



Food Employee Foodborne Illness Exclusion Guidelines

Symptoms	Action	Return to Work Criteria	Local Health Dept. Authority
Vomiting	Exclude from work	Symptom free for 24 hours or medical documentation	No, if not diagnosed with one of the "BIG FIVE"
Diarrhea	Exclude from work	Symptom free for 24 hours or medical documentation	No, if not diagnosed with one of the "BIG FIVE"
Jaundice (yellowing of skin & eyes)	Exclude from work Notify management and Multnomah Co. Communicable Disease: 503-988-3406	Medical documentation stating that food worker is free of Hepatitis A or other infection	Yes
Sore Throat with Fever	Exclude from work	Medical documentation stating food worker is free from infection	No
Infected Wound or Boil (infected cut, burns, or abrasions on hands or wrist)	Restrict from food contact Wash and cover with a bandage	After skin, infected wound, cut or boil is properly covered; gloves worn if on hands	No

The "BIG FIVE" are: 1. Norovirus 2. Hepatitis A 3. Shigella 4. Shiga toxin-producing Escherichia coli 5. Salmonella Typhi

If you are diagnosed with, or exposed to any of these illnesses, you must be excluded from work at your food establishment. You cannot return to work at any food establishment until approval has been received from Multnomah County Health Department.

Exclusion Criteria: Any food employee diagnosed with an illness due to the "BIG FIVE" must report the diagnosis to the manager. The food employee must be excluded from working and per Oregon Food Code the manager is required to notify the Multnomah County Communicable Disease immediately at 503-988-3406.