast.net or text cellphone
 503-867-1075. Registration is through SOLVE. Questions- contact Jeff
 Kohne or Brittany Leffel, at brittany@tualatinriverkeeper.org
- Please join us in removing invasive plant species and weeds to beautify Field Bridge Park and improve habitat for native plants and wildlife with our partners, SOLVE and the City of West Linn. Tools and gloves will be available, but it is helpful if you can bring your own items. We do avoid forming large groups. Bring a filled reusable water bottle. Bottled water and granola bars are provided. Dress appropriately in layers, for the weather conditions. We work in the rain so if it rains bring rain gear. The ground is somewhat uneven and can be muddy and slippery, so caution is advised when on the dirt trails. It is, *unfortunately*, not suitable for those with ADA needs.

★ FACT - May 18 6:00PM - 7:00PM Supported Decision Making [SDM] (part 1):

Participants will leave: 1.] Able to identify the supports that work for you or your adult child. 2.] Have examples of SDM Agreements they can use 3.] Have next steps in place to empower your child to make informed decisions

- ★ http://www.factoregon.org/training-calendar/supported-decision-making
- ★ June 15, 6:00PM 7:00PM Putting the Pieces Together (part 2):

http://www.factoregon.org/training-calendar/putting-the-pieces-together-creatinga-supported-decision-making-agreement

★ <u>Sandcastle Contest - COME WATCH (ALL)</u>

- June 10th & 11th, 2022, 58th Annual Cannon Beach Sandcastle Contest!
- For MORE Information CLICK HERE
- EVENTS -
- A.] Bonfire, Music & Smores Friday, June 10th | 7:30pm | Free Admission off of 2nd St.
- B.] Sandcastle Contest Saturday, June 11th building starts at 2pm | Cost TBD. Registration coming soon

★ Multnomah County Library Summer Reading Program

- June 16th through August 31st Reading colors your world!
- How to play:
 - Starting June 16, come to the library and pick up a game board or sign up online.
 - Mark one space for each day you read or listen to a book, or do any of the fun activities, between June 16 and August 31, 2022.
 - Each time you mark at least 15 days (they don't have to be in a row!), come to the library to receive a prize. If you play on paper, fill out one of the cards on your game board and bring it with you.

Once you've read 45 days total, you've completed the game! Come to the library (if you play on paper, bring your last card) on or after July 30 to receive a T-shirt (while supplies last) and an entry in the Grand Prize drawing for your age level. Claim your prizes by August 31, 2021.

★ <u>SIBSHOPS</u>

- Saturday Junio 18th | 10:30am 11:30am @ Providence
- Sibshops es un grupo de apoyo para hermanos/as entre las edades de 8-13 años, de niños con necesidades especiales. Los hermanos pueden compartir historías, dar y recibir apoyo, a además, divertirse con otros muchachos que tengan experiencias similares. Es un grupo en linea con cupo limitado.
- 0 -----
- Sibshops es a sibling group for brothers and sisters, ages 8-13, of children with special developmental needs. Siblings can share stories, give and receive support, as well as, have fun with children who have similar experiences. Online at this time with limited group size.

★ Oregon Renaissance Faire June 4-5 & 11-12, 2022

- 694 NE 4th Ave, Canby, OR 97013
- Oregon Faire WEBSITE

★ <u>Affordable Connectivity Program ACP</u>- (ALL AGES)

- The Affordable Connectivity Program is a federal program that connects you to the Internet. The program offers a \$30/month *discount* for internet service. **Need a computer?**
- The Affordable Connectivity Program also provides a *one-time discount* of *up to* \$100 for a laptop, desktop computer, or tablet purchased through a

participating provider if the household contributes more than \$10 but less than \$50 toward the purchase price.

- ACP Website
- Application (English)

* \$30 off monthly internet for Medicaid Eligible Households

★ <u>13th Annual Latino Health Equity Conference</u> (Care Givers)

- REGISTER HERE
- Join us for a full day of VIRTUAL conference content on <u>June 9th</u>, followed by *a celebration* for CHWs on **June 10th**.
- This year's health topic recognizes the role that Community Health Workers and community-based organizations have played throughout the COVID-19 pandemic, their transformative approaches to health equity, and the opportunities they've presented to address gaps and changes needed in our systems.
- Scholarship Opportunities We are committed to creating access for this conference. Scholarships are available to help with registration costs.
 Priority will be given to registrants who are attending this event for the first time. To apply, go here. Applications close on Friday, May 6, 2022. You will be notified of your scholarship status on Monday, May 23, 2022.

★ Craftymindz Summer Camp Booking

- STARTING June 20th, 2022. Our <u>week-long camp</u> includes both art classes and activities that may include field trips. We accept ages 5 and up. <u>Early</u> <u>arrival time is 6:30 am</u>, camp starts at 9:00 and goes until 4:30, with flexible drop-off and pick-up times.
- Our summer camp is a great place for your child to hang out and learn during the summer while still having tons of fun. Each week has a different theme. Campers participate in arts and crafts, nature walks, critical thinking

activities (including legos, chess, board games), and field trips. Everything is included in your camp fees; you just pack a lunch!

- 1150 SW 170 Ave Suite 100 Beaverton, OR 97006
- (503) 516-8525

★ Club EMU- Club Everyone, Me and You

- Meet up with Club EMU for "Farm Days" at Autism Mustang Alliance Club Everyone, Me and U is a nonprofit social group for neurodiverse individuals ages 16 through adult. Meet up with Club Everyone, Me and U for "Farm Days" (Next one is on - MAY 28th) at Autism Mustang Alliance. Description of the activity taken from <u>https://autismmustangalliance.org/farmer/</u> "Join us for our monthly Farm Day where we gather to learn basic care for horses, goats, pigs, chickens and ducks – feeding, watering, mucking, cleaning, grooming, petting, scratching, going on a walk through the woods, and hanging out! We also learn a bit about permaculture and how to start an edible forest garden. We also bring the mustangs into the arena for an introduction to equine body language and two-way communication by observing how the horses interact with humans and with each other."
- Date: Saturday June 25th Time: 10am- Noon (Bring a picnic lunch and camping chair or blanket if you can stay and picnic with us after the activities) Registration will close on 6/20 in order for us to give a proper headcount to staff at the farm. Please register early. 27 total spots available, including parents and support persons. All Participants that are minors or in need of assistance with activities MUST have their parent and/or support person attend and remain at all times for the entirety of the activity By participating in Club Everyone, Me and U activities you acknowledge that Club EMU is not liable for any injuries or mishaps and you participate at you own risk. If you have not yet filled out a liability

waiver with us, please follow the form link below in order to participate <u>Participant Waiver form</u>

★ Exceptional Parents RESOURCES DIRECTORY

- EXAMPLES of resources and links to NATIONAL agencies & websites
- adaptive sports and recreational activities, adaptive technology, directory of early intervention, toddler programs, and preschool special education resources for children with disabilities.

★ Free COVID Tests

- Every home in the U.S. is eligible to order 2 sets of 4 free at-home tests. If you already ordered your first set, order a second today.
- Need help placing an order for your at-home tests?
- Call 1-800-232-0233 (TTY 1-888-720-7489)

★ NAYA - SELF DEFENSE SERIES

- June 3rd NAYA is excited to announce that we're hosting our <u>self defense</u> <u>series</u> in June! Anyone is welcome to attend. The classes will happen virtually via Zoom on Fridays, from 4–5 p.m.
- CLICK HERE for Information
- All you need to participate is active gear and a partner to practice techniques with, but people are welcome to watch and safely try later.
- Organizer : Charlie Voss <u>charliev@nayapdx.org</u> (971) 313-2177
- YouTube Videos-

https://www.youtube.com/channel/UC9rT04t2wR6-t808EZBLEUw

★ OIS June 1-2 8:30AM - 5:00PM

★ OIS June 15-16 8:30AM - 5:00PM

- o **\$140**
- Questions? Please contact Sally Gibson at sgibson@spiretech.com

★ Oregon Special Needs GRANT PROGRAM -

 Open to any person with a disability for home or vehicle modifications, adaptive equipment or technology, communication devices or durable medical equipment needed to increase accessibility at home, work, school or in their community. The maximum Accessibility Grant award is \$2,000.

★ <u>Teen & Young Women On Spectrum Friendship Group Meeting Virtually</u>

- June 6th and June 20th from 3:00-4:30 pm.
- For female-identifying people on the autism spectrum, ages 15 and up, looking for an accepting environment in which to hangout with other female-identifying teens and young adults on the autism spectrum. Come chat, relax, or just chill. Participate in great discussions and/or activities (or not) of your choosing! This group is currently meeting on-line. For more information, please contact Kim at 503-635-5112 or <u>click here to email</u>

★ Canby BIGFOOT Festival 2022 tickets (13+)

- Oregon Bigfoot festival Website
- JULY 30th, 2022 10:00AM @ CLACKAMAS COUNTY FAIRGROUNDS
- 694 NE 4th Ave, Canby, OR 97013
- The Oregon Bigfoot Festival and Beyond celebrates all things cryptid, paranormal, supernatural, and fiction. Our <u>family fun event</u> observes everything from Bigfoot to UFOs, Ghosts, and more!
- Festival admission includes two identical shows entitled "Monsters and Mayhem" an all-star celebrity panel discussion with television reality stars:

Jason Hawes of "Ghost Hunters", David Schrader of "The Holzer Files", Cliff Barackman of "Finding Bigfoot", Sarah Lemos of "Ghosts of Morgan City" and more.

 **Please note that the 10:30 performance of "Monsters & Mayhem" will feature two American Sign Language interpreters for the enjoyment of all of our guests. Please select the "ASL" Price code below to ensure your seat for this performance.

★ <u>SUMMER is COMING - Stay Cool @ Cooling Locations in Multnomah</u> <u>County</u>

- Staying healthy requires more than good health care, especially during extreme heat events. If you don't have access to transportation, our partners may be able to help you get to a cooling shelter. You can call Ride to Care directly at 855-321-4899. TriMet also offers free rides to cooling centers when it is very hot.
- For future extreme heat events, Health Share may be able to help you stay cool or keep your indoor air clean. <u>If you are in need of a fan, air</u> <u>conditioner, air purifier, or other items, give our customer service team a</u> <u>call.</u>
- To learn more, please contact the Health Share Customer Service team at 503-416-8090 or contact your health plan directly:

 CareOregon:
 S03-416-4100
 Kaiser Permanente: 503-721-6435
 Legacy |

 PacificSource: 888-675-0350
 OHSU Health: 844-827-6572
 Providence: 503-574-7247
 Email: info@healthshareoregon.org

★ Open Saturday at Pearson Field Education Center

Open by reservation each Saturday from 10am-4pm, the Pearson Field
 Education Center is the ideal location for youth of all ages to experience

STEM education through aviation. We feature a flight simulator lab, vertical wind table, glider building, historic airplanes and collections on display, and various educational programs.

- Entry fee is \$7 for each individual age 6 and above. Thanks to a donation from iQ for Kids, iQ Credit Union's non-profit fund, admission is free for those currently receiving SNAP food assistance benefits. Simply make your reservation and show your valid EBT card and photo ID at the front desk when you arrive. Valid for up to four individuals per EBT card.
- To make a reservation by phone contact 360-992-1818

★ Portland Parks & Rec: Stay and Play Video Series

- <u>Check out the entire series on the Portland Parks & Recreation YouTube</u> <u>channel</u>
- Portland Parks & Recreation's new Stay and Play video series presents content for you and your family on fun subjects like performing arts, preschool, visual arts, nature, sports, fitness, and swimming.

★ Oaks Park Specials

- May 31 June 2 & June 7-10 & 10 AM-2 PM
- May 28-30, 11 AM-7 PM
- Oregon's first county fair of the year!
- Three (3) full days of family fun including competitive exhibits, musical and stage performances, a car show, pioneer village, as well as small animal activities. Fair Exhibit Admission: FREE
- Oaks Park attractions are open from 12-7 PM every day of the fair.

ATTRACTION FEES apply to rides, roller skating, mini golf, etc.

★ Emergency Preparedness for People with Disabilities

- Webinar: Preparing for Heat Waves, Wildfire and Power Outages
- Wednesday, June 8, 2022 4 5:30 p.m. PDT
- <u>Register Here</u>
- For Questions Please contact Angle at stapleta@ohsu.edu by May 25, 2022
- OHSU University Center for Excellence Developmental Disabilities

★ Making Authentic Friendships-AGES 13+

 Web-based application helps individuals with special needs (age 13+) find friends at home or on the go, based on their geolocation, diagnosis, age and interests.

★ Taking Charge of My Healthcare

• The Taking Charge of My Healthcare project encourages people with disabilities to take greater responsibility for their own health, wellness and health services through a series of educational modules incorporated into one full day workshop, co-lead by two facilitators with disabilities.

★ Advocacy and Building Community program

- stapleta@ohsu.edu or 503-418-1061
- The Advocacy and Building Community (ABC) Program is for young adults (ages 18-25) with intellectual and developmental disabilities who want to learn more about themselves, work with others, and explore the outdoors virtually or in-person!
- This group of young people meets throughout the year to develop independence, self-determination, and leadership in the community.

Together, the group decides how they want to benefit their community through various service-learning projects. This program gives participants the opportunity to learn about advocacy and knowing your rights.

June 23: Service-Learning Trip 1

★ <u>Bike Week Registration</u> - ABI (MAY ALREADY BE FULL!)

- REGISTER NOW FOR BIKE WEEK, JUNE 20-24, 2022
- Si necesita ayuda para registrarse en español, comuníquese con Maria Rangel al (503) 262-4029.
- 3 Day Quick Start/Refresher Course -- \$150
- Full Week of Bike Camp -- \$250
- Payment is required upon completion of this registration form (unless Bike Camp is full and you are signing up for the waiting list). If you wish to contact us about scholarships or other funding sources, please contact annbikefirst@gmail.com BEFORE beginning registration.
- NOTE Due to the state of the pandemic and medically fragile riders, ALL campers, caregivers, and volunteers/workers must be <u>fully vaccinated</u> <u>following CDC definitions</u> in order to enter the building and participate. <u>As of March 12th, masks are optional</u>. Vaccination cards will be required on applications.

★ Housing Independence 9500 SW Barbur Blvd. #115 Portland 503-272-8908

- CONTACT Amy Reza Community Inclusion Coordinator
- Summer is right around the corner, and we have a new program to help your clients plan for summer fun! Every Monday, Wednesday, and Friday from June through August will have an activity from 10-3 pm.

Picnics, fishing, hiking, arts & crafts, Oaks Park, the Zoo, festivals, and much more are part of the plan!

 ★ We are always accepting new DSA clients. They can try out our program for free before needing a service agreement.
 Have a great day!

★ Familias en Acion Presente un classe - HIV/STI Sexual Health

- Me Cuido, Te Cuido: HIV & Sexual Health Community Talleres
- Classes are facilitated in Spanish and open to community members in Oregon who are at least 16 years of age.
- Register Here
- Si tienes preguntas sobre el taller o se requiere apoyo en llenar este formulario de registro, por favor envíe un texto o llame a Krystel Tafolla (971-501-8256)