## **Department of County Human Services** Multnomah County, Oregon



Parent Child Development Services: FY 2010 - Building a Brighter Future for Kids and their Families

The Parent-Child Development Services (PCDS) program provides age appropriate parent and young child playgroups and parent education. PCDS uses the Parents as Teachers curriculum which is an evidence-based practice designed to teach parenting skills and knowledge and has been shown to increase children's readiness for school.

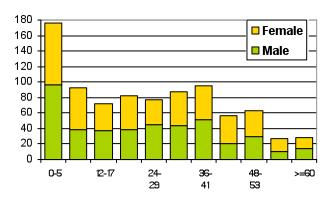
#### **Unduplicated Number Served**

Total:	1,483
Children:	859 <sup>1</sup>
Unknown	3
Adults:	621
Families:	593

#### **Demographics**

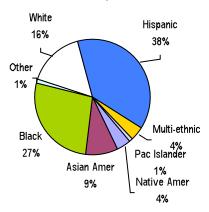
Half of the children (49%) were less than 2 years old and half were older. Almost one third of the children (31%) were less than 1 year old. The average age was 25.0 months. The program served an equal number of male and female children.

#### Age in Months/Gender of Children



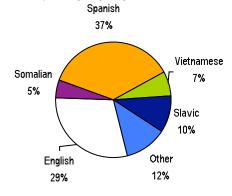
90% of the children were of color or from a culturally-specific community

#### Race/Ethnicity of Children



Almost three quarters of the adults (71%) were not native English speakers

## Primary Language Spoken at Home



#### Percent of Children by Race/Ethnicity Who's Parents Speak a Language Other than English at Home

Race/Ethnicity	Language Other Than English at Home
Black	59%
Asian	92%
Hispanic	92%
Pacific Islander	80%
White	67%

- 41% of the adults had not completed high school and did not have a GED
- Most of the children lived with both parents (64%); 35% lived with just one parent

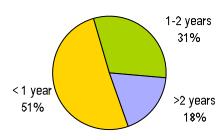
1-7-11

<sup>&</sup>lt;sup>1</sup> The target for the number of children served was 792.

#### **Services**

Length of service is reported on the 329 children who exited services during the year<sup>2</sup>. On average, children participate in PCDS services for 14.2 months. Half of the children (49%) participated in services for one year or longer; 18% participated for two or more years. Length enrolled in services ranged from 11 day to 5.9 years.

#### Length in Services

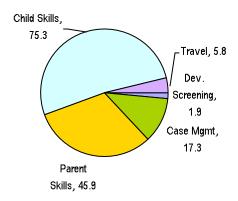


Service amounts are reported on the 260 families that exited during the year. Averages per family include:

- 146.2 total hours of service
- 12.9 home visits
- 15.0 months of service
- 9.7 hours of service per month
- 0.9 home visits per month.

Most of the service hours consisted of skill training to children and to parents.

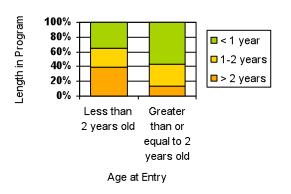
#### **Average Service Hours by Family**



## Children's Age at Entry and Length in Services

• There is a greater probability (p<.01) that younger children will stay in the program longer than older children: 65% of children who enter services before they turn 2 years old stay in the program for one year or longer compared to 43% of children who enter services after they turn 2 years old. Children who enter the program before their second birthday are over 3 times more likely to remain in the program for 2 or more years.</p>

# Length in Services by Age at Entry (Cases open on 7/1/11)



#### **Outcomes**

Outcomes are reported on the 260 families and 329 children that exited during the year.

#### Children's Readiness for School

- 90% of children had up-to-date immunizations
- 95% of children were screened for normal growth and development
- 95% of children who were not at age appropriate development were referred for early intervention services (N=21/22)
- 48% of children were referred to or actually enrolled in Headstart or other preschool program at exit
- 37% of children were actually enrolled in Headstart or other preschool program at exit

<sup>&</sup>lt;sup>2</sup> The 526 children who were still participating in services at the end of the fiscal year had been open an average of 17.2 months.

## Parent Child Development Services Outcomes: FY 2009-10

#### Parent Satisfaction<sup>3</sup>

- 98% of parents reported that they gained new skills from program participation
- 100% of adults said services were helpful
- 99% of adults said staff demonstrated cultural sensitivity
- 99% of adults said they had access to knowledgeable resources

### Summary

- 1. The program is serving its intended population of children of color and parents whose primary language is not English.
- 2. The program serves the full range of children birth to 5 years. Half of the children are aged 2 years or older at intake (51%). Almost half of the families stay in the program for at least one year; only 18% stay for at least two years. The data shows a statistically significant relationship between age and length of services. Research in the national Parents as Teachers evaluation shows that two years of home visitation combined with one year of pre-school is most effective at getting students ready to start kindergarten. It appears that serving younger pre-school aged children will result in longer lengths of stay in services.
- 3. The program does a good job of making sure that children are up-to-date on immunizations, developmentally screened and referred to early intervention services as indicated.
- 4. Parent surveys at exit are very positive.
- 5. Only half of the children were referred to Headstart or other preschool at exit.

#### Recommendations

- Prioritize serving children who are under 2 years old at program entry in order to maximize the number of children who receive at least 2 years of PAT services.
- 2. Examine the data to understand what factors influence whether children are referred to Headstart or other preschool at exit.

<sup>&</sup>lt;sup>3</sup> Parent satisfaction was obtained from 166 out of the 266 families that exited services.