

## Description of Duties and Training Related to Implementing Smoking Cessation at Northeast Health Center

### Certified Medical Assistant

- Administration of the piCO smokerlyzer monitor as part of taking vitals prior to a patient visit with primary care physician.
- Record the CO value in patient's medical record (along with the other vitals).
- Make referral of patient with CO value in the range of tobacco exposure to Community Health Worker for Counseling.

**Training:** Orientation to the use of the piCO monitor and practice using it can be done during or immediately after a Team Meeting or anytime the CMAs are together (taking approximately 10 minutes). Demonstration can also be done by REACH staff during a patient visit about how to introduce it into the suite of vital measures.

### Physician

- Review patient chart with CO value for tobacco exposure in Adolescent Well Care Visit
- Inform patient if their CO value is in SHS or Smoking range of what the value is and why it is important to address it
- Review the health impacts (see sheet with summary) with patient
- Recommend either in-person counselor visit with CHW – make referral; or phone app or on-line resource for cessation – make referral to CHW for follow up text

### Community Health Worker

- Call to make appointment with patient testing positive for smoking (or exposure to second-hand smoke).
- Complete the Screening form with Patient and ask if they would like to talk for 20 minutes to develop a plan to quit/reduce tobacco use.
- If patient agrees, conduct the brief intervention counseling session using either SCRIPT (for pregnant women) or Rx for Change for non-pregnant clients.
- Complete the intervention form.
- Schedule follow-up phone call on quit date.
- Call on quit date - record information on smoking status on form.
- Schedule follow-up visit with patient after quit date.
- Administer piCO smokerlyzer monitor at follow-up visit.
- Record the CO value in patient medical record.

**Training:** 2 hour training in Smoking Cessation and Reduction in Pregnancy Treatment or Rx for Change. Each will be done separately – so a CHW working with both groups of clients would take both trainings. Trainings to be conducted by REACH staff at convenient times and locations for the CHWs.