

Multnomah County
Mental Health and Addiction Services Division
Adult Mental Health & Substance Abuse Advisory Council Meeting
February 4, 2009

**Council Members
(bold = present)**

Barbara Angel, Trish Backlar, Jon Betlinski, Greg Borders, Kevin Bowers, Margaret Brayden, Gayle Burrow, **Ted Dorsey,** Liesbeth Gerritsen, **Sarah Goforth, Ryan Hamit,** Robert Leeb, **Susan Marie, Linea Meade,** Essie Morphis, **Jeanne Robertson, Howard Spanbock, Tâm An Trân, Sue Waite, Terri Walker**

Guests:

Steve Hughes, Amy Zulich, Derald Walker, Nancy Martin, Sarah Halvick

Staff Present:

Lolita Alpernas, Karl Brimmer, Dr. David Cutler, Sean Derrickson, Anne Emmett, Sandy Haffey, David Hidalgo, Ray Hudson, Charmaine Kinney, Ron Lagergren, Len Lomash, Godwin Nwerem, Bill Toomey

Recorder:

Irene Lee

Agenda Item	Highlights	Suggestion/Achievement	Author	Action/Assigned
Welcome and Introduction	Co-Chair Tâm An Trân called the meeting to order. Introductions were made around the table.			
Reading and Approval of Minutes	Amendment: Year is 2009	A motion was made to accept January's minutes as amended. Second	Ted Dorsey Kevin Bowers	Passed
Standing Reports	<p><u>Department Update</u></p> <ul style="list-style-type: none"> •Budget <ul style="list-style-type: none"> - Budget changes day to day. - State asked for some reductions this year that were retracted in December but came back with a 15% cut, across the board, request last week to be taken in the remaining month, in Service elements within mental health and addiction services. These services have been discussed with Providers through the CEO Business meeting that happens every-other-month and we'll continue to share the information. - Continuing to work forward in building the county budget. - Program offers will be posted on the website. Be aware that because of the state budget the county budget is a moving budget, reflective of the governor's budget at this time. - Legislature will continue looking at what level the cuts will be. Always remember it isn't over until sometime after the state budget is finalized. <p><i>Discussion:</i> Medicaid match stimulus plan federal dollars need to be advocated for mental health services.</p>	<p>→ The county may have to go back in to readjust its budget after state budget is finalized, hopefully by the end of June.</p> <p>→ We will keep you advised as we move forward.</p> <p>→ There are hearings the board of commissioners will have that you can advocate directly. These are opportunities for testimony and input.</p> <p>→ Need to give the state a clear message that freed up Medicaid Federal dollars are to go for mental health services.</p>		

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Committee Reports cont.	<p>more to go on with information</p> <ul style="list-style-type: none"> ▶ 2) Marketing could use more members ▶ 3) Subacute care - backburner given the budget <p>- Discussed Steps/ideas in helping people on the street</p>			
Unfinished Business	<p><u>Prevention Presentation – Nancy Martin</u></p> <ul style="list-style-type: none"> •Prevention is done all over the place by agencies and organizations. •Primarily deal with alcohol and drug, and some gambling and tobacco (work with the health department regarding tobacco). •We are trying to figure out how to spend more money on prevention - if you had enough prevention we wouldn't have addiction later. •The concept of going with faith based organization would be that these organizations would perform services that we would pay them to get it started and trained. This is in its infancy but we are looking to grow deep roots in Continuing in strengthening families. •The Center for Substance Abuse Program (CSAP) focus' on youth and families. •Community coalitions are a step towards successful prevention planning. •Strategies environmentally create a more comprehensive based approach. 			
New Business	<p><u>Quality Management 2009 Workplan</u> Reviewed Recommendations, Performance goals and Interventions (handout)</p>			
Other Business	<p><u>Announcements</u></p> <ul style="list-style-type: none"> •Consumer conference: art contest <p>The Oregon consumer survivor coalition (OCSC) Conference will be held May 6 – 8, 2009 in Salem, Oregon. Mental health consumers/survivors are invited to submit artwork for consideration as the logo for the conference.</p>	<p>→ Submitting your design: <u>Email</u> subject heading CONFERENCE LOGO CONTEST to elanlambertl@aol.com as a jpeg or pdf file. <u>Mail</u> to Elan Lambert, conference Coordinator, AOCMHP, 1201 Court St, SE Ste 302 Salem OR 97301 <u>Questions</u> contact Elan Lambert at elanlambertl@aol.com with CONFERENCE LOGO CONTEST in the subject heading</p>	Karl Brimmer	

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Other Business cont.	<ul style="list-style-type: none"> •Neuro ethics has become big in academia and we need to be aware of it. •Books out there really worth reading about Meditation regarding psychotherapy and the effects. 	→ Copy article for people to read and start to think about.	Trish Backlar Tâm An Trân	
Board Directors				
Meeting Adjourned	Trish Backlar moved to adjourn Sue Waite 2 nd			
Handouts	<ul style="list-style-type: none"> • January Minutes • Art Logo Contest flyer • Multnomah County 2009-1010 Budget Work Sessions and Hearings • Institute of Medicine Prevention Classifications • Developing Healthy Communities • Quality Management 2009 Workplan 			