Working Together to Ensure Your Child's Success

Multnomah

Did You Know?

- Students of any age who miss just two days of school a month (or 17 days a year) are more likely to fall behind and less likely to graduate.
- It doesn't matter if the absences are excused or unexcused, or if they are occasional or all in a row.
- School attendance matters even for young children. Children who miss too many days in kindergarten or first grade can struggle in learning how to read.



Some absences are unavoidable, but others can be prevented. Help for your family is available.

Check with your child's school to see how your child is doing and to get support.

In addition to teachers, people who can help include:

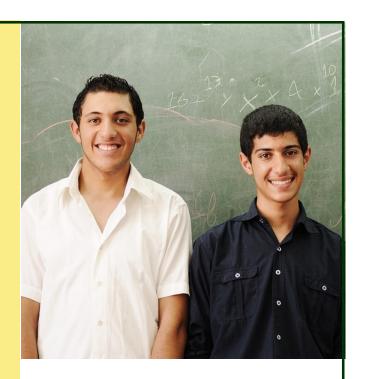
- School Counselors
- SUN Community School Site Managers
- School Based Health Centers and County Health Clinics—The 13 School-Based Health Centers are full-services clinics that serve all students in Multnomah County. www.multco.us/SBHC

Visit these websites for more information on how to support your child www.multco.us/sun/attendance www.absencesaddup.org



Steps You Can Take to Ensure Success

- Set a regular bed time and morning routine
- Lay out clothes and pack backpacks the night before
- Share ideas with other parents for leaving for school on time
- Develop back-up plans for getting to school if something comes up
- Get health care from a School-Based Health Center to minimize time out of class.
- Ask family members, neighbors or other parents to help if you need assistance dropping off or picking a child up
- If possible, schedule medical appointments for days school isn't in session
- If your child is anxious about starting or attending school, talk with the principal, director, teacher, doctor or other parents for advice.



When to Keep Your Child Home Sick

Your child should stay home if s/he:

- Has a temperature, without medicine, higher than 100.5 degrees
- Is throwing up or has diarrhea
- Has pink and crusty eyes

