

#### Program #40076 - Mental Health Services for Adults

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**Department: Health Department** 

**Program Offer Type: Existing Operating Program** Program Offer Stage: As Adopted

**Related Programs:** 40094

**Program Characteristics:** 

### **Executive Summary**

This program offer describes the existing continuum of adult mental health care funded by Oregon Health Plan and managed by Health Share Multnomah Mental Health. The continuum addresses the needs of adults at emergent, urgent & routine levels of care. Additional respite services provide intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient treatment services provide a range of care matched to diagnosis and acuity to approximately 10,790 adults annually.

### **Program Summary**

Adult mental health outpatient services provide a comprehensive array of treatment options that address the needs of each individual, including several categories of individual and group therapy, general and intensive case management for individuals with severe mental illness, intensive outreach and medication management. Outpatient services address long and short-term mental health needs to lessen the need for hospitalization. Since expansion of Oregon Health Plan, an average of 6,090 adults receive outpatient services each month, with many remaining in treatment for several months.

Mental health respite services are a community-based approach to stabilize individuals whose symptoms have exceeded the scope of outpatient treatment. The goal is to prevent hospitalization through early intervention with short-term, intensive residential treatment. Respite care contains a range of treatment options, including medication management, clinical treatment and post-discharge transition planning. It has been defined as a best practice when used in a continuum of treatment services.

Performance Measures									
Measure Type	Primary Measure	FY16 Actual	FY17 Purchased	FY17 Estimate	FY18 Offer				
Output	Total adults receiving outpatient mental health services <sup>1</sup>	11,413	10,318	11,387	10,318				
Outcome	Percent of adults readmitted to inpatient within 30 days of discharge <sup>2</sup>	16.5%	11.8%	15.8%	15.8%				

# **Performance Measures Descriptions**

<sup>&</sup>lt;sup>1</sup> Number of unduplicated Multnomah Mental Health adult enrollees who received an outpatient mental health service during the measurement period.

<sup>&</sup>lt;sup>2</sup> Percent of unduplicated Multnomah Mental Health adult enrollees who were readmitted to inpatient hospitalization within 30 days of discharge during the measurement period.

## **Legal / Contractual Obligation**

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Additions and Mental Health Services.

Health Share of Oregon Risk Accepting Entity Participation Agreement.

## **Revenue/Expense Detail**

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2017	2017	2018	2018
Contractual Services	\$0	\$27,272,338	\$0	\$11,766,460
Total GF/non-GF	\$0	\$27,272,338	\$0	\$11,766,460
Program Total:	\$27,272,338		\$11,766,460	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues							
Intergovernmental	\$0	\$28,422,405	\$0	\$11,766,460			
Total Revenue	\$0	\$28,422,405	\$0	\$11,766,460			

#### **Explanation of Revenues**

\$ 11,766,460 - Healthshare of Oregon (Medicaid): Based on FY17 Medicaid Rates.

### Significant Program Changes

Last Year this program was: FY 2017: 40076 Mental Health Services for Adults

This program offer is reduced by 15.06 FTE and \$1.9 million personnel expense, professional services, materials and supplies, and internal services for the management and administration of the Multnomah Behavioral Fund. The positions and related expenditures are budgeted in FY 2018 in Program Offer 40094-Medicaid Insurance Plan Administration and Operations.