

Multnomah County
Behavioral Health Division
Behavioral Health Advisory Council Meeting
April 6th, 2022



Community Representatives	Public Service Representatives	Staff	Guests
<input checked="" type="checkbox"/> Laura Bueford <input checked="" type="checkbox"/> June Howard Johnson <input checked="" type="checkbox"/> Kevin Fitts <input checked="" type="checkbox"/> Mamie Gathard <input checked="" type="checkbox"/> Etta Assuman <input checked="" type="checkbox"/> Patty Hamit Arvizu <input checked="" type="checkbox"/> Robert Fentress <input checked="" type="checkbox"/> Barb. Rainish <input checked="" type="checkbox"/> Ruthie Benjamin <input checked="" type="checkbox"/> Ryan Hamit <input checked="" type="checkbox"/> Sandi Delarosa <input type="checkbox"/> Vacant <input type="checkbox"/> Vacant <input type="checkbox"/> Vacant <input type="checkbox"/> Vacant <input type="checkbox"/> Vacant <input type="checkbox"/> Vacant	<input type="checkbox"/> Cascadia Behavioral Healthcare Dave Kohler <input checked="" type="checkbox"/> Central City Concern Albert Parramon <input checked="" type="checkbox"/> Lutheran Community Services Mahad Hassan/Ron Weaver/Larry Johnson <input checked="" type="checkbox"/> Lifeworks NW Melissa Finch/N (Nadia) Dunkle/Nybelles Caruso <input type="checkbox"/> New Narrative Kells Perry/Jennifer Gantner <input checked="" type="checkbox"/> Local Public Safety Coordinating Council Abbey Stamp <input checked="" type="checkbox"/> Multnomah County Sheriff's Office Nora Mains <input checked="" type="checkbox"/> NAMI Multnomah Kerri Melda <input checked="" type="checkbox"/> Northstar Liz Wright/John Williams <input checked="" type="checkbox"/> Portland Police Bureau Chris Burley <input checked="" type="checkbox"/> Quest Center Scott Moore/Danielle Deer <input type="checkbox"/> Vacant	<input checked="" type="checkbox"/> Deandre Kenyanjui <input checked="" type="checkbox"/> Jesse Benet <input checked="" type="checkbox"/> Lynn Smith-Stott <input checked="" type="checkbox"/> Jill Jessee <input checked="" type="checkbox"/> Julie Dodge	<input checked="" type="checkbox"/> Cheryl Baker <input checked="" type="checkbox"/> Joni Scheib <input checked="" type="checkbox"/> Albie Lemos, NARA NW <input checked="" type="checkbox"/> Farah Haidari, Alano Club

Agenda Item	Discussion
Welcome and Introductions Announcements	<ul style="list-style-type: none"> • Quest's second recovery house is abstinence based and is a transition for individuals from the first house that have more barriers to finding or accessing permanent housing. Residents for the first house need to be engaged in Quest's Intensive Outpatient Substance Use Program. To refer people to that program you would call 503.238.5203 and ask for FSR (Finding and Sustaining Recovery). They will start the process. You can also contact Kim Acord at 503.490.8131 and she can help navigate the process directly. • Call 911 for Portland Street Response - the nonemergency number has too long of hold times for now. PSR also has a website. • If you want an invite to the next virtual consumer/peer meet and greet with politicians running for re-election or first time in office. - Please email Kevin Fitts at lonfir@gmail.com - here's a motivating quote to help encourage your involvement -- "If you're not turned on to politics, politics will turn on you." - Ralph Nader
Group Agreements Discussion – Finalize Draft	Intent and Impact: <ul style="list-style-type: none"> • Group agreement reference: “Acknowledge intent and center impact.” • Definitions: Intent is what you thought you were doing. Impact is how the action is perceived and makes the other person feel. • Members shared experiences from this setting where the intent of the individual had a different impact than they expected. • Address negative impact when it takes place. • It is never too late to correct a harmful impact. • Call in instead of call out.
2022 Goals Discussion	Member Feedback on Meetings: <ul style="list-style-type: none"> • Too much discussion of agreements and bylaws and history... versus <ul style="list-style-type: none"> ◦ Need for robust discussion to incorporate improved principles” • Maintain a flexible agenda that is not too packed...” versus <ul style="list-style-type: none"> ◦ Add monthly updates from 3 other committees & presentations on current issues • Challenges in honoring different communication styles...Need to avoid jargon...Understand tech access issues. Suggestions: <ul style="list-style-type: none"> • Remember WAIT - Set 2 minute limit • Build in time to consistently review chat • End a few minutes early to transition to other meetings

	<ul style="list-style-type: none"> • Rotate co-facilitators • Announce at beginning of meeting that it is being recorded. <p>Future Meeting Topics:</p> <ul style="list-style-type: none"> • Physical and Behavioral Health Integration • Healthcare disparities – especially for women of color • Crisis System – overview of community services continuum and new initiatives • Themes: Black History Month, Women, Mental Health, Pride, Recovery • Budget Updates • The role of CCO and the BHD • M110 implementation – see specific topic requests below • Presentations from community organizations <p>Suggestions from meeting:</p> <ul style="list-style-type: none"> • 988 roll out – role of peers in the system • Behavioral Health Emergency Coordination Network (BHECN) • Peer Respite • Behavioral Health Resource Network (BHRN)
Bylaw Committee Update	<p>Goal of Bylaw Revisions: Progressive document that reflects principles, but is not overly prescriptive</p> <ul style="list-style-type: none"> • Membership: Sandi, Laura, Barb., Ruthie, Ryan, Kerri, Ron • Meeting 2:30-4 pm the fourth Monday of the month • Established preliminary structure to guide our work: 90 min. monthly meetings, w/completion by the end of 2022 • Be inclusive by: Seeking out feedback from experts when needed, including review by the county attorney • Inviting input from Council members through monthly updates to include sharing drafts in advance. • “Piloting” sections for additional feedback, but not making permanent changes until the full document is voted on. • Prioritizing our work (Next meeting will focus on the purpose of the Council)
Nominations for May Election	<p>Rose Kuhnau (not present) Joni Scheib (active on Community Workgroup) Laura Bueford (up for re-election) June Howard Johnson (up for re-election)</p>

Director's Office Update	<p>Budget: Last minute budget work is underway. The Chair will post her budget on April 28th. Additional funds allocated for expansion of peer services. Public hearings on the budget are opportunities to advocate for programs and funding that are important to you.</p> <p>BHRC: Peer stakeholder meeting #13 is scheduled for April 21st from 2-3:30 pm.</p> <p>Behavioral Health Housing Grant: Housing dollars coming to BHD will be about 10M as one time only funds. Additionally, the state is managing a 100M pool statewide. BHD is working with JOHS to address the needs effectively and to build something that lasts. Likely it will be used to build and then partners will manage the ongoing elements.</p>
Wrap Up/ Reminders/ Miscellaneous	<p>Shared by Kevin:</p> <ul style="list-style-type: none"> • https://chicago.suntimes.com/2022/4/5/23010653/oregon-drug-decriminalization State Sen. Floyd Prozanski, who chairs the Oregon Senate's Judiciary and Ballot Measure 110 Implementation Committee, said he's surprised more of those ticketed weren't taking advantage of the recovery options. But Prozanski said it's too soon to judge how the new approach is going and that he wants to wait at least another six months before considering whether steps should be introduced to compel people to seek treatment. • https://www.bendbulletin.com/opinion/editorial-why-are-so-many-meetings-about-measure-110-canceled/article_e5a6a3fe-b1fe-11ec-9e5d-a7ea5921c479.html Editorial: Why are so many meetings about Measure 110 canceled? • https://www.oregon.gov/OHA/HSD/AMH/Pages/988.aspx#:~:text=Beginning%20July%2016%2C%202022%2C%20a.call%20for%20all%20other%20emergencies Beginning July 16, 2022, a new three-digit phone number — 988 — will be available 24/7 for people to call when they are or someone else is having a behavioral health crisis or emergency. 988 is short and easy to remember, like 911, which people can call for all other emergencies. • Here is a statewide email listserv that provides an opportunity to share ideas and action alerts, promote dialog and provide mutual support while working towards shared common goals, strengthening consumer-run organizations, and advancing grassroots advocacy. OCSCs Listserv policies at: https://www.unitedvoiceforchange.org/welcome/ocsc-listserv-policies/ Instructions on subscribing, unsubscribing, etc. are detailed there. 1) Subscribe OCSC-subscribe-request@LISTSERV.ICORS.ORG 2) Unsubscribe OCSC-unsubscribe-request@LISTSERV.ICORS.ORG
<p style="text-align: center;">Adjournment Next meeting: May 4th, 2022</p>	

