

Multnomah MIND in the Making

Seven Essential Skills

Funded by a grant from the W.K. Kellogg Foundation, Multnomah County is one of six Community Schools initiatives nationwide that is piloting and implementing the newly developed Seven Essential Skills learning modules. These modules are part of Mind in the Making, a learning campaign led by Ellen Galinsky of the Families and Work Institute to disseminate information about the science of how young children learn best. Multnomah Mind in the Making uses the Seven Essential Skills modules as a focal point for building bridges between early childhood systems and SUN Community Schools.

About the Learning Modules

The Seven Essential Skills learning modules are a set of eight modules which draw on brain development research to inform practices that lead to better outcomes for children through the promotion of essential skills that take place in the prefrontal cortex of the brain.

Through a facilitated learning approach, each module gives participants the opportunity to reflect on their own adult experiences, learn what researchers have discovered about how children learn best, and discuss how to apply this research in their role as a parent or educator.

The Seven Essential Skills learning modules are intended to create learning communities of parents, early childhood practitioners, and elementary school administrators and staff.

Multnomah Mind in the Making is a part of Linkage, an initiative of the SUN Service System Division of Multnomah County Human Services that fosters early support and successful transitions in SUN Community Schools.

Our national partners in this effort are the Families and Work Institute and the Coalition for Community Schools at the Institute for Educational Leadership.

THE SEVEN ESSENTIAL LIFE SKILLS EVERY CHILD NEEDS

- 1 Focus and Self Control
- 2 Perspective Taking
- 3 Communicating
- 4 Making Connections
- 5 Critical Thinking
- 6 Taking on Challenges
- 7 Self-Directed, Engaged Learning

Learning Facilitators

In collaboration with local partners, community teams and individuals have been trained to facilitate the Seven Essential Skills modules and are working together and within their own programs and agencies to offer the learning modules. If you are interested in offering the modules in your school or community in Multnomah County, contact us to get connected with a facilitator.

Community Partners

- Child Care Resource and Referral of Multnomah County
- Children's Institute
- David Douglas School District
- Friendly House
- Portland Public Schools Office of Family Engagement
- Portland State University's Center for Improvement of Child and Family Services
- SUN Community Schools
- SUN Service System Parent-Child Development Services
 - Immigrant and Refugee Community Organization
 - Impact Northwest
 - Mount Hood Community College
 - Neighborhood House
 - Self-Enhancement, Inc.

For more information:



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