

## Mental Health Comms Campaign: Multco Matters Wednesday June 7th and Management Monthly June 6th

### ***Important Reminder for Moda members: Transition of Care Period Ending for Moda's Out of Network Behavioral Health Services***

Multnomah County Benefits thanks you for your trust and support during the transition back to **Moda**. (If you do not currently have Moda Health, this does not pertain to you!) We want to take this opportunity to remind you that the **transition of care period for out-of-network behavioral health providers** – previously allowing Moda members to have care at out-of-network providers covered as in-network – **ends on June 30th, 2023**. From July 1st forward, all visits to an out-of-network behavioral health provider will be billed as out-of-network, which means you will have out of pocket costs.

While Moda is working to include new providers in their network, there is still a chance that you or your dependent's behavioral health provider may not be in-network with Moda. To ensure that you receive the highest level of benefits under your plan, we encourage you to use providers within Moda's network.

You can easily check if your providers are in-network by visiting the [Search for a Provider](#) page. As a member, you can streamline your search by using your ID# but you can also search as a guest. If you find that your providers are not in-network and you still want to receive their care, you will be responsible for the billed charges as an out-of-network service.

If you decide to use an out-of-network provider, your patient responsibility will be 35% after the annual \$400.00 deductible is met. For example, if your billed charges per visit are \$125.00, and you haven't yet contributed to your deductible this year, your first few visits may need to be paid completely out-of-pocket. However, once you have met your deductible, you will only be responsible for 35% of the billed charges (\$43.75 for a \$125.00 visit).

We understand that you may have questions or concerns regarding this change. Our benefits team is available to help, so please **do not hesitate to contact us** at [employee.benefits@multco.us](mailto:employee.benefits@multco.us) or 503-988-3477. You can also visit us at our office located at 501 SE Hawthorne - Suite 300, between 7:30am and 5:00pm Tuesday through Thursday. We are here to help you navigate your benefits.