

**Multnomah County
Behavioral Health Division
Behavioral Health Advisory Council Meeting
June 7, 2023**



Community Representatives	Public Service Representatives	Staff	Guests
<input checked="" type="checkbox"/> Barb. Rainish <input checked="" type="checkbox"/> Etta Assuman <input checked="" type="checkbox"/> John Williams <input checked="" type="checkbox"/> Joni Scheib <input checked="" type="checkbox"/> June Howard Johnson <input checked="" type="checkbox"/> Katrina Malachowski <input checked="" type="checkbox"/> Kevin Fitts <input checked="" type="checkbox"/> Laura Bueford <input checked="" type="checkbox"/> Mamie Gathard <input checked="" type="checkbox"/> Mary Avalon <input checked="" type="checkbox"/> Patty Hamit Arvizu <input checked="" type="checkbox"/> Robert Fentress <input checked="" type="checkbox"/> Ruthie Benjamin <input checked="" type="checkbox"/> Ryan Hamit <input checked="" type="checkbox"/> Sandi Delarosa	<input checked="" type="checkbox"/> Care Oregon Cassi Sturtz <input checked="" type="checkbox"/> Cascadia Behavioral Healthcare Jennifer Wilcox <input checked="" type="checkbox"/> Holistic Healing Behavioral Health Jamaica Imani Nelson <input checked="" type="checkbox"/> Lifeworks NW N Torello <input type="checkbox"/> Lutheran Community Services Larry Johnson <input checked="" type="checkbox"/> Multnomah County Sheriff's Office Nora Mains <input checked="" type="checkbox"/> NAMI Multnomah Kerri Melda <input checked="" type="checkbox"/> NARA NW Albie Lemos <input checked="" type="checkbox"/> New Narrative Jen Gantner <input checked="" type="checkbox"/> Portland Police Bureau Chris Burley <input type="checkbox"/> Quest Center Danielle Deer	<input checked="" type="checkbox"/> Deandre Kenyanjui <input checked="" type="checkbox"/> Jill Jessee <input type="checkbox"/> Sadie Campbell <input checked="" type="checkbox"/> Heather Mirasol <input type="checkbox"/> Dr. Jenny Tsai	<input checked="" type="checkbox"/> Mark Hidalgo <input checked="" type="checkbox"/> Quest Center Scott Moore

Agenda Item	Discussion
Welcome and Introductions Group Agreements Announcements	<ul style="list-style-type: none"> • No July Meeting for the general council. • Steering Committee and Community Workgroup will still hold July meetings. • June Community Workgroup is the third Leadership Training on Facilitation
PRIDE	Scott Moore shared about the history of Quest and the services they provide to the LGBTQIA2S+ community.
Steering Committee Vote	<p>Nominees shared about their experience serving on BHAC and why they want to serve on the Steering Committee.</p> <p>Results of the vote:</p> <ol style="list-style-type: none"> 1. Mamie Gathard 9 2. Barb. Rainish 10 3. Sandi Delarosa 12 4. Robert Fentress 20 5. Kevin Fitts 20 6. Katrina Malachowski 15 7. John Williams 15 8. Etta Assuman 14 <p>Your BHAC Steering Committee!</p> <ul style="list-style-type: none"> • June Howard Johnson • Laura Bueford • Robert Fentress • Kevin Fitts • Katrina Malachowski • John Williams • Etta Assuman
Co Facilitator Nominations	We did not get to this topic. We will hold this election in August.
Director's Office Updates	<p>OCE</p> <ul style="list-style-type: none"> • Deandre Kenyanjui is filling the Supervisor role in a 6 month Work Out of Class assignment. • Sadie Campbell is backfilling Deandre's full time Community Engagement Specialist position.

	<ul style="list-style-type: none"> • Latinx Community Engagement Coordinator - In Recruitment • African American Community Engagement Specialist – Open <p>Leadership Updates</p> <ul style="list-style-type: none"> • Heather Mirasol, Interim Director <ul style="list-style-type: none"> ◦ Holding some previously held Deputy responsibilities • Permanent Director recruitment has been posted externally • Seeking to backfill the Deputy role as a Work out of Class assignment. • Health Department and County Leadership have been supportive throughout these changes. <p>2023 Budget Update BHD Highlights:</p> <ul style="list-style-type: none"> • Bridge Team: Time limited treatment for individuals who are justice involved or at risk of justice involvement aimed to decrease hospitalization duration, hospital admittance, and jail diversion • BHECN: \$2M allocation of opioid settlement funds for the Behavioral Health Emergency Coordination Network. • BHRC Shelter: 33 bed, low-barrier shelter, opened May 15th • BHRC Bridge Housing: 19 bed, 90-day bridge housing program, staggered opening beginning July 1st • County General Fund will be provided to continue two programs initially lifted by ARPA <ul style="list-style-type: none"> ◦ Gun Violence Impacted Families Behavioral Health Response Team ◦ Old Town Inreach Program
<p style="text-align: center;">Adjournment Next meeting: August 2, 2023</p>	



BEHAVIORAL HEALTH ADVISORY COUNCIL

June 7th, 2023

BHAC MEETING REMINDERS

Self-care

- We support one another by take care of ourselves
- Pause before speaking when feeling stressed - respond rather than react
- Take the conversation off-line with staff

Making space for all voices

- Principles before personalities
- Limit comments to two minutes
- Limit acronyms and jargon
- Interrupt conversations that cause harm

Virtual meeting reminders

- Try not to talk over each other - raise hand; use chat; accommodate people on the phone and tech issues
- Silence microphones when not speaking
- Go off camera when necessary

BHAC GROUP AGREEMENTS

- Hold space, make space; Remember WAIT (Why Am I Talking?) and “Principles before Personalities”
- Stay engaged to the best of your ability
- Share your experience & hear the experience of others - Use “I statements”
- Acknowledge intent and center impact
- Expect and accept non-closure
- Experience discomfort - (creating a safer space for challenging conversations can be uncomfortable at times)
- Name and account for power dynamics in the the work
- We are here to work collaboratively, and share responsibility for the success of our work together

Announcements

General Council Election Results

Lived Experience/Family Advocate Members

Eric Bray (New Member)
Etta Assuman
Kevin Fitts
Mamie Gathard
Mary Avalon (New Member)
Patty Hamit Arvizu
Robert Fentress
Ruthie Benjamin
Ryan Hamit
Sandi Delarosa

Provider Representatives

CareOregon - Cassi Sturtz
Lifeworks NW - N Dunkle
New Narrative - Haven Taylor
Portland Police Bureau -
Chris Burley
Quest Center - Danielle Deer

- 18/25 or 72% of members voted in the general election, meeting quorum.
- 10 affirmative votes were needed per nominee to achieve a majority vote.
- All nominees were elected or re-elected to their positions with between 13 (72%) and 17 (94%) affirmative votes.

Announcements



The July BHAC General Council meeting is canceled due to the proximity to the 4th of July holiday. The Steering Committee and Community Workgroup will still meet.



The June 16th BHAC Community Workgroup Meeting will cover the Leadership Training Series session #3 on Facilitation.

June is National Pride Month

Portland Pride will be held July 15-17

July BHAC Community Workgroup will focus on LGBTQIA2S+ Mental Health Supports in Multnomah County - Stay tuned for more information!

Steering Committee Elections

There are 5 seats to fill on the BHAC Steering Committee. Mamie and Barb are eligible for re-election to a 2nd term.



Candidates:

1. Mamie Gathard 8
2. Barb. Rainish 9
3. Sandi Delarosa 10
4. Robert Fentress 17
5. Kevin Fitts 17
6. Katrina Malachowski 15
7. John Williams 12
8. Etta Assuman 12



Your BHAC Steering Committee!

- **June Howard Johnson**
- **Laura Bueford**
- **Robert Fentress**
- **Kevin Fitts**
- **Katrina Malachowski**
- **John Williams**
- **Etta Assuman**

Office of Community Engagement Hiring Updates

- Deandre Kenyanjui is filling the Supervisor role in a 6 month Work Out of Class assignment.
- Sadie Campbell is backfilling Deandre's full time Community Engagement Specialist position.
- Latinx Community Engagement Coordinator - In Recruitment
- African American Community Engagement Specialist - Open



BHD Director's Office Updates



Leadership Updates

- Heather Mirasol, Interim Director
 - Holding some previously held Deputy responsibilities
- Permanent Director recruitment has been posted externally
- Seeking to backfill the Deputy role as a Work out of Class assignment.
- Health Department and County Leadership have been supportive throughout these changes.

Questions?

BHD Director's Office Updates

2023 Budget Update

BHD Highlights:

- **Bridge Team:** Time limited treatment for individuals who are justice involved or at risk of justice involvement aimed to decrease hospitalization duration, hospital admittance, and jail diversion
- **BHECN:** \$2M allocation of opioid settlement funds for the Behavioral Health Emergency Coordination Network.
- **BHRC Shelter:** 33 bed, low-barrier shelter, opened May 15th
- **BHRC Bridge Housing:** 19 bed, 90-day bridge housing program, staggered opening beginning July 1st
- **County General Fund will be provided to continue two programs initially lifted by ARPA**
 - Gun Violence Impacted Families Behavioral Health Response Team
 - Old Town Inreach Program



A LOOK
at the
BUDGET

Final Reminder

- No July General Council Meeting
- Next General Council Meeting is August 2nd
- July Steering Committee and Community Workgroup meetings will still meet as scheduled

