

Multnomah County Health Department **CaCoon / Babies First! Team**

What is CaCoon and Babies First!?

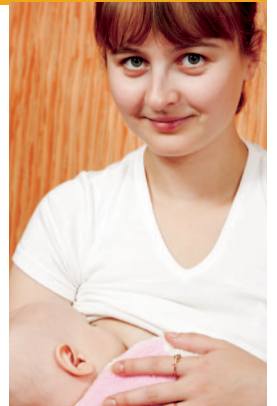
- The CaCoon program is a nurse home- visiting program. We help families with children from birth through 4 years old who have a chronic health condition or disability.
- Babies First! nurses visit children birth through 12 months who may have spent time in the NICU, were born early, or just need extra attention starting out.



How can a home visiting nurse help my family?

A CaCoon/ Babies First! nurse may be able to:

- Help you find information about your child's health needs.
- Teach you to check your child's growth and development.
- Support the best nutrition possible, including help with providing breast milk and checking your child's weight.
- Work with you to get medical care. Nurses can attend appointments with you and explain the role of each member of your child's care team.
- Connect you with other families for information and support.
- Help with Social Security Income, Food Stamps, WIC, and health insurance if you qualify.
- Help with other programs to support your child's growth and development.
- Services are provided at no charge to you.



**We look forward to meeting your family.
Please give us a call at:**

503-988-3520

