



Children's Mental Health System Advisory Council

CMHSAC

Meeting Notes

July 21, 2009

Present:

Members: (in bold) Family Representatives	Trish Backlar, Kathy Boring , Margaret Brayden , Vicki Creel , Kimberly Dunn , Anna Guillen, Milele Hobbs , Carrie Leavitt , Brenda McSweeney , Angelina Richart, Adrianna Rickard , Zenn/Moriah Vicknair , Eric Walters
Professional Representatives	Deena Corso , Kathy Keim-Robinson , Drew McWilliams, Andrea Muzikant , Monica Parmley, Janie Richards, Courtney Towne , Thuy Vanderlinde, Elaine Wallick , Joan Williams, Kirk Wolfe
Youth Representatives	Roman Dobbs, Gabe Rickard , Elicia Smith (recruiter)
Guests:	Cathe Dunwoody, Garrett Kasch, Jamie Vandergon, Mark Lewinsohn
Staff: FamilyCare	Sherri Simms
Verity	Deborah Danner, Charmaine Kinney, Sonja Miller, Godwin Nwerem,
Recorder:	Karen Mayfield

Welcome and Introductions

Milele and Eric called the meeting to order. Those present introduced themselves. The agenda was approved as submitted.

MOTION: Kathy moved and Adrianna seconded to approve the notes from the June 16, 2009 meeting. Motion carried.

Member Concerns

Adrianna asked to hear more about the proposal that the County assume responsibility for the Wraparound school-age project when its funding ends. Godwin will include in his Dept/Div update.

Adrianna will give an update on her recruitment efforts as an Oregon Family Support Network staff member at the August meeting.

There was discussion whether to skip the August meeting. It was decided to have the meeting and to use part of it for subcommittee work to keep up the momentum for the issues on which the subcommittees are working.

Executive Committee Report

Milele called members' attention to the fact that the notes from the monthly Executive Committee meetings are now being included in the monthly email distribution. Everyone is welcome to participate in Executive Committee meetings. Every third meeting (including August) is in person at the NAMI office, 524 NE 52nd (right off Glisan). Other meetings are held by conference call.

Performance measures: The Executive Committee discussed how to incorporate the work on the Quality Management (QM) Committee into CMHSAC's request that performance measures be addressed at CMHSAC. It was suggested that CMHSAC have a representative on the QM Committee. The representative would bring information both ways. Courtney reminded the

group that it is Dr. Wolfe's hope that CMHSAC can look at outcomes and performance measures. QM Committee meetings are from 3:00-5:00 p.m. on the second Thursday of each month at the Multnomah Building, 501 SE Hawthorne. No child care is available at this time, although this can be looked into.

Godwin wants to be sure that we designate a steady, regular attendee. Cathe said she has volunteered to attend and would need to be seated to be the official CMHSAC representative. Moriah, Zenn, and Kimberly are interested but the time doesn't work for them. Charmaine was asked to look into the possibility of changing the meeting time. She replied that she wants to keep it within regular business hours but is open to looking at another time of day.

Milele and Anna will cover as liaisons until a decision is made about the meeting time. There is no August QM Committee meeting.

Bylaws Amendment

Handout: proposed bylaw amendment.

MOTION: Eric moved and Gabe seconded to approve the proposed bylaws amendment to create a new Youth Representative category and not hold them to the same attendance standard as regular members. Motion carried.

Milele clarified Zenn's questions about attendance requirements for other members. The liberal absence allowance is to accommodate family members who have to deal with the ups and downs in their lives.

Membership

Early Childhood: We need to recruit for this vacant position. Adrianna is interested in recruiting for this position; she has several ideas. Deena suggested the Head Start level. Brenda and Kimberly will work with Adrianna. We want to avoid having one subcontract agency filling too many positions on CMHSAC, which is why Monica and Leslie are no longer attending. Kimberly will contact Jennifer from Mt. Hood Community College.

Primary Care: Karen will draft a letter to be used in recruitment. Charmaine has contacted Susan Marie from the County Health Department and a Kaiser staff person; she included a link to the CMHSAC web site. She hasn't heard back from either yet but will follow up.

Subcommittees

Verity and Families – Eric Walters, Chair

Eric reported that he has had a difficult time getting people together for a first meeting, which is why he recommended using the month of August to do subcommittee work. Adrianna asked for clarification as to the subcommittee's purpose. Eric said that this will be decided at the first meeting.

Crisis – Courtney Towne, Chair

Courtney contacted the Portland Police Bureau's mental health liaison last week. This person is a regular attendee on our adult mental health advisory committee, AMHSAC, and is interested in coming to CMHSAC. She attends the Crisis Consortium, which has invited families to attend its next meeting and can put CMHSAC on its agenda. They meet on Tuesday (date unclear) from 3:30 – 5:00 p.m. Deborah said that Emily Somervell from the Crisis Consortium is interested in meeting with us. The Crisis Consortium won't meet in August. We will try to have a Crisis Subcommittee meeting in August in preparation for the meeting with the Crisis Consortium. Eric is interested in learning how each system looks at crisis response. He suggested adding a

Gresham police department representative since there have been problems in East County as well.

Transitions – Milele Hobbs, Chair

This subcommittee will use the document developed by the MOU (Memorandum of Understanding) group. This document represents a year and a half of work and covers transitions from agency to agency and service to service.

Sonja explained that the MOU group formed when schools wanted more communication with mental health. The procedures are already written into all of our contracts with children's mental health provider agencies. Although the MOU was focused around schools, it is applicable to other areas of the children's service system as well.

Milele explained that this document applies to planned transitions, not emergencies. Eric said he has seen situations where this is not happening according to the MOU. Jamie's understanding is that full clinical documentation can be provided from agency to agency. The protocol packet is used when there are areas of confidentiality and summaries are needed. Kathy said her school district uses this protocol for transitions between school districts.

Milele asked members to read the protocol and email her if there is anything missing that would apply to CMHSAC's concerns. The subcommittee will make some recommendations about improvements to how the MOU is being used currently in the system.

Sonja clarified that the MOU document only is binding on a mental health contract provider. Problems can occur in other systems and these should be identified by the subcommittee. Then we might do some education for those other systems.

Zenn said his kid's care coordinator doesn't have the information needed to transition this kid back into the home. Moriah asked that there be therapists and clinical staff who can work with kids at various levels of care so kids don't have to change agencies (and therapists) as they move among levels of care.

Transitions include provider to provider, placement to placement, between levels of care, and child to adult.

Godwin asked the group to remember that mental health does not work in isolation. It works with other systems that have their own advisory committees and mandates. CMHSAC can make recommendations, however.

Division/Department Updates

- The Wraparound School Age project voted to accept Multnomah County's proposal to take it over when its SAMHSA grant runs out. There will be more information as the process unfolds. The initial project will be for 150 kids who have involvement in mental health and at least one other system. Adrianna clarified that the Wraparound Early Childhood project will continue to operate under separate funding for another two years. Godwin added that we will do a phased transition of the Early Childhood project to the County at that time.
- Four years ago the County did a procurement process for children's mental health services. Our ability to use the agencies that were selected at that time will expire on June 30, 2010. We have begun the process of procuring for the next cycle of contracts. We are planning 3 community input meetings: families, providers, and community partners. We are looking at facilitating a constructive dialog about service gaps and where enhancements can be made. Godwin stressed that this is not a system redesign; rather, it's a recalibration of the current

system. The County is very open to hearing where the problems are and will do its best to address them in the procurement process. Vicki asked if recommendations around transitions might become part of the procurement (RFP – Request for Proposals) process; Godwin assured her that this has been identified as an area in need of improvement. He used as an example the idea of incentivizing agencies to send their staff to transition meetings. Vicki asked about transitioning between levels of care where kids lose their therapist – will this become a change in the RFP process or just an idea for a future change? Godwin noted that providers don't always provide all levels of service, and we need to look at this in the RFP. Godwin reiterated that the County will have an open mind re: all options. There was discussion in the RFP planning meeting to possibly use the September CMHSAC meeting to do the RFP input for families.

Peer Support Group

Gabe reported. The meetings turned out to be at a good time and location for participants. The kids set the agenda around what is important to them. Elicia is the facilitator until the youth take ownership. The agenda is flexible but the overall idea is for the kids to support each other. Elicia will shape the meetings over time. Gabe's task is to facilitate the group's goals. The meetings are at a Parks and Recreation center so they can be co-located with other youth activities.

Announcements

July 23 is the youth Cultural Competency focus group at the St. John's Community Center from 6-8pm. We can handle up to 20 participants. Food will be provided. Elicia will bring some Peer Support Group members and others are encouraged to come and meet them.

County Website

Charmaine led the group through a "live" access of the County's website.

Moriah reported that she had problems getting from the County's home page to the MHASD home page; it took her a couple of tries. She would like to see either a reduced number of acronyms or make the full name appear when the acronym is scrolled over. Another problem was in finding the Early Childhood site. On the home page drop-down menu for "Health", the Early Childhood option takes you to the Health Department. The term "Addiction" in the option discouraged her from thinking that would be a site for kids' services.

Charmaine will work to improve the site and make it more accessible. One change for clarity will be in the wording of "Citizen Participation" to read "Advisory Committees."

Cultural Competency Focus Groups

Four groups have happened so far: Self Enhancement Inc., IRCO, Juvenile Justice, and Native American Youth Association. Next week, there will be two Spanish-speaking at El Programa Hispano and Juvenile Justice, then at a Head Start site and the Intercultural Psychiatric Program.

The Oregon Family Support Network, NAMI, Oregon Youth Authority, DHS Child Welfare, and others have really supported this process. Providers have generously donated bilingual staff for the Spanish groups. When the input is in from the recorders from all groups, Charmaine will collate it. Themes are emerging already. We try to have a family advocate at each group as co-facilitator. Elicia said the Burmese population has become much more engaged as a result of their experiences at the focus group they attended at IRCO. Godwin said the County is listening for the ways that different populations think and talk about mental illness. We are looking at ways to encourage non-traditional services.

The surveys have been out for providers to self-assess themselves and their progress over time. Over 700 agency staff have responded. If agencies get over 80% participation, they don't have to submit a cultural competency plan to the County as is usually required. The survey results will feed into the RFP process and will be reported back to CMHSAC.

Announcements

- Brenda announced a free event: family barbecue, 12-4, games, activities. Saturday. 2811 ne holman.