



## 2022 November Resources

### ★ [Halloween Dance Party 10/29 6pm-9pm by ASO](#) ( All Ages )

- Join Club EMU and the Autism Society of Oregon for a Halloween Dance Party. A fun-filled evening of dancing, costume contests, cupcake walk and more.
- Location: Rock Creek Middle School 14331 SE 132nd Ave, Clackamas
- Date: Saturday October 29th, 2022
- **FREE**- Must register on Eventbrite to attend.
- Minors must be accompanied by a parent/guardian.
- Adult participants that normally prefer assistance must bring their support person with them
- **Quiet Hour** 6:00 - 7:00pm when the music will be low and no flashing lights

### ★ [This LOOKS FUN!](#) ( Kids )

- [Mike Bennett Art 3D tours](#)

### ★ [Autism Society of Oregon - H.E.R.O. Kids Registry](#) ( Ages 0-26 )

- **H**ealth **E**mergency **R**eady **O**regon -
- When: Tuesday, November 1st, 2022

- Time: 6:30pm - 7:15pm

- IMPORTANT NOTE:

BEFORE YOU START If you do not have a printer call HERO Kids at 833-770-4376 to get the required HIPAA form. Registration must be completed in one sitting

- If you have a printer click this link - [CLICK this LINK](#)

### ★ [Sunshine Division - Get Help Food Box delivery](#) ( All )

- If you need help with food, please call [503-823-2102](tel:503-823-2102) to listen to our informational message or email us at: [help@sunshinedivision.org](mailto:help@sunshinedivision.org)
- During the fall and winter holidays, Sunshine Division volunteers and members of the Portland Police Bureau will distribute roughly 500 Thanksgiving boxes and deliver 2,500 December holiday boxes to Portlanders in need. The boxes contain everything needed to make a holiday meal.
- [Meal Resources for Families](#)
- **By School District - Centennial, david Douglas, Gresham- Barlow, Parkrose, PPS & Reynolds'**
- The SUN food pantry at [Parklane Elementary](#), 15811 SE Main St., Portland, is open Fridays from noon to 1:30 p.m. Stop by to access 3-5 days' worth of FREE, fresh, and healthy food for your family. Please bring your own bags. No identification or income verification materials required.
- The food pantry at [Patrick Lynch Elementary](#), 1546 SE 169th Pl., is open to the public on Wednesdays from 4:30 p.m. to 5:30 p.m.
- Food 4 Families will have food distribution on the second and fourth Wednesdays of each month during the school year at **Centennial High School, 3505 SE 182nd Ave, Gresham, 97030. 4:00pm to 5:00pm. [NOV 9th & 23rd](#)**
- [Food4Families Schedule](#)

★ K plan cannot purchase educational related equipment

★ ZETOSCH Funds can!

★ APPLY ASAP

★ Zetosch Funds - applications are open from November 1-30, 2022

- Application Information
- **MUST READ** Equipment is limited to Apple iPad, iPad Mini, apps, and cases. (EXCEPTION: MacBook Air laptops and software are available to children over 12 for whom a tablet does not meet the educational need.) Equipment comes with a warranty and a protective case. All applicants get the same version of the equipment and cases. No phones or cellular-enabled devices are purchased (wifi only).
- **Family members may not apply on behalf of their own children.** Application must be made by someone who works with the child in a professional capacity (e.g. teacher, educational service provider, disability service provider, health care provider, etc.).
- The intent of this charitable gift fund is to help low-income Oregon children with special health needs succeed in school. OCCYSHN uses the funds to buy educational equipment for children who meet the criteria.
- Oregon children age 3-21 years qualify if they have a diagnosed disability or special health need which impacts their education. The child must be enrolled in school, Early Childhood Special Education, or other preschool.
- The equipment requested must specifically address educational needs.

★ 中文家庭音乐剧乐部 / Chinese Family Musical Club Chinese Family Musical Club

- Sat, Nov 05, 2022 10:30 to 12:00
- 全家一起来欢唱、练习中文音乐剧，配合不同节庆以不同的音乐剧演出；参加者不仅更深入的了解华人的习俗与文化，学习如何唱歌，也学习如何在舞台上表演。
- 本次活动限20位参加者报名，每位参加者不分年龄都需报名；我们欢迎并连络参加者准备一首自选歌曲演唱，老师将会分别进行指导，所有参加者将会一起练唱团体歌曲。注册时请附上您的联络电话或电子邮件，以便我们跟进您及孩子想表演的歌曲名称。
- LOCATION - Holgate Meeting Room

★ Программа «Играй вместе с нами!» ( KIDS )

- Интерактивная программа для детей дошкольного и младшего школьного возраста проводится на русском языке.
- Приглашаем вас получить навыки в общении на русском языке со сверстниками, поделиться историей о любимом предмете, спеть любимую песенку и просто вместе хорошо провести время.
- Без регистрации. Сопровождение взрослых обязательно.
- Tue, Nov 01, 2022 5:00 to 6:00
- Where: [Midland Library](#)
- All abilities are welcome. For disability accommodations, call 503.988.5123 or email [help@multcolib.org](mailto:help@multcolib.org) 2-3 days before a program
- Program conducted in Russian.

★ English Language Classes [Multnomah County Library Events Talk Time](#) FOR ADULTS [St. Johns Meeting Room](#)

- Learning English? Meet other learners and practice speaking English.
- Free • You do not need to register
- Tue, Nov 01, 2022 6:00pm to 7:30pm

★ [All Multnomah County Library Events](#)

★ [Lady Bug Nature Walks](#)

- View link for various dates & locations
- Walks take place rain or shine. We are outside 100% of the time. Please dress both children and adults in warm layers and rain coats and rain boots during the cold and wet months. We suggest hats and mittens and a full change of clothes just in case your little one is a puddle stomper.
- Please arrive five minutes early to get screened, checked in, and connected to your nature educator. Locations vary each week. We try to

schedule walks in Northwest, Southwest, North, Northeast, and Southeast Portland each month.

- When registering your child, you will be prompted to give the name and phone number of the adult attending the walk. Only children ages 2-6 will be charged the fee.

★ **Oregon Metro Calendar NOVEMBER 2022 ( All )**

- **FREE - Parking** - Nov. 11, 17 and 25
- Enjoy free parking at [Oxbow](#) and [Blue Lake regional parks](#), [Broughton Beach](#), [M. James Gleason Memorial Boat Ramp](#) and [Chinook Landing Marine Park](#)
- Accessibility [LINK - Diversity Equity & Inclusion: Know your rights](#)

★ **Telecommunication Devices Access Program** (TDAP)

- The Telecommunication Devices Access Program (TDAP) is a program that loans specialized communications equipment at no cost and with no income guidelines to eligible Oregon residents who have a disability in: Hearing, Vision, Speech, Mobility, or Cognition.
- [Frequently Asked Questions \(FAQ\)](#)
- We are available from 9 a.m. to 4 p.m. Monday through Friday.
- Call: 800-848-4442 or 503-373-7171
- TTY - 800-648-3458 or 503-378-6962
- Fax: 877-567-1977 or 503-378-6047
- Videophone: 971-239-5845

★ **Winter Wonderland Portland 2022 ( All )**

- Starting November 25th - December 31st, 2022

★ **IRL Social Skills**

- 2022 SKILLS JAMS: The holiday season is upon us—along with extra social demands and potential stressors.

- Where autistic and other neuro-divergent families learn life-changing skills
- Our Zoom classes are appropriate for anyone ages 12 - 38 who is struggling socially. Clients must be motivated to improve their social skills. The parent or social coach must also be available to participate.
- **SUNDAY, NOVEMBER 6th, 2022**
- 2:00-5:30pm Topics covered include: Having 2-way conversations, Responding to and bringing up disagreements & Meditation and breathwork skills
- These one-day workshops will be taught via Zoom. There will be a 20-minute break from 3:30-4pm. Cost is \$200 per workshop.
- To enroll in any of our classes, email us at [hello@irlsocialskills.com](mailto:hello@irlsocialskills.com).
- Can't make it on Sundays? We are working on adding a Saturday workshop if there's enough interest. To be placed on the waitlist, send us a message letting us know you're unable to attend Sundays and would prefer a Saturday afternoon workshop.
- <https://www.irlsocialskills.com/sitemap>

★ **Winter Farmers Market Nov 10th 10am-2pm ( All )**

- The Winter Farmers Market is located in Elizabeth Caruthers Park, [Elizabeth Caruthers Park](#) on the second Thursday of the month in November and December.
- Market guides are posted on -
- Instagram: <https://www.instagram.com/southwaterfrontfarmersmarket/> and
- Facebook: <https://www.facebook.com/SouthWaterfrontFarmersMarket/>

★ **Oregon Hmong New Year 2022**

- [Hmong Oregon.org New Year 2022](#)
- Join us to celebrate Oregon Hmong New Year on November 12 at McDaniel High School 2735 NE 82nd Ave, Portland, OR 97220

★ **The Belmont Goats (no longer on Belmont)**

- The Goats are in North Portland now!
- Every Saturday and Sunday from 11am-2pm
- 6631 N Syracuse St, Portland, OR 97203



★ **SAVE THE DATE FOR HOLIDAY TOY RESOURCES**

○ **Toy N Joy ( under 13 )**

- Historically SC's could make requests into early December and still have a high chance of getting gifts. Through a special phone line 503-231-TOYS (8697) or online using this [form](#) (FORM NOT AVAILABLE UNTIL NOV 14TH) parents and legal guardians may request toys for children up to age 13.
- Only within the Portland limits (not Gresham).
- Limit the amount of gifts to 1 to 2 items per child.

○ **Salvation Army (Under 12 )**

- The application asks for proof of residency, income etc.
- Historically Angel Tree has used the method of hanging tags in local area shops and there are a lot of moving factors.

★ **Portland Parks & Recreation Adaptive & Inclusive Activities**

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★ **Portland Inclusive Playgrounds**

- Couch Park - NW 20th Avenue and Hoyt Street
- Dawson Park - N Williams Avenue and Stanton Street
- Gateway Discovery Park - NE 106th Avenue and Halsey Street
- Harper's Playground at Arbor Lodge Park - N Bryant Street and Delaware Avenue

- Westmoreland Park - SE McLoughlin Blvd and Bybee Blvd
- Gabriel Park - SW 42nd Avenue and Vermont Street

## ★ [9 Inclusive Playgrounds in Portland](#)

## ★ **34TH ANNUAL LOUGH LEGACY VETERANS PARADE SATURDAY,**

**NOVEMBER 5TH, 2022 in Vancouver, WA** | PARADE STARTS AT 11:00 AM

- A long-established tradition of honoring our military history. Now in its 34th year, the Lough Legacy Veterans Parade celebrates the service and sacrifice area veterans have made for our freedom in partnership with the City of Vancouver.
- The parade will travel past the Marshall House. It will loop the Fort Vancouver National Park from Evergreen Blvd., down Fort Vancouver Way, across E. 5<sup>th</sup> near Pearson Museum.
- There is limited parking on the site, and many of the main roads will be closed for the parade, so you may want to arrive a little early!
- [CLICK HERE for MORE Information](#)
- LOCATION: The Marshall House: 1301 Officers Row Vancouver, WA 98661

## ★ [The Portland Book Festival](#) ( All )

- In Person: November 5th @ Portland Art Museum & neighboring venues. This daylong event features author discussions, pop-up readings, writing workshops for youth and adults, kids' story time, an extensive book fair, local food trucks, and more!
- Virtual option available

## ★ [B-Movie Night Bingo @ The Hollywood Theatre](#)

- Every first Tuesday of the month at 7:30pm, we play B-Movie Bingo at the Hollywood Theatre, a game that is exactly like it sounds. Or more.



- It's simple. We play bingo to the most awesome movie cliches. Compete for prizes! Yell at your fellow movie nerds over the elusive and mysterious "blank square!" Relax: it's B-Movie Bingo.
- B-Movie Bingo is programmed by [Wolf Choir](#).
- To receive email notifications about upcoming B-Movie Bingo screenings, [sign up](#) here.
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★ [YouTube Video - What is HOT DOCS?](#)

★ [YouTube Video - What to do after my child receives a diagnosis of Autism](#)

★ [YouTube Video - Toilet Training](#)

★ [YouTube Video - What is ABA Part 1](#)

★ [YouTube Video - What is ABA Part 2](#)

★ [YouTube Video - What is ABA Part 2 \(SPANISH\)](#)

★ [YouTube Video - Supporting Teens on the Autism Spectrum](#)

★ [Providence Children's Health Swindells Resource Center Learning Care Packages](#)

★ [2022 Annual Model Train Show](#)

- Nov. 12-13, 19-20, 26-27 and Dec. 3-4; 10:00AM to 5:00PM
- \$10.00 Adults (ages 12+), \$5.00 Children (ages 3-11) & FREE Children (under 3yrs)
- 2505 N Vancouver Avenue ; (503) 288-7246
- We are very excited to host our annual model train show once again! Come see one of the largest model train layouts in the Pacific Northwest. See sights throughout the Columbia River Gorge. From Portland, OR to Wishram, WA. See Multnomah Falls and the historic Union Station in Portland, OR.

★ [Beginning Hand Spinning - https://wildcraftstudioschool.com/classes/](https://wildcraftstudioschool.com/classes/)

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- Humans have been making cloth by hand for thousands of years, and the foundation of that cloth is always fiber spun into yarn. This hands-on class includes instruction on how to spin wool yarn using a portable spindle. Lori will guide students through the steps of preparing fiber to spin, offering an overview of tools, and demonstrating drafting and spinning techniques. Each student will leave with a skein of hand spun yarn that can be used in knitting, weaving, crocheting, or other forms of textile art.
- No previous experience necessary. This workshop is open to anyone 18 years old & over who meet the Essential Eligibility Criteria for Studio Workshops. All participants must accept the inherent risks of participating in a Studio Workshop and agree to sign a liability waiver. This waiver describes in more detail the risks you assume by participating in a Studio Workshop. PLEASE carefully review it! Please review our updated Cancellation Policy.
- REGISTER HERE:  
[https://wildcraftstudioschool.com/beginning-hand-spinning-\(9am-12pm\)](https://wildcraftstudioschool.com/beginning-hand-spinning-(9am-12pm))

★ **OMSI- Mandela: The Official Exhibition**

- Mandela: The Official Exhibition is the major new global exhibition that explores the story of the world's most famous freedom fighter and political leader. Walk through Mandela's inspiring life and understand how his values and commitment to making the world a better place remain as vital now as they were during his lifetime.