

Program #40076 - Mental Health Services for Adults

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Department: Health Department

Program Offer Type: Existing Operating Program Program Offer Stage: As Requested

Related Programs: 40094 Program Characteristics: In Target

Executive Summary

This program offer describes the existing continuum of adult mental health care funded by Oregon Health Plan and managed by Health Share Multnomah Mental Health. The continuum addresses the needs of adults at emergent, urgent & routine levels of care. Additional respite services provide intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient treatment services provide a range of care matched to diagnosis and acuity to approximately 16,000 adults annually.

Program Summary

Adult mental health outpatient services provide a comprehensive array of treatment options that address the needs of each individual, including several categories of individual and group therapy, general and intensive case management for individuals with severe mental illness, intensive outreach and medication management. Outpatient services address long and short-term mental health needs to lessen the need for hospitalization. Since expansion of Oregon Health Plan, an average of 6,090 adults receive outpatient services each month, with many remaining in treatment for several months.

Mental health respite services are a community-based approach to stabilize individuals whose symptoms have exceeded the scope of outpatient treatment. The goal is to prevent hospitalization through early intervention with short-term, intensive residential treatment. Respite care contains a range of treatment options, including medication management, clinical treatment and post-discharge transition planning. It has been defined as a best practice when used in a continuum of treatment services.

| Performance Measures | | | | | | | | | |
|----------------------|---|----------------|-------------------|------------------|---------------|--|--|--|--|
| Measure Type | Primary Measure | FY18 Actual | FY19 Purchased | FY19 Estimate | FY20 Offer | | | | |
| Output | Total adults receiving outpatient mental health and addiction services ¹ | 22,106 | 16,000 | 23,463 | 23,000 | | | | |
| Outcome | Percent of adults readmitted to inpatient within 30 days of discharge ² | 20.4% | 17% | 20.3% | 20% | | | | |

Performance Measures Descriptions

¹ Number of unduplicated Multnomah Mental Health adult enrollees who received an outpatient mental health service or addiction services during the measurement period - note: increase in clients is a result of the addition of Family Care members

² Percent of unduplicated Multnomah Mental Health adult enrollees who were readmitted to inpatient hospitalization within 30 days of discharge during the measurement period.

Legal / Contractual Obligation

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Additions and Mental Health Services.

Health Share of Oregon Risk Accepting Entity Participation Agreement.

Revenue/Expense Detail

| | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds |
|----------------------|-----------------------|----------------------|--------------------------|----------------------|
| Program Expenses | 2019 | 2019 | 2020 | 2020 |
| Contractual Services | \$0 | \$14,520,664 | \$0 | \$11,886,611 |
| Total GF/non-GF | \$0 | \$14,520,664 | \$0 | \$11,886,611 |
| Program Total: | \$14,520,664 | | \$11,886,611 | |
| Program FTE | 0.00 | 0.00 | 0.00 | 0.00 |

| Program Revenues | | | | | | | |
|-------------------|-----|--------------|-----|--------------|--|--|--|
| Intergovernmental | \$0 | \$14,520,664 | \$0 | \$11,886,611 | | | |
| Total Revenue | \$0 | \$14,520,664 | \$0 | \$11,886,611 | | | |

Explanation of Revenues

\$ 11,886,611 - Healthshare of Oregon (Medicaid): Based on FY19 Medicaid Rates

Significant Program Changes

Last Year this program was: FY 2019: 40076-19 Mental Health Services for Adults