

Too Much Stuff: Clearing a Path to Recovery

June 18th, 2018 8:30 AM - 4:30 PM City Bible Church

9200 NE Fremont Street Portland, OR 97220

AGENDA

8:00 AM - 8:30 AM Registration and Light Breakfast

8:30 AM - 8:45 AM Welcome and Introductions

8:45 AM - 9:45 AM Lee's Story

9:45 AM - 10:15 AM Stigma, Language & Empathy

10:15 AM - 10:25 AM MORNING BREAK

10:25 AM - 11:00 AM Diagnostics, Co-Morbidities and Understand Hoarding Disorder

11:00 AM - 11:30 AM Self Care Approaches for People in Recovery and their

Supporters

11:30 AM - 1:00 PM LUNCH (ON YOUR OWN)

1:00 PM - 1:45 PM Comfort Agreements and Compromise: Working and/or Living

Together in a Cluttered Environment

1:45 PM - 2:20 PM Overview of the Buried in Treasures Workshop

2:20 PM - 2:30 PM AFTERNOON BREAK

2:30 PM - 3:30 PM Bec's Story

3:30 PM - 4:30 PM Housing Concerns -Shyle Ruder, MS and Matthew Strickland, MSW from the Multnomah County Hoarding Task Force