

Navigating the Journey: Help for the Whole Family



Agenda

Noon	Check-in, light refreshments, resource fair
12:30	Keynote: "Person-centered Care"
1:15	Break (visit resource tables)
1:30	Breakout Session #1 (choose from 3 workshops)
2:45	Break (visit resource tables)
3:00	Breakout Session #2 (repeat 3 workshops)

Keynote: "Person-centered Care" Putting patients and families at the center of decision making and working alongside medical professionals to get the best outcomes. Presented by Maureen Nash, MD, medical director for Providence ElderPlace.

About the keynote speaker:

Maureen Nash, MD, serves as Medical Director for Providence Elderplace, Oregon, which is a Program of All Inclusive Care for the Elderly (PACE). She is a fellow of the American Psychiatric Association and the American College of Physicians. She is board certified in both internal medicine and psychiatry.

Workshop #1: "Music for Health" Greta Arell, board certified music therapist with Earthtones Northwest, will offer a fun and informative presentation that includes a basic introduction to music therapy and recent research-based discoveries about music and the brain.

Workshop #2: "Understanding and Responding to Dementia" Sarah Holland, MSW, MPH, Alzheimer's Association, OR Chapter's Director of Programs, will offer information to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Workshop #3: "Meaningful Activities Are More Than Just Fun" Tory Thompson, Outreach Specialist with Providence ElderPlace, will show how to add purpose, value and accomplishment to make any activity more rewarding for both you and your loved one.

Saturday, Oct. 28, 2017

12:30 - 4:15 pm (registration at noon)
Providence Portland Medical Center
Cancer Center Amphitheater
4805 NE Glisan St.
Portland, OR 97213

To register:

Visit <http://tinyurl.com/NtJ20171028>
Or call 503-988-8210.

Parking and Transit

Parking structures located on both Glisan St. and 47th Ave. TriMet bus line #19 directly serves the hospital.

This free event is brought to you by:

