

Project LAUNCH

National Project LAUNCH Goals:

- *Increased access to developmental assessments, screenings, and services for young children and their families*
- *Expanded and improved use of culturally relevant, evidence-based prevention and wellness promotion practices in a range of primary care and early childhood settings*
- *A workforce that understands young children's healthy development*
- *Improved systems of care for young children and families at the local, state, and federal levels*
- *More children entering school ready to learn*

A project of the Substance Abuse and Mental Health Services Administration (SAMHSA)

helping children soar



**PROJECT
LAUNCH**



Attached is an Inventory of early childhood services in Multnomah County. This Inventory was prepared by the Multnomah Education Service District (MESD) as the first deliverable for the federal LAUNCH grant. (Linking Actions for Unmet Needs in Children's Health)

Multnomah Project LAUNCH is a five year, \$3.25 million dollar grant from Substance Abuse and Mental Health Services Administration (SAMHSA). The grant is a collaboration between MESD and other child serving partners. The goal is to help children from birth to 8 yrs old reach physical, social, emotional, behavioral and cognitive milestones so they can feel safe, supported and enter into school ready to learn.

One of the ways Multnomah Project LAUNCH is improving the early childhood infrastructure is by making 211info a more robust source of early childhood services information and referral. In order to produce this Inventory, MESD hired a consultant to review the early childhood resources from the 211info database, organize them into the four LAUNCH service categories, and then add missing organizations. (There may be some omissions and errors.)

Multnomah Project LAUNCH is also supporting staff at 211info to conduct outreach to community organizations, input information into the database, and make the database more effective for people who call or go on-line to find early childhood resources.

Multnomah Project LAUNCH is sharing this Inventory with the community because many people have expressed a need for having this information at their fingertips. Although this inventory is a great collection of early childhood resources, it's best to use 211info, which is constantly being updated and expanded.

You can build the inventory by adding organizations and information to the database. If you have any corrections or suggestions, you may send them to Roberto Rivera at Roberto.Rivera@211info.org

This Inventory is just one small part of the LAUNCH grant. Other elements include a range of direct services and system development to increase knowledge and supports for healthy child development. Please contact Elana Emlen at eemlen@mesd.k12.or.us or call 503.257.6149 for information about Multnomah Project LAUNCH.

Multnomah County: Project LAUNCH Inventory of Services; March 2011

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
A. Childcare: regulation, subsidy, resource & referral, training & professional development				
State of Oregon- CHILD CARE DIVISION	(800) 556-6616 (Main Phone) http://www.oregon.gov/EMPLOY/CCD/index.shtml	Provides guidelines and requirements for those seeking licensure as child care providers. Oversees licensure and regulation of providers and handles inquires and complaints about child care sites.	All childcare providers, and those interested in becoming licensed providers in Oregon.	English, Spanish, Russian, Vietnamese
Oregon State Department of Human Services- Children, Adults and Families- District 2 Employment Related Day Care (ERDC)	(971) 673-2411 (Main phone)	Provides employment related day care (ERDC) childcare subsidy to low income families, combination benenits including food stamps, medical.	Varies by service - Call for details	English, Spanish, and other language translation available
Mt Hood Community College- CHILD CARE RESOURCE AND REFERRAL OF MULTNOMAH COUNTY	(503) 548-4400 (Main phone) (866) 227-5529 (Other) (503) 473-8429 (FAX) http://www.ccr-mc.org/	Provides childcare information & referral services to parents, including: database of child care providers to refer parents to providers and consultation to parents. Connects families to sources of financial asistance for childcare. Provides information on children's development and age specific questions-concerns. Specialists available to consult with parents concerning children's social-emotional adjustment and-or special needs for childcare. Provides training and technical assistance for child care providers and to employers regarding supportive childcare practices for employees. Offers education to the community on public policy planning and community decision-making about local child care needs and trends. Administers Portland's Community Childcare Initiative providing quality enhancement support for qualifying childcare centers in Portland and childcare affordability support for low-income working families residing in Portland and attending quality childcare.	Parents, child care providers, employers in Multnomah County	English, Spanish, Russian, Vietnamese, Chinese

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Neighborhood House- Childcare Improvement Project	503-246-1663 x3101 www.childcareimprovement.org	Helps family child care providers enhance the quality of their child care programs and supports their professional development. Provides community-based networks for family (or in-home) child care providers, offering training and resources that both improve the quality of child care and increase the financial viability of the child care businesses. Providers participate by attending monthly training and meetings, receiving regular home visits, providing yearly customer satisfaction surveys to their parents and participating in a yearly observation using the Family Day Care Rating Scale to assess their child care environment and practices. Includes access to parent subsidies and small grants for provider materials & supplies.	Family Childcare Providers in Multnomah County	English, Spanish and translation for other languages available
Childcare Development Services	503-253-5000 (main line) http://metroccrr.org/	Enrolls childcare providers into federal USDA food program for childcare settings, and offers training and support to childcare providers in that federal program; provides training on other topics for childcare providers. Also provides selection of services to parents & families including: Parenting Classes , Work/Life Employer Benefit Programs, Online Child Care Referrals, Online Adult/Elder Care Services, Online Adoption Services, and Online Educational Seminars.	Childcare providers in Multnomah, Clackamas, and Washington Counties.	
Volunteers of America- Court Care	(503) 988-4334 http://www.voaor.org/Learn-About-our-Services/Children-and-Family-Services/CourtCare/default.aspx	Provides free drop-in child care program for children ages six weeks to five years located in downtown Portland's Multnomah County Courthouse. CourtCare, a project of the Multnomah Bar Association, is operated by Volunteers of America Oregon. Hours: 8:00 a.m. to 4:30 p.m., Monday through Friday	children ages six weeks to five years whose parents/caregivers are in cases at downtown Mult. Co. Court House	

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Volunteers of America- My Little Waiting Room at Providence St. Vincent Medical Center	503-216-6597 http://sites.google.com/site/mylittlewaitingroomorg/	Provides children ages 6 weeks to 10 years can spend time in a stimulating, fun childcare facility while their parents and guardians go to medical appointments and procedures or visit family members in the hospital at St. Vincent Medical Center. Fully-licensed facility is professionally staffed by Volunteers of America Oregon, which has years of experience helping families in crisis. Call ahead (503-216-6597) for reservations, or drop in. All services are provided free of charge, with a suggested donation of \$5 per hour, per child.	children ages 6 weeks to 10 years whose parents and guardians go to medical appointments and procedures or visit family members in the hospital at St. Vincent Medical Center	
B. Early Literacy				
Multnomah County Library- Early Childhood Programs	(503) 988-5253 (Main phone) http://www.multcolib.org/birthtosix/ecr/parents.html http://www.multcolib.org/birthtosix/ecr/educators.html	Provides 5 services for parents: New Parent Program, Mother Goose Series, Reach Out and Read, Books While You Wait, and It's in the Bag. Provides 3 services for educators/EC service providers: Book Delivery Program, Early Words, Raising a Reader	Varies by program, call for details	
C. Early Intervention and Early Childhood Special Education				
Multnomah Educational Service District, Multnomah Early Childhood Program (MECP)- EARLY INTERVENTION/EARLY CHILDHOOD SPECIAL EDUCATION	503-262-4100 for referral (503) 252-6150 (Fax) http://www.mesd.k12.or.us/se/sped/EC/EIECSE.shtml	Multnomah Early Childhood Program (MECP) provides Early Intervention (EI) and Early Childhood Special Education (ECSE) services to children who have developmental delays or disabilities, including speech and language, motor, behavioral, socialization, learning, vision and hearing.	Children, birth to 5 years, who reside in Multnomah County and who may have a developmental delay or have a specific disability.	English, Interpretation at intake, bilingual secretaries.

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Columbia Regional Program	(503) 916-5570 http://www.crporegon.org/	Assists local school districts in the education of special needs students, although primary responsibility for the education of these students remains with the school district(s); services are provided in collaboration with Portland Public Schools. Services include consultation to parents, early intervention programs and school age teams, support through itinerant teaching, physical therapy, assistive technology, augmentative communication and classrooms for the deaf and hard of hearing.	Students with hearing impairments, vision impairments, autism spectrum disorders, severe orthopedic impairments and deaf or blindness may be eligible; students from birth to 21 years of age. Call for information.	
D. English as Second Language Learners- Enrollment resources for families in Portland Public School District				
PORTLAND PUBLIC SCHOOLS- NORTHSIDE FAMILY SUPPORT CENTER & SOUTHSIDE FAMILY SUPPORT CENTER	(503) 916-5875 North (503) 916-5729 South http://www.pps.k12.or.us/departments/support-centers/index.htm	Primary point of enrollment for ESL students in Portland Public Schools. Conducts ESL assessment and enrollment. Family Support Centers work to connect ESL students and families with cultural and language specific services.	Family must have at least one child in PPS or eligible to be in PPS.	Spanish, Chinese, Vietnamese, Russian

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
E. Early Head Start, Head Start and Oregon PreKindergarten				
ALBINA HEAD START AND EARLY HEAD START	(503) 236-9389 (Main phone) (503) 282-1975 (Main phone) (503) 282-1986 (FAX) http://www.albinajobs.org/	Provides Head Start center-based services at 29 classrooms, Early Head Start center-based services at 12 classrooms, and Early Head Start home-based services for low-income families. Comprehensive full-day center-based services and home-based visiting services including early education/preschool, developmental and health screenings, child & parent activities, parenting classes, parent support and networking. Also provides services for children with special needs. Home-based services include weekly home visits and twice monthly parent groups, in addition to all other listed services. All services are free. Center services provides breakfast, lunch and snack.	Children ages prenatal - five years and who reside in N, NE, or SE Portland within Portland Public School District. Parents must be enrolled in school, in a job training program, or employed for the center base program. Families' total household income must be at or below federal poverty level, or child must have disability, or child must be in foster care.	English, Spanish
Mt Hood Community College-CHILD DEVELOPMENT AND FAMILY SUPPORT: Head Start and Early Head Start	(503) 491-6111 (503) 491-6112 (Fax) http://www.mhcc.edu/CommunityConnections.aspx?id=1026	Provides Head Start & Early Head Start center-based services at 17 of sites; 42 Head Start classrooms and 5 Early Head Start classrooms, and Early Head Start home-based services for low-income families. Comprehensive part-day center-based services and home-based visiting services including early education/preschool, developmental and health screenings, child & parent activities, parenting classes, parent support and networking. Also provides services for children with special needs. Home-based services include weekly home visits and twice monthly parent groups, in addition to all other listed services. All services are free. Center services provides breakfast, lunch and snack, and transportation for children to center.	Children ages prenatal - five years who reside in E Portland and East Multnomah County but outside of Portland Public School District. Families' total household income must be at or below federal poverty level, or child must have disability or be in foster care.	Bilingual interpretation by arrangement in Spanish and Russian

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Neighborhood House- Oregon PreKindergarten Program and Early PreKindergarten Program	503-246-1663 xt 7307 http://www.nhpdx.org/WhatWeDo/headstart.html	Provides Head Start center-based services at 3 sites and Early Head Start home-based services for low-income families. Comprehensive part-day center-based services and home-based visiting services including early education/preschool, developmental and health screenings, child & parent activities, parenting classes, parent support and networking. Also provides services for children with special needs. Home-based services include weekly home visits and twice monthly parent groups, in addition to all other listed services.	Children ages prenatal - five years who reside in West Multnomah County. Families' total household income must be at or below federal poverty level, or child must have disability or be in foster care.	
PORTLAND PUBLIC SCHOOLS- Head Start	(503) 916-5724 (Main phone) (503) 916-2670 (Fax) http://www.pps.k12.or.us/departments/head-start/	Provides Head Start services for low-income families at 47 classrooms at 9 sites. Offers comprehensive part-day and full-day center-based services including early education/preschool, developmental and health screenings, child & parent activities, parenting classes, parent support and networking. Also provides services for children with special needs. Breakfast and lunch are provided. Some sites provide family literacy classes and parent training classes.	Children age four before September 1 who reside within Portland Public School District. Families' total household income must be at or below federal poverty level, or child must have disability, or child must be in foster care.	English, Bilingual interpretation by arrangement
Siletz Head Start	(503) 771-8867 in Portland http://www.ctsi.nsn.us/Siletz-Tribal-Services-Umpqua-Clackamas-County-warm-springs-Multnomah-Falls-Tillamook/education/headstart	Provides early childhood developmental program preparing three and four year old children for public school. Siletz Tribal Head Start focuses on education, health, social services, cultural enrichment and parental involvement. Children participate in a structured classroom environment a minimum of four day per week, three and one-half hours per day. Centers are located in Siletz, Springfield, Salem and Portland. Siletz and Salem also have 10 slots for home-based programs.	Children ages 3 - 5. Families' total household income must be at or below federal poverty level, or child must have disability, or child must be in foster care. Priority given to children who are descendent\ member of a federally recognized tribe.	

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
F. Preschool Programs, Kindergarten Readiness Programs and Specialized Educational Services (e.g. Homeless children, children with disabilities, home schooling, and migrant children)				
COMMUNITY TRANSITIONAL SCHOOL	(503) 249-8582 (Main Phone) (503) 249-8633 (FAX) http://transitionalschool.org/	Private school dedicated to the needs of children whose families are homeless, in transition and experiencing chronic poverty-related crises. Provides a stable learning environment, individualized academic curriculum, breakfast, lunch and snacks, medical and dental referrals, clothes closet, transportation and other basic provisions to assure consistent attendance for children in transition.	Children in Pre-K through 8th grade whose families are in transition or homeless.	English, Spanish
Portland Public Schools-PROJECT RETURN HOMELESS PROGRAM	(971) 219-1446 (Main phone) http://www.pps.k12.or.us/departments/project-return/index.htm	Program provides assistance children in shelters have the right to return to their school of origin or enroll in any other specialized school. This program provides the necessary transportation to school along with school supplies, food and laundry facilities and assistance with credit recovery. Also provides afterschool care for children in any of the downtown shelters.	Children and youth who are living in temporary housing and enrolled in the Portland Public School District	English, Interpretation available
Multnomah Educational Service District- HOME SCHOOL	(503) 257-1651 (Main Phone) (503) 257-1758 (Fax) http://w3.mesd.k12.or.us/ae/homeschool/homeschoolnew/homeschoolnew.shtml	Information about home schooling and changes in requirements.	Multnomah County resident	
Multnomah Educational Service District- MIGRANT EDUCATION PROGRAM	(503) 255-1841 (503) 257-1739 (503) 257-1518 (TTY) http://www.mesd.k12.or.us/doi/migrant/	A bilingual English-Spanish academically-based summer program including math, language arts, science, English language development, cultural awareness and school engagement. Site, times, and dates vary each summer. The migrant program also provides services to students and families during the school year. Also provides EL Futuro preschool to migrant children through partnership with Mt Hood Community College.	Migrant students having completed regular year kindergarten through regular year 8th grade in Centennial, David Douglas, Gresham-Barlow, Parkrose and Reynolds School Districts and eligible under federal migrant criteria	English and Spanish For Spanish call 503-257-1688 or 503-257-1687

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Latino Network- Juntos Aprendemos	503.283.6881 http://www.latnet.org/programs.html	Provides weekly kindergarten readiness classes 30 weeks per school year to preschool-aged children & their parents. Focuses on learning letters, numbers, and colors while developing classroom-based social skills and familiarizing parents with public education system and importance of school.	Latino children ages 3 - 5 at Rigler, Scott, Glenfair and Cesar Chavez schools.	Spanish, English
PPS-CONNECT, INSTRUCT & LEARN (CIA PROGRAM)	(503) 916-5628 (Main phone) (503) 916-3000 (FAX) http://www.pps.k12.or.us/departments/kindergarten/3410.htm	Conducts twice-a-month home visits throughout the school year for Spanish-speaking families with children ages 2-4 in NE & SE Portland. Emphasis on kindergarten readiness skills including early literacy. Supports parent involvement in child's education and helps with transition to kindergarten.	Children must be ages 2-4 at beginning of the school year (9-1). Families must live within PPS boundaries.	Spanish, English
Multnomah Educational Service District- PEER PreKindergarten Program	503-262-4100 http://w3.mesd.k12.or.us/se/sped/EC/Peers.shtml	Part-time, part-day pre-school in selected locations through out Portland and Multnomah County. Operates 13 sites in 2010-2011 school year. Monthly tuition is based on an annual tuition amount, paid in equal payments and billed quarterly. Free and reduced tuition is available to those families who qualify.	Preschool-aged children (age 3 - 5) in Multnomah County.	
Portland Parks & Recreation	503-823-PLAY http://www.portlandonline.com/parks/index.cfm?c=38277	Operates 13 community centers located throughout Portland. Offers between 150 - 200 part-day PreK classes per season throughout the year. Classes typically 2 - 3 days per week, 2 - 3.5 hours per day, 6 - 8 weeks per season. Specific offerings and costs vary by community center; cost ranges from \$90 - \$200 per 6 - 8 week series. Most community centers also provide a variety of parent-child activities in arts and music, dance, indoor parks, sports, and offers swim lessons for children and parents/children at various community pools. Fees charged for all services but some scholarships available through individual community centers.	Babies, Children and their parents in Portland; ages vary by class or activities. See website or call for details.	
Portland Public Schools- PreK sites	503-916-3205 http://www.earlyed.pps.k12.or.us/www.pps.k12.or.us/depts/kindergarten/prekindergarten/pk_options.html	Nine pre-kindergarten programs are available. Five sites are part-day, 3 sites are full-day; those 8 are tuition free. One site is full day Japanese Immersion, and charges monthly tuition. There are 4 additional schools in PPS that operate private, part-day preschools charging monthly tuition.	Families living within the boundaries of Portland Public Schools and whose neighborhood school receives Title I funding.	

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
School of Autism	(503) 283-9603 http://www.schoolofautism.com/Home_Page.php	Provides sensory immersion school for children with autism, pdd-nos, global developmental delay and sensory integration issues. Operates prek and Kindergarten, year-round and students receive over 1000 in-session hours per year. Kindergarten program uses Oregon State standards and benchmarks to track the progress of the students, and both programs are taught by a teacher with a BA in early childhood education and a certified registered nurse. For the 2008-2009 and 2009-2010 school years, added a Music and additional elementary grades. We can offer our program to any children in elementary grades 1 to 5.	Children with autism	
SERENDIPITY CENTER	(503) 761-7139 (Main Phone) (503) 761-7917 (FAX) http://www.serendipitycenter.org/	Private therapeutic school for grades K-12 and alternative education program for grades 6-12. Accredited school and approved mental health services provider. Program addresses academic, social, emotional, and behavioral needs in a structured and supportive environment.	Referrals are made through school districts and-or community partnership participants.	English, interpretation or signing by arrangement
SCHOOL FOR THE DEAF	(503) 378-3825 (Main phone) (503) 373-7879 (FAX)	Residential and day school for children with hearing loss. Comprehensive communication training in the areas of speech, speech reading, auditory training, sign language and the printed word. Vocational and academic instruction. Career education. Extended studies program for post high school students.	Oregon children ages 5 to 21 years; served only 3 children under age 8 in FY 09-10	American Sign Language
TUCKER-MAXON ORAL SCHOOL	(503) 235-6551 (Main Phone) (503) 235-1711 (TTY) http://www.tmos.org	School educates both children with typical hearing and children with hearing loss together in small classes. With the help of digital hearing aids, cochlear implants, early diagnosis, and early intervention, students who are deaf develop speaking and listening skills. Students attend classes with low student-teacher ratios. Students learn to value differences, believe in social justice, and to respect themselves and each other.	Deaf children from birth to 5th grade and hearing children age three through 5th grade	English

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
G. Professional Development, Education, Training for Early Childhood Providers and Workforce				
Oregon Division for Early Childhood	no number provided http://decoregon.org/	Advocates for organizations and individuals who work with or on behalf of children with special needs, birth through age eight and their families. Provides networking among early childhood organizations and practitioners, disseminates information about research, resources and current trends & issues; and promotes parent/caregiver involvement in children's development.	Organizations in Oregon that work with young children with special needs	
Metro Area Child Care Directors Association	503-219-9622 503-215-6124	Acts as local affiliate to statewide Oregon Association of Child Care Directors, which provides statewide advocacy on childcare policy. Local affiliate provides local leadership and networking on childcare policy and issues. Connects members to professional development opportunities. Meets second Friday of the month at 7:30am.	Childcare Center Directors; Call for information.	
Oregon Head Start Association	503-779-2556 http://www.ohsa.net/	Provides professional development and training for association members and their staff, offers networking among members, and provides policy leadership and advocacy at the state level on Head Start, Early Head Start and early childhood education.	Agencies in Oregon providing Head Start services	
Mt Hood Community College- Early Childhood Education (degree or certificate)	503-491-6422 503-491-6985 http://www.mhcc.edu/EarlyChildhood.aspx	Prepares students to work with children from birth through school age in both public and private school settings. Designed for persons of all ages and backgrounds, with special attention given to individual student needs and abilities. A two-year program leading to an associate degree is available. Graduates are trained to work in a variety of educational and child-care settings, including pre-school, child care, private kindergarten and as para-professionals in the public schools. Course work and practical work experience emphasize knowledge of normal growth and development, guidance skills with young children, and the planning and directing of activities for children which foster positive intellectual, social, emotional and physical growth and development.	Call for information.	

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OREGON ASSOCIATION FOR EDUCATION OF YOUNG CHILDREN	(503) 233-0190 (Main phone) (503) 233-0185 (FAX) http://oregonaeyc.org/	State-based professional organization for persons working with young children birth through 8 years and their families, and affiliated with National Association for Education of Young Children (NAEYC). Maintains a resource center training, reference and curriculum materials. Also offers conferences and training workshops.	Educators/childcare providers who work with children birth through 8 years and their families in Oregon.	
Portland Community College- Early Education & Family Studies	971-722-4217 http://www.pcc.edu/programs/early-ed	Provides 2-year and 4-year degrees; program designed to accommodate the part-time and full-time student. Early education courses can be used to fulfill training and education requirements for family child care providers and child care teachers in Oregon.	Call for information.	
Portland State University- Graduate School of Education	503-725-4619 http://www.pdx.edu/education/	Programs, special graduate certificates, and training/technical assistance with over 59 different possibilities for degree, certificate or specialty training. Affiliated training Centers include: Autism Training & Research Center, Research Center on Inclusive and Effective Educational Practices, Center for Healthy & Inclusive Parenting, Early Childhood Training Center, Center for Student Success and other training programs.	Open to public but prerequisites vary by program. Contact specific program for details.	
Portland State University- School of Social Work: Center for Improvement of Child & Family Services	503-725-4712 http://www.pdx.edu/ssw/continuing-education-training	Provides research, education and training to advance the delivery of services to children and families. Works with agency and community partners to promote a child serving system that protects children, respects families, and builds community capacity to address emerging needs.	Call for information.	
Portland State University- Oregon Center for Career Development in Childhood Care & Education	(877) 725-8535 503.725.8527 http://www.centerline.pdx.edu/	Provides leadership in the development and operation of integrated and statewide professional development standards and systems. OCCD promotes professional development to achieve high quality care and education for children and youth, and creates and supports training and education. Operates the Oregon Registry, which recognizes two pathways for professional development for childhood care & education providers: A degree or certificate pathway, and A college course credit or community based training pathway. The Registry provides: a structured way for people to enter into and to advance within the field; a basis for status, benefits, and incentives for professionals in the field, and promotes quality of care through learning a core body of knowledge.	Individuals working in childcare in Oregon	

Multnomah County: Early Care Education Services
Project LAUNCH Inventory of Services

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Oregon Environmental Council- Eco Healthy Childcare	585.307.7170 http://www.oeconline.org/our-work/kidshealth/ehcc	Supports child care providers in creating child care settings that are environmentally healthy. Childcare facilities qualify as "Eco-Healthy" by completing a checklist that highlights 30 steps that ensure a safe place for children. Eco-Healthy providers commit to reducing children's exposure to toxics and other environmental health hazards. Facilities that qualify receive an endorsement certificate and a poster that let parents and others know of their efforts, and demonstrates their commitment to being Eco-Healthy. Endorsed programs are also listed on their website.	Childcare providers in Oregon	
Parent Child Preschools of Oregon	(503) 293-6161 (Main phone) http://lefh.net/pcpo/	Provides technical assistance statewide to parents in locating co-op preschools in their area, aids member schools in solving management problems, assists in establishing co-op preschools, and produces a newsletter. No direct day-care service is provided. Program sponsors an annual conference for parents and teachers, and enrichment events such as plays, concerts and seminars. Preschool is predominantly for ages 3-4. There are some two-year-old and kindergarten programs available. Members are from Oregon and Washington.	Parents and preschools in Oregon	English. Bilingual interpretation by arrangement.
Education NW- Oregon Parent Information and Resource Center	1-888-877-6266 503-275-9552 http://educationnorthwest.org/orpirc	Provides resources, information, and training to parents and educators throughout Oregon to more effectively connect families and schools in ways that create success for all of Oregon's children and youth. There are 61 Parental Information and Resource Centers throughout the United States. They are funded by the U.S. Department of Education as part of the Elementary and Secondary Education Act. Provides a variety of services to both parents and educators throughout the state, including: Information about high quality family involvement programs; Face-to-face training workshops at meetings and conferences; Email and telephone technical assistance; Targeted, onsite assistance to schools; An annual Family-School Partnership Summit; Translations and revisions of resources to make them more family-friendly (in multiple languages and at various literacy levels); A wealth of materials through our Web site and e-newsletters.	Parents, educators and providers of parenting support services in Oregon	

Multnomah County: Early Care Education Services
Project LAUNCH Inventory of Services

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Morrison Child & Family Services- Parents as Teachers training for Providers	(503) 736-6514 http://www.morrisoncenter.org/parents+as+teachers.aspx	Four times per year Parents as Teachers Curriculum is taught in the state of Oregon. Spanish speaking trainers are available. The program has specific goals and objectives, including: Increase parent knowledge of early childhood development and improve parenting practices; Provide early detection of developmental delays and health issues; Prevent child abuse and neglect; Increase children's school readiness and school success.	Parent educators must be involved in a program that provides Parents as Teachers Curriculum in conjunction with their home visiting program. The agency in which the parent educators are employed must have a current Parents as Teachers implementation plan submitted at the time of registration for the next training.	

Multnomah County: Family Support and Parenting Education Services
Project LAUNCH Inventory of Services related to Early Childhood

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
A. Child Abuse Prevention- Primary Prevention				
Cares NW- CHILD ABUSE PREVENTION outreach & training (CAP)	(503) 276-9054 (Main phone) (503) 276-9010 (FAX) www.caresnw.org/	Presentations show participants some situations in which children may be at risk of harm or death. The presentations teach specific techniques to ensure children's safety and healthy development.	Available to parents or caregivers. Services also available to prevention specialists and Dept of Corrections.	English, Oregon Relay Service, Bilingual interpretation by arrangement
Listen to Kids- Families and Feelings Program and The Kids Can Program	(503) 280-1388 (Main phone) (503) 280-1392 (FAX) http://www.listentokids.org/comingsoon.html	Provides 2 school-based abuse prevention training services for children, parents and teachers. Families & Feelings: focuses on domestic violence prevention workshops for children ages 5-12 and teaches children skills and attitudes that support non-violence in relationships, emphasize their right to safety and help if they are living with violence. Parents and teachers learn how to identify abuse, talk to children about violence, and respond to disclosures. The Kids Can: focuses on child abuse prevention workshops for children ages prek- 6th grade. Addresses issues of bullying, strangers and child abuse. Children learn about their right to personal safety and help if they are living with violence. In both services, parents and teachers learn how to identify abuse, talk to children about violence, and respond to disclosures. After a presentation, children have the option to talk one-to-one with a workshop facilitator.	Children between the ages of 5-12 years old	English, Spanish
B. Early Childhood Home Visiting-Parenting Support				
Multnomah County Health Dept- EARLY CHILDHOOD SERVICES	(503) 988-3520 (Main phone) (503) 988-3674 (FAX) http://web.multco.us/health/pregnancy	Oversees 4 early childhood home visiting services: General Field Home Visiting, Healthy Birth Initiative, Healthy Start, and Nurse Family Partnership. See specific descriptions below.	First births and mothers/babies with multiple risk factors; must be residents of Multnomah County	English, Spanish, other language interpretation available by arrangement

Multnomah County: Family Support and Parenting Education Services
Project LAUNCH Inventory of Services related to Early Childhood

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Multnomah County Health Dept- General Field Home Visiting	(503) 988-3520 (Main phone) (503) 988-3674 (FAX) http://web.multco.us/health/pregnancy	Provides home visiting for women who are pregnant, breastfeeding or parenting young children. Frequency of home visits usually weekly after enrollment based on need and then less frequent over time. Participants remain in program until child is between 1 - 2 years old. Services also include development screening during home visits, childbirth classes (for pregnant women).	Pregnant women in Multnomah County; eligibility criteria include: pregnant or parenting teen; first birth; medical condition that might affect health of the baby; problems breastfeeding; child with a medical condition or disability; limited social or financial resources affecting parent's ability to care for self during pregnancy or care for infant or young child.	English, Spanish, other language interpretation available by arrangement
Multnomah County Health Dept- HEALTHY BIRTH INITIATIVE	(503) 988-3520 (Main phone) (503) 988-3674 (FAX) http://web.multco.us/health/pregnancy	Provides home visits, education, and support groups from pregnancy through the child's second year. Major focus is to involve the father or father figure in the health of the family. Purpose is to reduce disparities in perinatal health outcomes for African American and Hispanic women.	Pregnant or parenting African American and Hispanic women in NE Portland	English, Spanish, other language interpretation available by arrangement

Multnomah County: Family Support and Parenting Education Services
Project LAUNCH Inventory of Services related to Early Childhood

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Multnomah County Health Dept- HEALTHY START	(503) 988-3520 (Main phone) (503) 988-3674 (FAX) http://web.multco.us/health/pregnancy	Provides family support services to first-time parents, including: Hospital visits for first time parents and teen parents to assess needs and provide parents with information on community resources; Referral to home visit parenting services as needed for high risk families. Home visit parenting services include weekly visits for first six months and biweekly/monthly afterward for at least 1 year and up to age 3; coaches parents on child development, provides developmental screenings, and offers child abuse prevention education. Providers of home-based services are Impact NW, IRCO, and Insights Teen Parent Program.	First births, with home-based services for families at risk for child abuse, drug, alcohol or financial problems. Parents must be referred through Multnomah County Health Dept. Mothers are screened in hospitals by MCHD officials; can also self-refer by contacting MCHD.	English, Spanish, other language interpretation available by arrangement
Multnomah County Health Dept- NURSE FAMILY PARTNERSHIP	(503) 988-5183 (Main phone) http://web.multco.us/health/pregnancy	Provides an intensive two-year parenting program to first-time parents which includes frequent home visits by a nurse until child is 2 years old. Services are free of charge.	Parents must enroll prior to the 28th week of pregnancy. Families may continue in program until child is 2 years old. For parents in Multnomah County.	English, Spanish, other language interpretation available by arrangement
Hacienda CDC- PORTLAND NIÑOS	(503) 459-7504 (Intake) http://www.haciendacdc.org/programs/youth-and-family-support/early-childhood-education	Provides early childhood developmental activities with families of children ages birth to age five. Includes monthly home visits, weekly to bi-weekly parenting workshops and support groups, screening and monitoring of child's health & development, and referral to additional resources. Uses Parents as Teachers curriculum, offering Spanish-English educational materials and activities that promote physical, cognitive and emotional development.	Children from birth to age five, live in Hacienda CDC properties and/or living in Cully neighborhood of Portland. Focus on serving Latino and Somali families.	Spanish, English
Morrison Child & Family Services- LISTOS PARA APRENDER	(503) 736-6519 (Intake) http://www.morrisonkids.org/listos+para+aprender.aspx	Provides early childhood developmental activities with families of children ages birth to age five. Includes weekly - monthly home visits, monthly parenting workshops and support groups, screening and monitoring of child's health & development, and referral to additional resources. Uses Parents as Teachers curriculum, offering educational materials and activities in Spanish that promote physical, cognitive and emotional development.	Children prenatal to 3 years; focus on serving Latino families	Spanish, English

Multnomah County: Family Support and Parenting Education Services
Project LAUNCH Inventory of Services related to Early Childhood

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Multnomah County- Parent Child Development Services	http://web.multco.us/sun/parent-child-development	Provides early childhood developmental activities with families of children ages birth to age five; 7 organizations provide this service (as indicated below). Includes weekly to bi-weekly parent/child groups, monthly home visits, screening and monitoring of child's health & development, and referral to additional resources. Uses Parents as Teachers curriculum, offering materials and activities that promote physical, cognitive and emotional development. Parent/child groups take place at local elementary schools and/or community centers.	Families with children age birth through 5 years living in Multnomah County; also offers culturally specific services to families.	
Parent Child Development Services: Catholic Charities EI Program Hispano	(503) 489-6800 - Parent Child Development (Main phone) http://www.catholiccharitiesoregon.org/latino_services_family.asp	see above.	Latino families with children age birth through 5 years living in Multnomah County.	
Parent Child Development Services: Impact NW	(503) 988-6000 main line (503) 988-5961 x234 program line http://www.impactnw.org/pdds.html	see above.	Families with children age birth through 5 years living in Multnomah County.	
Parent Child Development Services: IRCO	(503) 234-1541 (Main phone) (503) 802-0082 (Main phone) http://www.ircor.org/programs/children-services/	see above.	Families with children age birth through 5 years living in Multnomah County; also offers specialized services for families that identify as Asian/Pacific Islander.	Multiple languages
Parent Child Development Services: Mt Hood Community College	(503) 492-9408 http://www.mhcc.edu/CommunityConnections.aspx?id=1026	see above.	Families with children age birth through 5 years living in E Multnomah County.	

Multnomah County: Family Support and Parenting Education Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Parent Child Development Services: NARA	(503) 224-1044 http://www.naranorthwest.org/homepage.htm	see above.	Native American/ Alaska Native families with children age birth through 5 years living in Multnomah County.	
Parent Child Development Services: Neighborhood House, Parenting Program	(971) 244-0148 (Main Phone) http://www.nhpdx.org/WhatWeDo/parentingprogram.html	see above.	Families with children age birth to 5 years living in SW Portland or North Portland	
Parent Child Development Services: SEI	(503) 249-1721 (Main phone) (503) 249-1955 (Fax) http://www.selfenhancement.org/	see above.	Families with children age birth through 5 years living in Multnomah County; also offers specialized services for families that identify as African American.	
Impact NW- SAFE AND TOGETHER	(503) 988-5961 ext: 234 http://www.impactnw.org/safe-together.html	Offers parent-child interaction groups, home visitation, foster parent support groups, father's support groups, and birth parents support groups. Also provides family and parent counseling services.	Applies only to families with foster children ages 0-5 years.	
C. Family Support/Parenting Support for Families affected by HIV				
Cascade AIDS Project- KIDS CONNECTION	(503) 278-3822 (Main phone) http://www.cascadeaids.org/KidsConnection/	Provides HIV-disclosure counseling, education materials (myths and facts of HIV), parent-child activities, guardianship planning, parental support group, social events, home visits, and medical support for families infected or affected by HIV	Children ages birth - 12 infected or affected by HIV, and their families	English, Spanish, can access translators for other languages

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
D. Family Support/Parenting Support for Justice-involved Families				
CENTER FOR FAMILY SUCCESS	(503) 286-0600 (Main phone) (503) 286-0325 (FAX) http://www.childrensjusticealliance.org/programs	Provides support services for families who need to be in compliance with supervising agencies, including links to resources, coached family time, and enhancing development of life skills and positive social networks. Offers a DHS-approved parenting program, Parenting Inside Out regularly at Rockwood site and as needed in St. Johns and other locations. Offers Healthy Relationships: Successful Families prevention program for parents with a history of unhealthy intimate partner relationships. Also provides weekly parent support groups, access to family and civic engagement events and opportunities to work with a parent advocate. Provides Pathfinder Academy at N Portland location, an alternative school for youth who are pregnant or parenting.	Services are designed for justice-involved parents and caregivers of children 18 and under. Please call for other current eligibility requirements	All programs in English. Some staff speak Spanish, please call for an update on availability of classes in Spanish.
E. Parenting Support Groups and Parent Mentoring for Parents involved with substance abuse, child welfare or criminal justice.				
Morrison Child & Family Services- PARENTS ANONYMOUS OF OREGON	(503) 258-4557 (503) 258-4200 (503) 493-2656 (FAX) http://www.morrisonkids.org/parents+anonymous_+of+oregon+_+parent+mentor+program.aspx	Delivers family-strengthening and child-abuse-prevention services to parents, including those contending with substance abuse and both the child welfare and criminal justice systems. Parents Anonymous® of Oregon offers two unique programs: Parents Anonymous® Parent Support Groups and the Parent Mentor Program.	Parents in Multnomah County	English, Spanish
F. Family Support/Parenting Support for African American families.				
Self Enhancement, Inc- YOUTH AND FAMILY SERVICES	(503) 249-1721 (Main phone) (503) 249-1955 (Fax) http://www.selfenhancement.org/	Provides outreach services to families with at-risk children, including counseling, case management, parenting classes, and referrals to outside resources. Parent coordinators work with family service staff to help a parent find housing, employment, and counseling in order to provide a safe environment for their children.	Ages 0-8	

Multnomah County: Family Support and Parenting Education Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
THE BLACK PARENT INITIATIVE	(503) 284-8000 (Main phone) (503) 502-6790 (503) 287-4126 (FAX) www.thebpi.org/	Various parenting support and educational services aimed at mobilizing Black parents to ensure their children achieve educational excellence. Provides advocacy for African American families with young children in need of early intervention/early childhood special education. Provides Parent University offering quarterly menu of classes focused on: Financial Literacy, Adult Literacy, Parental Management, Parental Engagement in Children's education, Effective Parenting, Health Literacy, Childhood and Early Education.	Black parents or parents raising Black children.	English
G. Relief Nurseries				
Children's Relief Nursery	(503) 283-4776 (Main Phone) (503) 283-0716 (FAX) http://www.crn4kids.org/	Provides early intervention, social/emotional and family support services to high-risk families, service options include: Therapeutic classroom for children; In-home family support services; Parenting classes focused on positive communication and guidance for children's behavior and emotional well being; Parent-infant class for moms with infants to age 9 months and women in their third trimester of pregnancy; Access to family support programs including counseling and emergency food; Mental health services and trauma assessments for young children; and Scheduled respite care.	Serves caregivers and children ages birth through 4 years not in state custody and women in their third trimester	English, Spanish
Volunteers of America Oregon- FAMILY RELIEF NURSERY	(503) 236-8492 (503) 235-8655 - Fax http://www.voar.org/Learn-About-our-Services/Children-and-Family-Services/Family-Relief-Nursery/default.aspx	Provides prevention-intervention program for fragile families at serious risk of abusing or neglecting their children or permanently losing custody of their children. Services provided are therapeutic preschool; respite care, intense parent training, home visits, and additional family support services.	Families with children ages 6 weeks to 5 years. Families must have at least six out of 40+ risk factors to qualify.	English, Spanish, and other language translation available.
H. Family Support Services for Families involved with Child Welfare or at risk of becoming involved with Child Welfare.				
Lifeworks NW- Family & Community Alliance	503-645-9010 http://www.lifeworksnw.org/WhoWeServe/Children.aspx	Provides short term (3 - 6 months) in-home, family support and skill building, case management and information/referral to families referred to Child Abuse Hotline in Multnomah County but not opened as cases for Child Protective Services.	Families referred to Child Abuse Hotline in Multnomah County and other referrals from DHS; call for information.	

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Oregon State DHS Children, Adults and Families- Child Abuse Hotline and Child Protective Services	<p><u>District 2 Branch offices:</u></p> <p>(971) 673-1400 (New Market)</p> <p>(971) 673-2300 (Rockwood)</p> <p>(971) 673-2100 (East)</p> <p>(971) 673-6800 (Alberta)</p> <p>(971) 673-1800 (Midtown)</p> <p>(503) 674-3610 (Gresham)</p> <p>(800) 509-5439 - Child Abuse Hotline</p> <p>(503) 731-3100 - Child Abuse Hotline</p> <p>http://www.oregon.gov/DHS/children/abuse/cps/main.shtml</p>	Provides protective services assessment, investigation of suspected medical neglect, prevention, intervention, and restorative services, substitute care (foster care), permanent foster care, adoption resources for special needs children, independent living program for youth 18-21 years of age who do not want to be emancipated, placement of HIV-AIDS children, supportive services to the family such as resource workers in the home and parent training. This program includes the Indian Child Welfare (ICWA).	Varies by service - Call for details	English, Spanish, and other language translation available.
CASA FOR CHILDREN	<p>(503) 988-5115 (Main phone)</p> <p>(503) 988-5618 (FAX)</p> <p>http://www.casahelpskids.org/</p>	Provides specially trained volunteers as juvenile court-appointed advocates for children who have been abused or neglected and are wards of the state. Volunteer advocates investigate and make recommendations to the court regarding safe and permanent homes for children. Long- and short-term volunteer opportunities are available.	Clients served are children age 0-18 who need an advocate and a voice in court. Advocates must be 21 or older. Serves Multnomah and Washington counties.	English, Spanish by arrangement

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Volunteers of America Oregon-Integrated Family Services	(no phone number provided for this service because referred via DHS) http://www.voaor.org/Learn-About-our-Services/Children-and-Family-Services/Integrated-Family-Services/default.aspx	Supports families who have been referred by the Department of Human Services (DHS) to address family problems in order to prevent the recurrence of child abuse/neglect, reduce relationship issues, and reunite families. IFS brings together the family, their support network, the DHS caseworker, and other service providers to create a plan that will meet the child's need for safety, attachment and permanency. Works with DHS to identify eligible families, conduct assessments of family functioning and recommendations for services, and provide family therapy in the home or at the most appropriate location. Family therapy services cover the full range of issues faced by families involved with child welfare. IFS Family Therapists are assigned to every DHS branch. IFS provides family therapy for up to four months, although this time frame may be extended.	Families referred by DHS/Child Welfare	
FIT for Recovery Services: Department of Human Services/Child Protective Services	503-988-3460 x.26693 or x 22288 http://fitforrecovery.com/index-2.html	Provides parents who have addiction issues and are involved in the Child Welfare system with rapid access to substance abuse treatment. Works in collaboration with Multnomah County, local alcohol & drug treatment agencies, and the DHS (Department of Human Services) Self-Sufficiency Office. Certified Drug and Alcohol Counselors and Outreach Workers are available at the Juvenile Court and all Multnomah County DHS offices. Local provider agencies include: Cascadia Behavioral Healthcare, Central City Concern, CODA, Letty Ownings Cener, LifeWorks NW, NARA, and VOA.	Families referred by DHS/Child Welfare	
In-home Safety & Reunification Services: Department of Human Services/Child Protective Services	(503) 731-3111	Provides services with families that are in need of intensive support around meeting goals related to the safety of the children in the home or strengthening family's homes in preparation for a child to return home after an out-of-home placement. ISRS works with families in their homes and the community to reach self-determined goals in a supportive and intensive manner. Providers of the services include: The Black Parent Initiative, Catholic Charities El Programa Hispano, IRCO, NARA, NAYA, Options, OrFIRST, SEI, SOVALTI, VOA	Families referred by DHS/Child Welfare	

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Volunteers of America Oregon Family Connection Parent Education	503-236-8492 (503) 236-8492 (Drop in Child Care) http://www.voao.org/Learn-About-our-Services/Children-and-Family-Services/Parenting-Program/default.aspx	Provides parent education in an interactive classroom setting to parents referred by DHS/Child Welfare. Services are designed to improve parents' ability to provide safe, nurturing and developmentally-appropriate environments for children.	Parents referred by DHS/Child Welfare	
I. Parenting Support for Foster Parents				
FOSTER PARENT COLLEGE	(800) 777-6636 (Toll free) (541) 343-6636 (Main phone) http://www.fosterparentcollege.com/index.jsp	Training and parenting classes for foster parents, kinship caregivers and those thinking of becoming foster parents. Services administered via self-directed online course work. Topics include child development, child guidance-behavior management, building relationships, communication methods, conflict resolution, child care information, and information to navigate social services and referrals.	Foster parents, kinship caregivers and adults considering becoming foster parents.	
J. Family Supporting/ Parenting Support Services for Children affected by Domestic Violence.				
Catholic Charities, EL PROGRAMA HISPANO, Parent Child Involvement Project - PORTLAND	(503) 232-4448 (503) 666-7487 (FAX Proyecto Unica Gresham) (503) 234-9074 (FAX Proyecto Unica Portland) http://www.catholiccharitiesoregon.org/latino_services_unica.asp	Domestic violence prevention and early intervention program which provides intensive, mobile intervention services to child witnesses of domestic violence and their mothers. Program works to strengthen the relationship between mothers and children while offering parenting skills-education, developmental guidance, emotional support, advocacy, and assistance in creating a safe and stable home. Offers group services and one-to-one support services.	Latino Victims of domestic violence and their children ages 0-12 years old who witnessed or were affected by the domestic violence.	Spanish, English
Listen to Kids- PARENT CHILD INVOLVEMENT PROJECT	(503) 280-1388 (Main phone) (503) 280-1392 (FAX) http://www.listentokids.org/comingsoon.html	Domestic violence prevention and early intervention program which provides intensive, mobile intervention services to child witnesses of domestic violence and their mothers. Program works to strengthen the relationship between mothers and children while offering parenting skills-education, developmental guidance, emotional support, advocacy, and assistance in creating a safe and stable home.	Victims of domestic violence and their children ages 0-12 years old who witnessed or were affected by the domestic violence.	English

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Salvation Army West Women's and Children's Shelter- Parent Child Involvement Project	503-731-3900 http://www1.usw.salvationarmy.org/usw/www_usw_cascade.nsf/vw-dynamic-arrays/EAC2813C243713B180256EF4005F2359?openDocument	Domestic violence prevention and early intervention program which provides intensive, mobile intervention services to child witnesses of domestic violence and their mothers. Program works to strengthen the relationship between mothers and children while offering parenting skills-education, developmental guidance, emotional support, advocacy, and assistance in creating a safe and stable home. Offers group services and one-to-one support services.	Victims of domestic violence and their children ages 0-12 years old who witnessed or were affected by the domestic violence.	English, Oregon Relay Service, Bilingual interpretation by arrangement
K. Support Services for Victims of Domestic Violence				
Catholic Charities El Program Hispano- PROJECT UNICA	(503) 232-4448 (Hotline) http://www.catholiccharitiesoregon.org/latino_services_unica.asp	Provides services in Spanish to survivors of domestic violence and sexual assault. Services targeting the Latina population include crisis intervention, case management and advocacy, parenting support, assistance with restraining orders and Spanish speaking support groups. In conjunction with Parent Child Involvement Project, offers general parenting and child development classes, home visits, and weekly play and activities groups for parents with children age 0-5.	Latina domestic violence and sexual assault survivors in Gresham and East Multnomah County	Spanish, English
NAYA Family Center- HEALING CIRCLE DOMESTIC VIOLENCE PROGRAM	(503) 288-8177 (Main phone) http://www.nayapdx.org/services/family-services/healing-circle.php	Provides immediate crisis intervention services, direct advocacy, case management and support groups for victims of domestic violence. Parenting and healthy relationship building classes. After hours phone number recorded on voice mail message.	Focus in on self identified Native American. However, all are welcome.	English
Volunteers of America- Home Free	Emergency Hotline: 503-771-5503 Business Line: 503-239-3929 http://www.voar.org/homefree	Provides long-term, post-crisis support designed to prevent victims from having to return to an abusive home. Services are flexible and designed with survivor to meet survivor's needs; includes: Home Visits, Kids' Groups, Safe Spaces support groups for Survivors, Parenting coaching and support, and Teen Advocacy. Advocates do outreach to enroll and support survivors at: child welfare and self-sufficiency offices, restraining order room at the Multnomah County Courthouse, Portland Police Bureau's domestic violence unit, Inverness Jail and Safety Matters, a local supervised visitation program.		

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
PORTLAND POLICE DOMESTIC VIOLENCE REDUCTION UNIT	(503) 823-0090 (Main phone) (503) 823-0078 (FAX)	Works in partnership with the domestic violence community and citizens to protect and assist survivors of domestic violence and to hold batterers accountable. Victim advocates and police officers work together to review and select cases, make contacts with abuse survivors, conduct detailed interviews, assess enforcement options, and offer advocacy services.	Adults, youth, children affected by domestic violence	
Bradley-Angle House	(503) 232-1528 (Administration) (503) 232-7805 (Community Education-Support Groups) (503) 595-9591 (Healing Roots Center) www.bradleyangle.org/	Services for mothers and children and single women affected by domestic and sexual violence. Transgender-friendly. Services include 24-hour crisis hotline, children's programs, transitional services and housing (up to six weeks of emergency shelter), domestic violence support groups, limited meals, public education, community outreach and support groups. Also offers two culturally-specific programs: --Healing Roots Center for African and African-American survivors and observers of domestic violence. Includes drop-in referral program that connects women and their children to services such as temporary and long-term housing, transitional housing and related services, case management and culturally-specific support groups & services, mental health and addiction services. --LGBTQ services include an all-gender support group, and advocacy for individuals.	Women victims of domestic violence, both single female-identified persons and female-identified persons with children (boys up to age 11 and girls up to age 18). Serves primarily 4 County area, but women anywhere in Oregon can receive services.	
Raphael House	(503) 222-6507 (Main phone) (503) 222-6222 (Hotline) (503) 222-4754 (FAX) www.raphaelhouse.org/	Provides services to women and children escaping domestic violence, and on occasion can serve male survivors. Crisis intervention services include emergency shelter, 24-hour crisis line, advocacy, children's programs and support groups. Self-sufficiency programming includes transitional housing and advocacy, information and referral and life skills training. Provides community education and educational materials.	Primarily women, children, and on occasion male survivors of domestic violence	English, Spanish, phone interpretation available
Salvation Army West Women's and Children's Shelter	503-731-3900 http://www1.usw.salvationarmy.org/usw/www_usw_cascade.nsf/vw-dynamic-arrays/EAC2813C243713B180256EF4005F2359?openDocument	Provides services to women and children escaping domestic violence. Crisis intervention services include emergency shelter, 24-hour crisis line, advocacy, children's programs and support groups. Self-sufficiency programming includes transitional housing and advocacy, information and referral and life skills training. Provides community education and educational materials.	Women survivors of domestic violence and their children.	

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
YWCA-YOLANDA HOUSE	(503) 535-3269 - Crisis Line (Main Phone) (503) 977-7828 (Fax) https://www.ywca-pdx.org/dv_about_yolanda_house.html	Emergency shelter for survivors of domestic violence (single or with children), with limited space available for homeless women (single or with children). To access emergency shelter call the 24-hour crisis line. Domestic violence and parenting support groups, advocacy and counseling for residents . Emergency supplies available to residents. Primary Advocate for children. Referrals to outside agencies available to residents and crisis line callers. Clean and Sober facility.	Shelter is for survivors of domestic violence (single or with children) with limited space available for homeless women (single or with children).	English, limited Spanish, interpretation by arrangement
Insights Teen Parent Program-CHRISTINA PROJECT	(503) 239-6996 (Main phone) http://www.insightstpp.org/programs.html	Serves pregnant and parenting teens who are in intimate relationships in which they do not feel safe or which are harmful emotionally or physically. Provides case management, support group, access to emergency services such as shelters, assistance in receiving victim's assistance and-or restraining orders. Offers teen domestic violence support group that provides child care and transportation while a parent attends meetings.	Pregnant or parenting teen 21 years or under, resident of Multnomah County	English, Bilingual interpretation by arrangement
L. General Family-Serving Agencies with Range of programming for Families				
Asian Health and Service Center	(503) 872-8822 (Main phone) (503) 872-8825 (FAX) www.ahscpdx.org/	Provides community and Senior Services include ESL classes, recreation and cultural activities, employment information, consultation and volunteer opportunities. Offers public health services including women's health promotion project, emergency preparedness and family caregiver program. Family and Youth Services include preschool immersion program. Mental Health and Addiction Treatment Services are assessment and screening, individual, family and group therapy, and case management. Provides Mental Health through culturally- competent and linguistically-appropriate program.	Vary by service; call for details	Cantonese, Mandarin Chinese, Korean, Taiwanese, and English.
EL PROGRAMA HISPANO-GRESHAM	(503) 669-8350 www.catholiccharitiesoregon.org/services_latino_services.asp	Provides information and referral to the Hispanic community and a comprehensive array of social and mental health services to low-income Latino families. Services include case management to clients needing assistance with housing and utilities, citizenship and literacy classes, bilingual and bicultural mental health and addiction services, a school-based youth services program, elder outreach, parents' child development services, services for gang-affected youth and Project Unica domestic violence support services and sexual assault hotline.	Serves the Hispanic community in Multnomah County.	English, Spanish

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
IMPACT NORTHWEST-DANCING TREE FAMILY CENTER	(503) 988-6000 (Dancing Tree Family Center) (503) 988-6099 (FAX) http://www.impactnw.org/contact.html	Provides a variety of services to assist people facing financial hardships, including: Homeless Family services include transitional housing, rent assistance, Ready to Rent and Fresh Start; services for families and individuals include the Energy Assistance Program, Info & Referral, Community Basket (4th Friday of each month); free public phone and computers; and clothing closet open by appointment on Mondays and Tuesdays from 9:30am-11am. On-site staff for connecting school age youth & their families with educational and family support services and for supporting early childhood development (Parent Child Development Services).	Focus on residents of outer Northeast and Southeast Portland with Open Door Policy for residents of Multnomah County including families, seniors, and adults with disabilities. Also offers specialized support for Russian and Eastern European population of Multnomah County.	English, Spanish, Russian, Czech, Mandarin
IRCO- Asian Family Center (general info)	(503) 235-9396 (Main phone) (503) 235-0341 (Fax) http://www.ircor.org/programs/community-development/asian-family-center-afc/	Provides multilingual- multicultural, community-based services such as early childhood development services, parent education and support, youth services, anti-poverty assistance and health education programs. Rental and energy assistance available to all eligible persons in Multnomah County.	Varies by type of service; call for details.	
Jewish Family and Child Services	(503) 226-7079 (Main Phone) www.jfcs-portland.org/	Offers individual, couple, family, child-adolescent and group counseling, parent coaching and parenting workshops; Emergency assistance for individuals and families, information and referral, case management and job search support groups and workshops; Specialized support services to help seniors (including Holocaust survivors and Russian speakers). Other services include case management, social-recreational activities, family consultations, advocacy, information and referral and home care services. Support for individuals and families who have children with disabilities. Services include family support groups, social-recreational activities, home care and professional consultations.	No restrictions	English, Russian-speaking staff available

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Metropolitan Family Services	(503) 232-0007 (Main phone) (503) 232-9178 (FAX) www.metfamily.org/	Offers range of services to families including: parenting education courses using Making Parenting a Pleasure and Guiding Good Choices curriculum; small financial assistance loans to working families to afford emergency car repair/purchase & childcare; after school literacy program for school age children and health education resources for families, and SUN community school services.	Tri-county (Multnomah, Clackamas and Washington County) residency required for all programs, children: birth to 21 years	Spanish interpretation
NATIVE AMERICAN YOUTH AND FAMILY CENTER	(503) 288-8177 (Main phone) www.nayapdx.org/	Provides comprehensive family support, youth enrichment cultural preservation, case management and advocacy services. Range of supports includes domestic violence prevention/advocacy and group support; referral for drug and alcohol use and gang involvement; advocacy and case management to for foster youth and families; emancipation services for youth transitioning to independent living; parenting support groups and Positive Indian Parenting classes, youth cultura and recreation after school activities; and clothes closet.	Self identified Native American/Alaska Native families and children living in Multnomah County	English
Northwest Family Services	(503) 546-6377 (Main phone) http://www.lastingrelationships.org/en/programs.html	Provides a wide range of services to individuals and families, including individual, couple, and family counseling, educational seminars and classes. Supports youth with skill-building for healthy decision-making focused on abstaining from sex, drugs, alcohol and violence, setting educational and career goals, and establishing and maintaining healthy relationships. Also provides job development, parenting education, and application assistance to Oregon Healthy Kids.	Schedule and location for classes and seminars in parenting varies; call for details.	
OREGON KOREAN COMMUNITY CENTER	(503) 641-7887 (Main phone)	Provides translation and interpretation, information & referral, education with ESL and citizenship classes, free health screenings, senior programs and some youth programs.	No restrictions	English/Korean bilingual staff

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Self Enhancement, Inc.- COMMUNITY AND FAMILY PROGRAMS	(503) 285-0493 (Main phone) (503) 240-0828 (Energy Assistance Message Line) www.selfenhancement.org/	Energy and rental assistance for all of Multnomah County. Case management, self-sufficiency planning, life skill development and transitional housing. Information and referral to other services in North Portland area. Provides culturally-specific services to African-Americans, including domestic violence support group, parenting classes, and family enhancement group and counseling. Advocates for children with families in the DHS system.	Restrictions vary by service.	
Mult Co Dept of Human Services- SUN COMMUNITY SCHOOLS PROGRAM	(503) 988-6295 (Main phone) (503) 988-3710 (FAX) http://web.multco.us/sun/sun-community-schools	Provides Schools Uniting Neighborhoods (SUN) Community Schools as collaboration between nonprofit's, government agencies and schools in the Centennial, David Douglas, Gresham-Barlow, Parkrose, Portland Public, and Reynolds School Districts. Develops schools to serve as "community centers" in their neighborhoods. Currently, 60 SUN Community Schools across the six school districts. Primary activities include: Academic Support & Skill Development for Youth, Early Childhood Programs, Parent-Family Involvement and Education, Anti-Poverty resources, Health Mental Health & Addiction Service Access, and Information & Referral. Providers of SUN Community Schools include: Campfire USA Portland Metro Council, Impact NW, IRCO, Metropolitan Family Services, Neighborhood House, and SEI Inc.	Children and families in Multnomah County	English, Interpretation by appointment
M. General-Community Parenting Education Classes and Parenting Support Groups				
Café Au Play	http://www.cafeauplay.org/	A local coffeehouse providing parent-friendly environment where adults and children can gather on a daily basis, develop lasting relationships and exchange resources. Connects families to services and support networks, including weekly new parent support groups.	Open to public	English
East County Organization for Birth & Families	http://www.eco4bf.com/eco4bf.html	Network of health practitioners and educators in East Multnomah County focusing on women's health, family medicine, chiropractic care, birth education, adolescent/individual/couple's counseling, and physical well being. Offers speakers series at Gresham Library on related topics. See website for schedule and details.	No restriction	
Kaiser Permanente- Childbirth classes	https://members.kaiserpermanente.org/kpweb/classes/entrypage.do	Offers childbirth preparation courses and other health & wellness classes.	Kaiser Permanente Members	

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Kids Need Both Parents	503-224-9477 www.kidsneedbothparents.org/	Fosters family relationships (attachment building, positive parent-child interaction, constructive discipline, etc.). Works to improve communication methods & conflict resolution. Assists parents with mutual cooperation, respect and also provides domestic violence counseling. Services are provided through support groups, warm lines, community presentations, written materials, web-based services, newsletters, and also participates in a radio show with Portland State KPSU and a cable TV show with Portland Community Media.	Primarily focuses on divorced parents and parents undergoing a separation.	
Legacy Emanuel- Parenting Classes	http://www.legacyhealth.org/class_events_tpl.cfm?id=1031	Offers a range of parenting classes and support groups from childbirth and new parents to school age and teen challenges/behaviors, also classes on child safety seats, injury prevention, helmet safety, and more. Class topics and offerings, group schedule vary by season and location. Catalog of offerings published 3 times per year. Fees charged for some classes/groups.	Open to public; call for registration requirements and fees.	
Metropolitan Family Services- PARENT EDUCATION	(503) 232-0007 ext: 250 www.metfamily.org/parent_education.htm	Provides weekly Make Parenting A Pleasure and Guiding Good Choices–strengthen families and build childrens' success through a research-based approach to parent education and support. Schedule and location vary.	Parents with children birth to fourteen; call for details on schedule and location	English, Spanish, Interpretation or signing by arrangement
Moms Club of Gresham	503-666-2581 www.facebook.com/group.php?gid=34139913479	Offers weekly playgroups, monthly meetings quest speakers, monthly field trips, moms night out, Holiday parties, Book club, cooking club, gardening club, Moms of muffins, fund raising for local charities, and monthly coffee breaks. Fosters child development and family relationships (attachment building, positive parent-child interaction, constructive discipline, etc.). Provides information on health and nutrition. Most information is determined by the input and interests of members.	Open to Moms only.	

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Mother & Child Education Center	(503) 249-5801 - 24 hours (Main Phone) (503) 853-4673 - Russian - 24 Hours (Other) (503) 913-9360 - Spanish - 24 Hours (Other) www.motherandchild-edu.org/	24-hour Pregnancy-Parenting Help Lines. Free pregnancy testing. Info-referrals for pregnant women and mothers with infants. Emergency clothing and supplies for newborn-size 4T. Call ahead to check what clothing or supplies are available. Monthly open house: second Saturday of the month to meet other mothers, choose infant and toddler clothes. Activities and supervision for children are provided. Ongoing classes & workshops: breastfeeding, childbirth prep, Love & Logic parenting.	No restrictions on income or residence; no ID required	
Parent Support Center Incorporated	(503) 796-9665 - Voice Mail Box (Main phone) http://www.parentsupportcenter.org/	Parenting classes and workshops. Five- and six-week classes and seminars for parents and teachers based on Taking Charge: Caring Discipline That Works at Home and at School, by JoAnne Nordling. Classes offered at various locations in Portland and Eugene. Quarterly schedule.	Parents, teachers, and professionals working with children	
Portland Green Parenting	503.206.5766 portlandgreenparenting.com	Provides health and nutrition education, fosters family relationships (attachment building, positive parent-child interaction, constructive discipline, etc.). Connects growing families who want to live sustainability and in community. Also offers a food co-op that accepts food stamps. Services include workshops on various topics, multi-session group classes, parent-child classes, parent support groups, and family fun activities. Also offers a web site, written materials and a newsletter.	No age group restrictions, but most parents have kids under age 10; focuses on those parents who want to make more selective choices regarding healthy, organic and direct food; and families who have food sensitivities.	
Providence- HEALTH AND EDUCATION	(503) 216-5641 (Class hotline) (503) 574-6595 (Main phone) https://weblink.providence.org/weblink/clSc.do	Provides a variety of health education classes including: Childbirth Preparation, Newborn Care, Breastfeeding, New Mom's Support Group, Parenting Classes (toddler, teen and children with special needs), and other classes & support groups for other wellness topics. Schedule and topics vary by season and location. Fees charged for most services.	Not applicable	Interpretation or signing by arrangement

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
SW Washington Medical Center- YOUR BABY YOUR WAY	(360) 514-2229 (Main phone) http://www.swmedicalcenter.org/body.cfm?id=3808	Classes include Labor & Birth, Breastfeeding & Baby Care, Small Steps for a Healthy Family, Breastfeeding & New Dad Workshop, Lasting Relationships Partner Counseling for Expectant Parents, Teen Labor & Birth, Networking, tea and education workshops for expectant mothers.	Open to public (clinic in SW Washington but residents of Oregon can enroll); schedule and fees vary. Call for details.	
Zenena Spa	503.238.6262 http://www.zenana-spa.com/	Provides spa and wellness center with a focus on pregnant and parenting families. Offers a variety of spa and wellness services as well as lactation consultations, prenatal education and parenting/relationship/family classes, support groups, childcare and a boutique offering unique mom and baby products. Lactation services includes support groups, drop-in clinic, breast milk donation depot and more. Call or see website for details.	Open to the public; fee for service.	
N. General Community On-line/Media Resources for Parenting Education, Parenting Support, Family Activities				
Metro Parent Magazine	http://www.metro-parent.com/	Free monthly publication that aims to provide local parents with the most relevant and useful information possible to assist them in raising their children in the Portland metropolitan area. Also offers online and printed calendar of family activities and parenting education classes, lectures and events.	Not applicable	
NW Kids		Free monthly magazine that provides comprehensive resource guide to family-friendly events and kids activities in the Portland, Oregon metro area. Offers useful information, resource lists, partners with local businesses and service providers to help families get what they need, find deals, and have fun.	Not applicable	
Parenting Unplugged	http://www.parentingunpluggedradio.com/	Online audio program (radio station) for parents providing resources to parents, led by a husband/wife team. Topics vary and hosts feature guest with different perspectives and training to offer parenting tips and discuss parenting experiences. Live every Monday, Tuesday, and Friday 11am PST.	Not applicable	

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Red Tricycle, Portland	http://www.redtri.com/portland	Website featuring Portland area entertainment, playtime, recreation ideas and calendar for kids, and offers other parenting tips for travel, food, activities, local news and connections to classes and support groups.	Not applicable	
Urban Mamas	http://www.urbanmamas.com/	Portland-based blog led by group of mothers and featuring message board for variety of parenting/mothering topics including childcare, education, community, and activities calendar and more.	Not applicable	
O. Family Court and other family-related Legal Services				
LEGAL AID SERVICES-CHILD SUPPORT HELPLINE	(800) 383-1222 (Main phone) http://www.lawhelp.org/program/694/index.cfm	Provides a Helpline with advocates to answer questions about child support and paternity establishment, modification, enforcement, accounting and distribution of child support and locating non-supporting parent. Advocates will also provide legal representation in appropriate cases. Representation is limited to cases involving actions taken by Oregon's Child Support Program.	Low income	
Multnomah County Department of Community Justice- FAMILY COURT SERVICES	(503) 988-3189 - Information and Appointments (Main phone) (503) 988-3232 (FAX) web.multco.us/dcj/fcs	Family Court Services is a social service agency that is administered by the Department of Community Justice Juvenile Services Division and is affiliated with the Domestic Relations Court. Mental health staff provide a variety of direct services to families: Conciliation and family counseling; Mediation-Assistance with planning custody or visitation with minor children; Evaluations-A written professional opinion concerning custody and parenting time is developed by the completion of the evaluation; Parental Access and Visitation (PAV) Mediation Program between safe non-custodial parents and their children; Parent Education- Offers a three-hour class that presents information concerning legal issues, child development, conflict resolution strategies and community resources. The class is mandatory for those who have a domestic relations matter pending before the court.	Parents of children under the age of 18, who have issues before the Court; free of charge for most services. Call for details.	Interpretation by arrangement

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Multnomah County District Attorney- SUPPORT ENFORCEMENT DIVISION	(503) 988-3162 - Reception (Main Phone) http://mcda.us/child_support_enforcement.php	Provides assistance in completing necessary forms to modify a support order, file for payment from non custodial parent, answer questions about support enforcement questions or can provide help through a website. This office represents the interests of the State of Oregon, does not represent either party and does not provide legal advice.	Not applicable	
St Andrew Legal Clinic	(503) 281-1500 (Main phone) (503) 282-5642 (FAX) www.salcgroup.org/	Provides legal representation and advice for people with family law problems such as adoption, custody, divorce, support, paternity, and visitation in Multnomah County.	Low income (if there is no income, refer to Legal Aid)	English, Spanish (after 11am)
State of Oregon Department of Justice- DIVISION OF CHILD SUPPORT	(800) 850-0228 (Toll free) (503) 986-6166 (Main phone) (503) 986-6158 (FAX) www.doj.state.or.us/dcs/index.shtml	Provides child support services for families who have or are receiving public assistance (cash or medical), or if a child is in foster or juvenile care, or for cases that have past due support owed to the state. Clients can call to find their case manager or to register complaints about their case manager and-or branch office. District Attorney (DA) offices provide child support services for families who have never received public assistance.	Not applicable	English, Interpretation or signing by arrangement
Child Centered Solutions- COMMUNITY EDUCATION	(503) 546-6383 (Main phone) (503) 517-3788 (FAX) www.childcenteredsolutions.org/	Provides informational resources and service referrals through its website as well as direct services from its office to families and professionals addressing issues and conflicts around divorce.	No restriction	

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Resolutions NW- FAMILY MEDIATION	(503) 595-4890 (Main phone) (503) 595-4891 (FAX) www.resolutionsnorthwest.org/family_mediation	Works with families to move through difficult conversations and address conflict in meaningful and productive ways. Cases addressed can include: Youth and family issues and conflict; Elder care issues and conflict; Adult sibling issues and conflict; and Couples issues and conflicts. Uses trained family mediators who are coached and mentored by our staff of professional mediators. For family mediations where one of the parties is a youth, RNW uses a mediation team made up of one adult mediator and one trained youth mediator.		English, Spanish
P. Public Food Assistance Programs and Other Public Low-income Assistance				
Multnomah County Health Dept- Women, Infants, Children (WIC)	(503) 988-3503 (Main phone) (503) 988-6984 (FAX) http://web.multco.us/health/wic	Provides federal public health nutrition program designed to improve health outcomes and influence lifetime nutrition and health behaviors in a targeted, at-risk population. WIC provides: Nutrition education (individual counseling and group classes); Breastfeeding promotion, support and breast pumps (in specific circumstances). Monthly vouchers for supplemental, specifically prescribed nutritious foods. Information and referral to other health programs like immunization and social service programs.	Applicants must meet four criteria to be eligible for WIC: Live in Oregon, Be a pregnant, postpartum or breastfeeding woman, an infant or a child under 5 years old, Have a household income less than 185% of poverty guidelines, Have a nutritional need or risk.	Spanish, Russian, Vietnamese, Chinese. Interpreters are available on request for other languages.

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Oregon STATE-SUMMER FOOD SERVICE PROGRAM	(503) 947-5911 (Main Phone) http://www.summerfoodoregon.org/index.php?locCounty=Multnomah&Submit=GO	Provides free, nutritious meals and snacks to help children in low-income areas get the nutrition they need throughout the summer months. SFSP is run by approved sponsors, including school districts, local government agencies, camps, or private nonprofit organizations. Sponsors provide up to 2 free meals per day to a group of children at a central site, such as a school or a community center. To find a local summer food site, call 1-800-SAFENET (723-3638) or go to: www.summerfoodoregon.org	Children ages 1-18 years	English
Oregon State DHS Children, Adults and Families- Metro & NE Processing Centers	(971) 673-2422 (Main phone) (971) 673-2422 Metro Processing Center (Main phone) (971) 673-2333 NE Processing Center (Main phone) (971) 673-2417 (FAX) Metro Processing (971) 673-2303 (FAX) NE Processing	This is a processing facility for ongoing SNAP (food stamp) benefits and some combinations including ongoing medical benefits.	Varies by service - Call for details	English, Spanish, and other language translation available
Oregon State DHS Children, Adults and Families- Self Sufficiency	(971) 673-5722 NE Self Sufficiency (971) 673-1400 New Market (971) 673-2550 SE Branch (971) 673-5500 St. Johns (971) 673-6900 Alberta and Integrated Services (971) 673-0909 Maywood (971) 673-2552 Teen Parent Services (503) 491-1979 Gresham http://www.oregon.gov/DHS/assistance/localoffices.shtml	Provides public assistance/self sufficiency services via 7 branch office sites; services include: TANF (temporary assistance to needy families), SNAP (food stamps), employment related day care (ERDC), the JOBS program (job opportunity and basic skills), applications for the Oregon Health Plan (OHP), and domestic violence related grants.	Varies by service - Call for details	English, Spanish, and other language translation available

Q. Specialized Family Support Services and Parenting Support Groups for Children with Disabilities or Chronic Medical Conditions

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
ARC of Multnomah-Clackamas	503-223-7279 (503) 777-4736 - Donation pickup www.thearcmult.org	Provides advocacy and various services for children and adults with developmental disabilities, including: adult and family case coordination; in-home and center-based respite care; guardianship and future planning advice; skills training; Recreation Club; information and referral and public education.	Persons with developmental disabilities and their families	English
Healing Winds Riding Center	(360) 254-5387 (Main phone) (360) 944-9969 (FAX) www.healingwinds.org	Healing Winds Therapeutic Riding Center, Incorporated-Crosswinds Stables teaches special-needs and non-special-needs children and adults how to ride horses. Provides an outlet of freedom for special-needs children and adults. Also offers lessons to non-special-needs children and adults.	No restriction	English
Multnomah County Department of Human Services- DEVELOPMENTAL DISABILITY DIVISION	(503) 988-3658 (Main phone) (503) 988-3648 (FAX) (503) 988-3598 (TTY-TTD) web.multco.us/dd	Assists individuals with developmental disabilities in identifying, accessing, coordinating and assuring the delivery of available services and resources.	Multnomah County residents with suspected-diagnosed developmental disabilities	English, Bilingual interpretation by arrangement
Providence Child Center-JEAN BATON SWINDELLS RESOURCE CENTER FOR CHILDREN AND FAMILIES	(503) 215-2429 (Main phone) (800) 833-8899 ext: 52429 (Toll free) (503) 215-0660 (FAX) http://www.providence.org/oregon/programs_and_services/childcenter/e15swindells.htm	Connects families of children with disabilities to the resources, information and training they need and works in partnership with other organizations across Oregon to connect families. Provides information on educational, recreational, therapies and other day-to-day issues for families of children with disabilities.	Parents, families, caregivers of children with disabilities	English and Spanish, other languages by arrangement

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Family and Community Together (FACT)	888-988-FACT (3228) www.factoregon.org	Provides a coalition of family-driven organizations and individuals focused on issues of importance to people with disabilities and their families in the state of Oregon. Create opportunities for collaboration among member organizations, reduce duplication of efforts and services, and share and disseminate information among member organizations, families and the public. Provides FACT Family Center to promote: Strength-based parenting approaches, Connecting families to existing supports, Increasing community capacity to better support children and families with disabilities, and Reducing the isolation experienced by many families. Offers through workshops and events, mini-grants, person-center planning, Harvest Festival, and e-newsletter.	People with disabilities and their families	
Oregon Parent Training and Information Center	(888) 891-6784 - Special Education Help Line (888) 505-2673 - Toll free in State www.orpti.org/	ORPTI provides programs to families with disabled children and young adults with disabilities throughout the state, including workshops, information and referral, technical assistance, individual-group advocacy and problem solving, support groups, parent-family peer counseling, a volunteer program, and lending library.	Parent of a child with any disability ages birth-21	English and some Spanish and Russian materials
American Diabetes Association- Oregon FAMILY CONNECTIONS	(503) 736-2770 (Main phone) (888) 342-2383 (Toll free) (503) 736-2774 (FAX)	Provides trained Family Mentors for families of children with Type 1 diabetes who are either newly diagnosed or needing support; School training services; Education and networking for parents and children with diabetes; Parent e-newsletter and other publications.	Families who have children with diabetes	English, Spanish
AUTISM SOCIETY OF OREGON	(503) 636-1676 (Main phone) (888) 288-4761 (TTY-TTD) (503) 636-1696 (FAX) www.oregonautism.com/	Provides statewide information and resource network, presentations and workshops on various subjects related to autism; sponsors support groups and provides some limited respite care services.	Not applicable	English
CHADD-PORTLAND METRO #246	(503) 294-9504 (Voicemail-Information) (800) 233-4050 (Toll free) http://www.chadd.net/template.cfm?affid=246&p=about	Support network for parents who have a child with attention deficit disorder and adults with ADD. Meetings feature professional presenters. Publishes bimonthly newsletter. Website includes information about diagnosis, treatment and options. Medical referrals list. Also conducts a monthly parent support group.	Have a family member with ADD or ADHD, mainly for parents.	English, Bilingual interpretation by arrangement

Multnomah County: Family Support and Parenting Education Services
Project LAUNCH Inventory of Services related to Early Childhood

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
MARCH OF DIMES	(503) 222-9434 (Main phone) www.marchofdimes.com/oregon/oregon.asp	Provides education materials regarding prevention and treatment of birth defects, prenatal care, genetics information and information regarding pre-term birth.	Not applicable	English, Spanish
Muscular Dystrophy Association	(503) 223-3177 (Main phone) http://www.mda.org/local/?postalcode=97204&submit=find	Provides financial assistance for the repair of durable medical equipment, provides support groups, summer camps (ages 6-17), and a clinic at Oregon Health Sciences University and Shriners Hospital to anyone who has one of the 43 diseases covered. Includes Myasthenia Gravis, Duchenne Muscular Dystrophy, Spinal Muscular Atrophy, ALS (Amyotrophic Lateral Sclerosis).	No restrictions. Physician referral required for clinic.	English, Bilingual interpretation and signing by arrangement
National Multiple Sclerosis Society of Oregon	(503) 223-9511 (Chapter Information) (800) 344-4867 (Main phone) (503) 223-2912 (FAX) www.msoregon.org/	Provides up to \$350 per year to assist individuals with Multiple Sclerosis with the purchase of equipment, supplies, and short term needs. Funds may be used for transportation, home and vehicle modifications, the purchase of air conditioning and cooling systems, physical therapy evaluations, respite care, rent, utility, and medical bills. Also provides a short term loan closet which offers wheelchairs, walkers, and transfer chairs.	Services are offered on a case by case basis, call for more information.	
NORTHWEST RETT SYNDROME FOUNDATION	(888) 326-2185 (Main phone) (253) 573-1966 (FAX) www.nwrettsyndrome.org/	Assists parents with the special needs of Rett Syndrome children. Provides newsletter, a listing of area resources, hosts an annual conference, sustains parent-to-parent network, and offers a equipment loan bank. Keeps updated information about current and alternative therapies. Assists Oregon, Washington, Alaska, British Columbia, Canada, and Idaho parents.	Parents of children with Rett Syndrome, adults with Rett Syndrome, extended family members (grandparents) and treating professionals	English
NW Down Syndrome Association- All Born (In)	(503) 238-0522 http://www.nwdsa.org/index.php/all-born-in/	Provides community, resources, and advocacy for families of children with Down Syndrome; offers support groups & playgroups, annual conference, mini-grants to parent-led projects, legislative advocacy, youth board, and training & outreach, and newsletter.	Families of children with Down Syndrome and allies	
TOURETTE SYNDROME ASSOCIATION WA/OR CHAPTER	(206) 621-2108 (Main Phone) www.tourette.net/wa/SupportGroups.htm	Regional chapter of the national organization for TSA, providing information, support groups, lending library, database of services available to individuals with TS, physician referral lists, and free informational brochures. Online group for people affected by TS. Check website or call for schedule of support group meetings.	Persons with Tourette Syndrome and their families	English

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
UNITED CEREBRAL PALSY - FAMILY SUPPORT	(503) 777-4166 (Main phone) (800) 473-4581 (Toll free) (503) 777-8048 (FAX) www.acommunityforeveryone.org	Sponsors a variety of support groups and special events throughout the year. Family events include picnics, zoo outings, special workshops and an annual conference. Sponsors "Gimme a Break Support Group" for parents raising a child with a disability. Extensive information and referral database.	Families and children under age 21 dealing with Cerebral Palsy	English
FASCETS, Inc. (Fetal Alcohol Syndrome Consultation, Education and Training Services)	(503) 621-1271 (Main Phone) http://www.fascets.org/	Provides information, training, consultation, technical assistance and program development for individuals, families, and community partners (including educators, mental health clinicians, social services and treatment providers).	No restrictions	
R. Support Services and Parenting Education & Support Groups for Teen Parents				
GRANDMA'S HOUSE	(541) 383-3515 (Main phone) (541) 382-1267 (FAX)	Faith-based, non-denominational home and outreach to homeless and-or abused, pregnant, or parenting teen mothers ages 12-19. Provides safe, stable shelter 24 hours per day - 7 days per week, 365 days per year. Offers counseling, case management, and educational opportunities. Workshop topics include childbirth, life skills, and parenting skills. Diapers available to the public depending upon supply; cannot guarantee diapers in certain sizes at any given time - call to determine availability.	Female, pregnant or parenting (including infants); between ages 12-19 years.	English; interpretation by arrangement

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
INSIGHTS TEEN PARENT PROGRAM	(503) 239-6996 (Main phone) (503) 239-6040 (Fax) www.insightstpp.org	Provides specialized services for teen parents including: Parent education and support for young mothers and fathers; Networking and peer support; School advocacy; Transitional housing and short term rental assistance; Emergency assistance for food, diapers, clothing and personal supplies; Domestic violence safety planning and harm reduction services; Healthy relationship and sexuality education; Family planning and birth control support and education; Resource and referral; Child welfare advocacy services.	For all services with the exception of rent assistance; Males and females 19 years of age and under who are parents. Rent assistance is provided only to teen parent or pregnant teen age 22 and under who is head of household.	
Insights Teen Parent Program-SEEDS	(503) 239-6996 (Main phone) (503) 239-6040 (Fax) www.insightstpp.org	Provides weekly case management, monthly home visits, child check-ups and developmental/health screenings, field trips and play groups. For parents under 21 living within the city of Portland.	Young children, especially of teen parents, and their families; must be city of Portland resident.	English, Spanish
Orphans Overseas	(503) 699-6167 (Main phone) (800) 509-1360 (Hotline) www.orphansoverseas.org/	Provides residences for single women with unplanned pregnancies, ages 18-24, to live up to 6 months after giving birth. Program is open to both women who intend to keep their baby or place the child for adoption. Program provides housing, educational opportunities, counseling, mentoring, and round-trip transportation from anywhere in the U.S. to women who are accepted to the program. Minors and women over the target age group can be accepted on a case-by-case basis.	Single women only, proof of pregnancy. Ages 18-24 preferred, minors and women above target age are considered on a case-by-case basis	
WHITE SHIELD CENTER	(503) 239-1248 (Main phone) (503) 239-1252 (FAX) http://www1.usw.salvationarmy.org/usw/www_usw_cascade.nsf/vw-dynamic-arrays/ECD2E521B139096D80256EF5006F6CEA?openDocument	Offer 3 distinct services: *Wildflowers: secure shelter for up to 9 high run risk female adolescents between the ages of 12-18 who are in DHS custody. Provides a safe and secure environment to foster stability, assess future needs and develop skills for success in future placements; *Parenting Program: long term residential treatment program for 18 pregnant or parenting teens and their children. Clients are supported to develop life skills such as problem-solving techniques, academic or vocational training and parenting skills; *Early Intervention Center: state-licensed day care for the children of the Parenting Program mothers.	Adolescent girls who are pregnant or parenting and who are in DHS or OYA custody for Parenting and Early Intervention Programs. High risk girls between ages 12-18 who are in DHS custody.	English

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Centennial High School -TEEN PARENT PROGRAM	(503) 762-6181 - Teen Parent Program (Main Phone) http://www.centennial.k12.or.us/ss/teen_parent.php	Assists pregnant and parenting teens to succeed in school. Provides placement in an educational environment, parenting education, support groups, case management and visits from nurses. Assistance with job skills and placement, childcare, transportation and home tutoring during maternity leave.	Pregnant and-or parenting teens who live in Centennial School District and are enrolled or willing to enroll as a full or half time student	English, Spanish
GRESHAM HIGH SCHOOL-Teen Parent Program and CHILD DEVELOPMENT CENTER	(503) 674-5537 (Main phone) http://child-development-center.ghs.gresham.k12.or.us/modules/groups/integrated_home.phtml?&gid=2142416&sessionid=&__utma=1.493727651.1299646830.1299646830.1299646830.1.1.utmcsr=%3Dgoogle%7Cutmccn%3D%28organic%29%7Cutmcm%3Dorganic%7Cutmctr%3Dgresham+high+school+child+development+center	Parenting and support services for teen parents, primarily enrolled at Gresham HS. Operates childcare for infants 6 weeks to children 5 years for teen parents; provides teen parents, and other students, experiential learning opportunities that emphasize positive care giving and parenting skills for infants, toddlers, and preschool age children. Offers Teen Parenting Seminar and Teen Parent Supervision classes. Teen parents must enter into a contract to maintain 80% overall attendance and make academic progress in order to receive services and cost-free childcare for their child.	Teen parents in the Gresham-Barlow SD.	
PATHFINDER ACADEMY	(503) 307-2270 (Main phone) (503) 286-0325 (FAX) www.pathfindersoforegon.org/.../pathfinder_academy.shtml	Alternative high school for youth who are pregnant or parenting. Individual learning plan toward certificate of initial mastery or GED. Focus on social skills such as parenting team building, problem solving and communication. On-site case management. Classes are held on Monday-Friday from 10am-3pm (program located in St Johns area of Portland). Other supportive services include childcare, college entry assistance and referral to other providers.	Youth who are pregnant or parenting ages 14-20 years	English, Spanish
PORTLAND PUBLIC SCHOOLS-Teen Parent Services	(503) 916-2000 ext: 5858 (Main phone) (503) 916-2729 (FAX) http://www.pps.k12.or.us/departments/education-options/745.htm	Provides support for young men and women who are pregnant or parenting; offers bilingual support to teen mothers and fathers, counseling and advocacy, school- and home-based instruction, parenting education, post high school planning and child care. Counselors are based at Marshall, Meek and Roosevelt High Schools and provide services to all other schools as well.	Young men and women who are pregnant and-or parenting	English, Interpretation available

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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
ROSEMARY ANDERSON HIGH SCHOOL-TEEN PARENT PROGRAM	(503) 797-7222 (Main phone) http://www.portlandoic.org/rahs/	Teen Parent program provides general education for teen parents, a weekly child development class and intensive care management for teen parents. A mentoring program for teen mothers is provided by former teen mothers.	Must be a student at Rosemary High School.	English; inquire about bilingual curriculum.
YOUTH EMPLOYMENT INSTITUTE- Teen Parent and Childcare Services	(503) 280-1058 (Main phone) http://www.yei.org/programs/teen-parent-program/ http://www.yei.org/programs/child-family-development-center/f	Provides opportunities for youth to meet their educational and career goals through self-sufficiency programs. Services include summer employment, GED testing and training, dropout prevention, academic monitoring and tutoring, work experience opportunities, post-secondary education entry options, graffiti removal, nutrition classes, entrepreneurial classes, computer classes, life skills classes, teen parent services with on-site child care, and financial incentives.	Youth ages 16-21 for GED studies. Additional programs serve youth ages 11-23 and require orientation to determine eligibility.	English, Spanish
Insights Teen Parent Program-Enhanced Case Management with Housing Options (ECHO)	(503) 239-6996 (Main phone) (503) 239-6040 (Fax) www.insightstpp.org	Provides intensive case management and life skills services with an additional focus on hands-on parent education, child development and DHS advocacy to parents age 22 and under. Parents in ECHO typically have an open case with DHS child welfare, are in foster care themselves or may not have custody of their children. Offers parenting class using the Make Parenting a Pleasure curriculum four times annually.	Teen parents or their children who are involved with child welfare	
S. Support and Resources for Adoption and Adoptive Parents				
Boys & Girls Aid	(503) 222-9661 (Main phone) (503) 542-2392 (Pregnancy-Adoption) http://boysandgirlsaid.org/	Adoption services statewide for birth mothers and adoptive families. Placement of infants and special-needs children. Offers supportive pregnancy counseling to assist women in making their own choices. Foster care programs for emergency placement.	Serving youth of all ages	English, with language interpretation arranged as needed
Catholic Charities-PREGNANCY SUPPORT AND ADOPTION SERVICES	(503) 238-5196 (Pregnancy Support and Adoption Services)	Provides support and adoption services to pregnant women including counseling services before and after the birth, assistance in obtaining and paying for medical coverage, housing, food and other necessities regardless whether a woman chooses adoption or parenting, support groups and peer counseling.	Pregnant women in Multnomah County	English, Spanish

Multnomah County: Family Support and Parenting Education Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
NORTHWEST ADOPTIVE FAMILIES ASSOCIATION	(503) 243-1356 (Portland) (360) 514-0606 (Residential)	Seeks to broaden awareness of adoption and provide support for adoption within families, family service organizations and the community in general. Services include support groups, information for adoptive families and those interested in adoption, bimonthly newsletter, social activities, annual weekend camp out, lending library through Lake Oswego Public Library, annual conference, and Baby Care class for families preparing to bring children home.	Persons interested in adoption	English
OPEN ADOPTION & FAMILY SERVICES-PORTLAND	(800) 772-1115 (24 hrs per day - 7 days per week)	Supports birthparents in making decisions about parenthood in an atmosphere of dignity and respect. Facilitates child-centered open adoptions. Provides free pregnancy options counseling.	No restrictions	English, Spanish-speaking staff and interpreters available
Oregon Post Adoption Resource Center	(503) 241-0799 (Main phone)	Serves adoptive families that have adopted within the child welfare system and state-subsidized guardianship families statewide. Provides information and resources, a welcome packet, library lending materials, and training at no cost to eligible families throughout the state.	Oregon DHS adoptive and assisted guardianship families, or families who have adopted through any state foster care system.	English, Spanish
T. Statewide Early Childhood, Youth and Family Advocacy & Policy Groups				
CHILDREN FIRST FOR OREGON	(503) 236-9754 (Main phone) www.cffo.org/	Works to improve the well being of Oregon's children through advocacy, research, policy analysis, public education and media outreach. Publishes annual data reports, including the Annual Report Card on the Status of Children and the Annual County Data Book, as well as policy briefs on a variety of issues related to children and families in Oregon. Provides training on public policy advocacy and data presentation at no cost to nonprofit organizations.	Not applicable	English

Multnomah County: Family Support and Parenting Education Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Children's Institute	503-219-9034 www.childinst.org	State-wide advocacy organization dedicated to improving the odds for Oregon's at-risk children. Conducts research that can be used to promoting cost-effective public and private investments in early childhood programs. Advises lawmakers, government agencies, philanthropic organizations and others on best practices in the field of early childhood development. Currently focused on demonstrating how early childhood programs and elementary schools working together can close the achievement gap; investigating model for 10-year demonstration project designed to influence policy and practice at all levels.	Not applicable	
Fight Crime, Invest in Kids	http://www.fightcrime.org/state/Oregon	State-wide bipartisan anti-crime advocacy group led by 160 police chiefs, sheriffs, prosecutors, other police leaders, and violence survivors. Promotes research about what prevents kids from becoming criminals and advocates for those prevention services in the general public and with lawmakers.	Not applicable	

Multnomah County: Primary Care Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
A. General Primary Medical Care				
Adventist Health Services and Medical Center	(503) 257-2500 (General Information) (503) 251-6155 (Emergency Room) http://www.adventisthealthnw.com	Provides comprehensive medical, surgical and emergency services, physical therapy and rehabilitative services. Adventist also provides deaf patient services. Offers a range of health classes and events, including health screenings, fitness classes, support groups and new parent classes. Locations See website for class information and registration.	No restrictions	Bilingual and sign interpretation by arrangement
CENTER FOR NATURAL MEDICINE	(503) 232-1100 (Main Phone) (503) 232-7751 (FAX) www.cnmwellness.com/	Offers naturopathic physicians who specialize in women's, pediatric, geriatric and family healthcare, cardiovascular and pulmonary care, endocrine dysfunction and women's health, in addition to treating a broad spectrum of other health conditions. Health counseling and education. Chiropractors, acupuncturist and naturopathic doctors on staff. Complementary consultations for new patients.	No restrictions	English
CLINICA DE SALUD FAMILIAR, LLC	(360) 576-4140 (Main phone) (360) 696-9049 (FAX) clincadesalud.net/	Provides primary and urgent care including annual exams, well-child checks, TB testing, children's immunizations, and treatment for high blood pressure, diabetes, STDs and high cholesterol.	Open to the public; focus on Latino Community	English, Spanish
Kaiser Permanente Health Care	https://www.kaiserpermanente.org/	Hospitals, Primary Care Clinics, Specialty Clinics, Outpatient labs. Offer full range of medical services.	Not applicable	
Legacy Health System	503-335-3500 (Main phone) (503) 674-1145 (TTY-TTD) http://www.legacyhealth.org/default.cfm	Hospitals, Primary Care Clinics, Specialty Clinics, Outpatient labs and Drug Testing sites. Offer full range of medical services. Offers online pediatric resource to assess symptoms of children's health issues and provides recommended next steps. http://www.legacyhealth.org/housecalls2/housecalls/peds/index.html	Not applicable	
National College Natural Medicine COMMUNITY CLINICS	(503) 552-1551 (Clinic Front Desk) (503) 552-1555 (Main phone) http://www.ncnm.edu/ncnm-teaching-clinic/ncnm-clinic.php	Offers low cost medical care delivered by naturopathic physicians at many sites through the Portland Metropolitan area. Most sites are generally open one day per week for a few hours. All scheduling is provided through one main number. See website for list of locations.	Open to public	English, Spanish

Multnomah County: Primary Care Services
Project LAUNCH Inventory of Services

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Providence Health & Services	800-878-4445 503-215-2400 Child Center Main Phone http://www2.providence.org/Pages/default.aspx	Hospitals, Primary Care Clinics, Specialty Clinics, and Care facilities. Also provides Child Center which offers a range of services including Center for Medically Fragile Children, Neurodevelopmental Center for Children, Swindells Child Disability Resource Center.	Not applicable	
Wallace Medical Concern	(503) 489-1760 - Intake (503) 489-1763 (FAX) http://www.wallacemedical.org/	Provides urgent medical care for all ages through 2 clinic locations and one mobile clinic unit. Can treat respiratory, bladder and ear infections, skin rashes and simple foot problems. Dermatology care for all ages on the first and third Thursday. Podiatry for all ages on the second and fourth Thursday. Clinic usually can give the patient the medication they need at the time of service or provide low-cost prescriptions. Patients with diabetes, hypertension, or thyroid conditions can have their medications refilled once while they are waiting to get into a primary care clinic or are between insurances-jobs. Does not provide mental health, drug and alcohol treatment, gynecology or family planning services, STD screenings.	Low income, uninsured adults and children for most services. Dermatology and podiatry available for all ages.	English, Spanish; and mobile unit has: English, Spanish, Russian, Ukrainian.
Multnomah County Health Department, SCHOOL BASED HEALTH PROGRAMS	(503) 988-3815 (Main phone) (503) 988-3829 (Main phone) http://web.multco.us/health/school-based-health-centers	Provides routine physical exams, including sports physicals, early detection, diagnosis and treatment of illness and injury, vision, dental and blood pressure screenings, immunizations, mental health services, age-appropriate reproductive health, routine lab tests, prescription medications, health education, counseling and wellness promotion, fitness and nutrition education and counseling, referrals for healthcare services not provided at the clinics.	School-based health centers serve elementary, middle and high school-aged youth of Mult. Co.	

Multnomah County: Primary Care Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Multnomah County Health Dept- PRIMARY CARE CLINICS	(503) 988-3674 (Main Phone) (503) 988-5558 (New patient line) (503) 988-5155 East County (503) 988-3601 Mid County (503) 988-5183 NE Portland (503) 988-5304 N Portland (503) 988-5140 West Side (503) 988-5400 Rockwood (503) 988-3991 La Clinica de Buena Salud http://web.multco.us/health/primary-care-clinics	Provides primary medical care for adults and children at 7 community clinics; services include well child, health services for homeless children, mental health services, women's reproductive health, family planning, pregnancy testing, prenatal services, communicable disease, screening Oregon Health Plan screening, and drug and alcohol assessment. Same day and limited walk-in services may be available.	Multnomah County resident	English, Spanish, Russian, Other bilingual interpretation by arrangement
NARA NW INDIAN HEALTH CLINIC	(503) 230-9875 (Main phone) (503) 230-9877 (FAX) http://www.naranorthwest.org/homepage_files/Page451.htm	Provides wide range of general clinic health services including physical exams, treatment of minor injuries, limited prenatal care, immunizations, HCV testing, nutrition counseling, women's wellness and mental health services, assessments and counseling.	Native American or Alaskan Native or other vulnerable populations are eligible for care, call for more information	English, Spanish, interpreters available
Southwest Community Health Center	(503) 977-0733 (Main phone) (503) 977-0734 (FAX) www.swchc-pdx.org	Provides basic health care including preventive care, acute care and chronic disease management to uninsured low-income families. Services include immunizations, health screenings, family planning, women's health care, well-child exams and chronic care (asthma, diabetes, high blood pressure). Limited lab services. Medications and prescriptions for clinic clients only. Monday evening clinics are for people 15 years and older.	Low-income individuals and families who are uninsured	English, Interpretation by arrangement
Yakima Valley Farm Workers Clinic- ROSEWOOD FAMILY HEALTH CENTER	(503) 772-4335 (Main phone) (503) 772-4337 (FAX) http://www.yvfwc.com/clinicDetail.asp?clinicID=26	Primary care facility for residents of Multnomah and Clackamas Counties provides comprehensive family medicine, prenatal care and delivery, immunizations, care for children and adolescents, women's health care, and school and sports physicals.	No restrictions	English, Spanish, Russian, Chinese, Vietnamese

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
B. Health Care Advocacy and Policy				
African American Health Coalition	(503) 413-1850 (Main phone) (503) 413-1851 (FAX) http://www.aahc-portland.org/index.htm	Promotes improving wellness among African Americans in Portland, OR through health education, advocacy and research. Aims to reconfigure health and social services to meet the needs of African Americans. Programs include: Spice it Up-featuring local African American chefs cooking soul food, while providing instructions for healthy cooking techniques and ethnic-specific recipes; Healthy Kids Insurance Enrollment Assistance to African American parents to apply at the AAHC Office (Children in Oregon under the age of 19 are eligible for no-cost or low-cost health insurance depending upon the family's income); H1N1/Pandemic Flu Virus Outreach and Information Campaign; Physical Activity Program offers low-cost access to physical exercise to those who qualify. Sponsors events such as conferences, wellness walks and more.	Some eligibility requirements depending on program; focuses on health promotion among African American residents of Portland, Oregon. Call for details.	English
Coalition of Community Health Clinics	503.546.4991 Phone 503.548.4849 Fax www.coalitionclinics.org/	CCHC supports the community clinics through grants and other funding. Clinic members benefit from support in areas such as medication assistance, access and referral, interpretive services, volunteer services and emergency preparedness. Member clinics include: Children's Community Clinic, Mercy & Wisdom Healing Center, Multnomah County Health Department, NARA Indian Health Clinic, National College of Natural Medicine Community Clinics, North By Northeast Community Health Center, OHSU Family Medicine at Richmond, Old Town Clinic, Outside In Medical Clinic, PACS Family Health Center, Rosewood Family Health Center, Southwest Community Health Center, Wallace Medical Concern, and West Burnside Chiropractic Clinic.	Not applicable	
Oregon Public Health Institute/ Community Health Partnership	503-227-5502 http://www.orphi.org/	Seeks to improve the health of Oregonians through advocacy and support of effective public health policy and activities. Focuses on: Breastfeeding; Healthy Community Planning; Healthy Eating; Active Living; Healthy Schools & Childcare; Health Insurers & Business; and Coalitions & Partnerships.	Not applicable	

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
C. Breastfeeding Support and Resources				
LA LECHE LEAGUE OF PORTLAND	(503) 282-1950 (Main phone) dev.llusa.org/web/PortlandOR.html	Offers meetings/support groups in 3 locations around Portland. Two meetings offered in NE Portland per month: one breastfeeding support group for mothers of infants (held on second Thursday of month) and one support group for mothers of toddlers covering a range of topics. The SE Portland LLL offers only the infant breastfeeding support group.	Must be parenting an infant-toddler.	English
NURSING MOTHERS COUNSEL OF OREGON	(503) 282-3338 (Main Phone) www.nursingmotherscounsel.org /	Promotes breast feeding and provides breast feeding information and telephone counseling to nursing mothers. Low cost breast pump sales and rentals. Delivery and instruction on use of breast pumps. In-home lactation consultation for those with limited access to care.	Lactating women	English, some Spanish
Oregon State Health Division- BREASTFEEDING PROMOTION	(971) 673-0040 - WIC (Main phone) (971) 673-0231 (FAX) http://public.health.oregon.gov/HealthyPeopleFamilies/Babies/Breastfeeding/Pages/index.aspx	Provides information on breastfeeding in general and on laws regarding breastfeeding in public and in the workplace.	No restrictions	
D. Public Assistance- Health Insurance for Children and Families				
Oregon State Division of Medical Assistance- APPLICATION CENTER	(800) 359-9517 (Main phone) (800) 699-9075 (To get on Reservation List) http://www.oregon.gov/DHS/healthplan/app_benefits/main.shtml	Call to request an application packet or to reapply for the Oregon Health Plan.	Level of coverage is based on income, age, and physical or mental condition.	English, Spanish, Interpretation or signing by arrangement
Oregon State Division of Medical Assistance- HEALTHY KIDS	(877) 314-5678 (Main phone) http://www.oregonhealthykids.gov/	Health insurance for children 18 years and younger. Coverage for medical, dental, vision care, prescriptions, mental health, chemical dependency services and medical equipment and supplies.	Children 18 years and younger, in families with 200% FPL, without health insurance for two months or more	English, Interpretation available, Applications in English, Spanish, Russian and Vietnamese

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
E. Pediatric Medical Care and Children's Hospitals and Medical Clinics, including specialty care for children with disabilities				
Children's Community Clinic	(503) 284-5239 (Main phone) (503) 284-9162 (FAX) http://www.ccc4kids.org/	Provides high-quality healthcare for children and young adults up to age 21 including those who are uninsured or under insured. This is a pediatric primary care clinic. General services include physicals, well-child care, sick child care, chronic care, acute care, immunizations, circumcisions up to one month old for a fee, other treatment-care and referrals.	Birth-21 years old only	English, Spanish, others via telephone translation service
OHSU-Doernbecher Children's Hospital	(503) 346-0640 Appointments (503) 494-7551 Emergencies www.ohsu.edu/health/clinics-and-services/doernbecher/	Full range of pediatric services including specialized medical services for: Bone and Joint; Cancer and Blood Disorders; Emergency Care; Heart Care; Neonatal Care Center; Neuroscience; and Surgery	No restrictions	
Pediatric Associates of NW	(503) 227-0671 (Love Joy Office) (503) 419-4937 (Main phone) (503) 227-0677 (FAX) www.portlandpediatric.com/	Private physicians practice for pediatric services. Accepts OHP, but does not provide sliding scale fee. If the patient does not have insurance a 25% discount is given on the office visit only, if fee is paid at time of service. Children's immunizations are free.	birth to 21	English, Interpretation or signing by arrangement
THE CHILDREN'S HOSPITAL AT LEGACY EMANUEL	(503) 413-2500 - Reception (Main Phone) (503) 413-2140 (TTD) http://www.legacyhealth.org/bo dy.cfm?id=89&fr=true	Full service 155 bed hospital within a hospital on the campus of Legacy Emanuel Hospital and Medical Center in North Portland. Largest children's hospital in Oregon, serving children from throughout Oregon, SW Washington, Alaska and Idaho. Provides virtually all medical specialties in a state-of-the-art child focused environment.	Children needing hospital care	English, Interpretation or signing by arrangement
OHSU- CHILD DEVELOPMENT AND REHABILITATION CENTER	(503) 494-8095 toll-free (800) 452-3563 http://www.ohsu.edu/cdrc/	Specialty clinics for children with special health care needs including Cerebral Palsy, Spina Bifida, and craniofacial and communication disorders. Services provided by interdisciplinary teams that may include developmental pediatrics, nursing, psychology, social work, speech pathology, and occupational and physical therapy. Serves as an education and research center for health professionals; provides interdisciplinary clinical services for persons with developmental disabilities and other special health care needs; serves as the state's Title V Agency for children with special health needs, and Supports the philosophy of partnership with families, health care providers and the community.	Child with special health care needs. Has offices and clinical staff in Portland and Eugene. Outreach clinics are offered in numerous other Oregon communities.	

Multnomah County: Primary Care Services
Project LAUNCH Inventory of Services

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
OHSU- Oregon Center for Children & Youth with Special Health Needs	503-494-8303 [Office] 877-307-7070 [Toll free] http://www.ohsu.edu/cdrc/occys/hn/index.html	Provides policy and program development, population-based assessment and surveillance, and leadership for health systems and services in Oregon. Provides some programming leadership and training. See website for details.		
OHSU- Oregon Center for Children & Youth with Special Health Needs, Oregon Care Coordination Program (CaCoon)	(503) 988-3520 (503) 988-5157 East County http://www.ohsu.edu/cdrc/occys/hn/programs/CaCoon.html	Provides network of public health nurses who work with families to determine family needs and priorities and to develop a care plan. Public Health Nurses (PHNs) promote optimal child and family outcomes through the practice of care coordination and home visiting. Nurses offer home visits in which they provide families with information and skills to coordinate care for their children with complex health conditions	Families with children from birth to age 21 who have (or are at risk or having) a chronic health condition or disability; Eligibility is not tied to family income or insurance status.	
Providence- NEURODEVELOPMENTAL CENTER	East Portland: 503-215-2233 West Portland: 503-216-2339 http://www.providence.org/oregon/programs_and_services/child_center/e20neuro.htm	Provides physical, occupational and speech therapies, feeding and nutrition services, audiology, and neurodevelopmental assessments for children. Locations in NE Portland and SW Portland	Must be 21 years of age or younger	
Providence- Center for Medically Fragile Children	503-215-2400 http://www.providence.org/oregon/programs_and_services/child_center/e25nursing.htm	Provides pediatric skilled nursing facility in the Pacific Northwest providing 24-hour long-term, short-term, respite and end-of-life care for medically fragile children and young people ranging in age from infancy to 21 years. Interdisciplinary care team assesses and treats complex medical conditions, including monitoring symptoms, administering medications and providing leading-edge therapies, such as the Snoezelen Room and aquatic therapy. Community support helps to bridge the gap between Medicaid and the actual cost of this specialized care so can provide sliding scale, fee for service.	No restrictions	

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
SHRINERS HOSPITAL FOR CHILDREN-PORTLAND	(503) 221-3474 (Admitting Office) (888) 548-1814 (Admitting Services) (503) 241-5090 (Main phone) http://www.shrinershospitalsforchildren.org/Hospitals/Locations/Portland.aspx	Provides 29-bed pediatric hospital, research and treatment center providing comprehensive medical, surgical and rehabilitative care to children ages 0-18 with orthopaedic conditions.	Children ages 0-18 who can benefit from specialized services available	English, Spanish, Russian; interpreters available in most languages
F. Medical Assessment of Child Abuse and Neglect				
CARES NORTHWEST	(503) 276-9000 (Main phone) (503) 276-9010 (FAX) www.caresnw.org/	Provides medically-based child abuse assessment and intervention services including safe, child-friendly interviews and physical examinations of children for whom there are concerns of physical or sexual abuse, neglect and exposure to domestic violence. Also offers a Family Support Team to provide mental health evaluation and consultation, family support and mental health service and crisis counseling services to victims of abuse/neglect and their families.	Children, birth-18 years, suspected of having been abused or neglected.	English, Oregon Relay Service, Bilingual interpretation by arrangement
G. Child Care Safety Seat Support				
Alliance for Community Traffic Safety- CHILD SAFETY SEAT RESOURCE CENTER	(503) 643-5620 (Main phone) (503) 643-5680 (FAX) http://www.actsoregon.org/index.html	Provides education on the correct use and installation of child safety restraints. Provides assistance to counties that wish to set up a distribution program in their geographic area. Child safety seat program is available for low-income families. Call for participating counties. The Resource Center sponsors periodic child safety seat checkup events.	Low income families	English, Interpretation by arrangement
H. Child Immunizations and Immunization Information				
Multnomah County Health Dept- COMMUNITY IMMUNIZATION CLINIC	(503) 988-3828 (Main phone) http://web.multco.us/health/immunizations	Offers childhood vaccinations, adult vaccinations, blood draws for antibody testing (titers), tuberculosis testing.	Multnomah County Resident	

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Oregon State Public Health Division- IMMUNIZATION ALERT	(971) 673-1111 (Communicable Disease Prevention program) (971) 673-1222 (Main phone) (971) 673-0372 (TTY-TTD) www.immalert.org/	Provides statewide childhood immunization registry. ALERT collects immunization information from both the public and private health care sectors and combines it into one complete record for each child in Oregon. Offers service that assists health care providers and parents keep track of a child's immunization status, even if the child has received shots from more than one provider.	Parents or health care providers seeking information about a child's immunization record	English, Spanish, AT&T language line
I. Child Lead Poisoning and other Poison/Toxics Information & Resources				
Josiah Hill Clinic	(503) 802-7389 (Main Phone) (503) 493-1044 (FAX) http://www.jhillclinic.org/calendar/	Provides various programs and advocacy on children's air quality and environmental health. Services include: training to community partners and parents on topics such as health effects of toxins, environmental justice, and family centric approaches to improving the health of the home; advocacy for updated housing codes that ensure healthier homes for Portland Metro area families as well as policies which promote health equity and environmental justice; training to community health workers, promotoras, and providers on the health effects of lead, procedures for the identification and follow-up of elevated blood lead levels; offers monthly testing clinics at the same time and location, community immunization clinics and private testing clinics with parent groups, prenatal education classes, wellness centers, childcare centers and other groups.	Ages 6 and under and pregnant women	English, Interpretation by arrangement
Multnomah County Health Department- LEAD POISONING PREVENTION PROGRAM	(503) 988-4000 (Main phone) (503) 988-3850 (FAX) http://web.multco.us/health/lead-poisoning-prevention	Provides services to those at risk for lead poisoning. Does blood level testing and screening, Lead Line for information and referral, (home visits and environmental testing, if a child comes up with high lead levels).	Residents of Multnomah County and can take calls from anywhere in the state	English, Spanish, Russian, Vietnamese, Interpretation by arrangement
OREGON POISON CENTER	(800) 222-1222 (Toll free) http://www.ohsu.edu/poison/resources/webLinks.htm	First aid information for poisonings and toxic substances. Referral to treatment. Telephone follow-up by Poison Center staff. Public and professional education.	Those concerned about poisons and toxic substances	Interpreters Available

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
J. Prenatal, Maternal, Postnatal and Well Woman Medical Care, Resources and Information				
INTERNATIONAL CENTER FOR TRADITIONAL CHILDBEARING	(503) 460-9324 (Main phone) (503) 445-7760 (FAX) www.ictcmidwives.org/	Provide pregnancy support in the African American community, aimed at preventing infant mortality. Offers free pregnancy testing, prenatal care, childbirth classes and doula services. Provides a speaker series for professionals and families on pregnancy, birth, and parenting, and trains midwives. Wednesdays are "Celebrate Your Pregnancy Days." Pregnant women can come in and ask questions about their pregnancy for free. Operates a retention program, Sistah Care, for female high school students who want to enter health fields.	No restrictions	English, Spanish
Kaiser Permanente Health Care- Women's Health	https://www.kaiserpermanente.org/	Prenatal, birth, and postpartum care. Annual exams, birth control, STD's, and well women gynecology.	No restrictions	
LEGACY MIDWIFERY	(503) 413-4500 (Main Phone) http://www.legacyhealth.org/body.cfm?id=171&fr=true	Prenatal, birth, and postpartum care. Annual exams, birth control, STD's, and well women gynecology.	No restrictions	English, Spanish and Vietnamese bilingual staff, Interpretation or signing by
OHSU- Center for Women's Health	(503) 418-4506 (Health Education Programs and Outreach) (503) 418-4500 (Reception) www.ohsu.edu/xd/health/services/women/index.cfm	Services and specialties include a breast clinic, childbirth Services, educational programs, fertility program, general gynecology and obstetrics, gynecologic oncology, integrative medicine (acupuncture, naturopathic), internal medicine, lactation-breastfeeding, mental health counseling, midwifery, perinatal center, urogynecology and vulvar health. Family planning services include sterilization, contraception and termination of pregnancy.	Women	English Interpretation or signing by arrangement
Pregnancy Resource Center of Greater Portland	(503) 284-1977 Lloyd Center (503) 777-7097 SE Portland (503) 659-3336 Clackamas (503) 666-6527 Gresham www.portlandprc.org/	Provides free pregnancy testing and ultrasound, confidential pro-life counseling, prenatal and parenting classes, maternity and baby clothes, baby furnishings, referral to community services. Abstinence education programs in schools. There are five centers in the Portland Metro Area. Beaverton, Gresham, Lloyd Center, Clackamas, and SE Portland. All services are free.	No restrictions	English; Spanish and interpretation available at some locations and by arrangement

Multnomah County: Primary Care Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Providence- ST VINCENT PRENATAL CLINIC	(503) 574-6595 (Main phone) (503) 216-5641 (Class hotline) http://www.providence.org/Oregon/Health_Resource_Centers/Pregnancy_Center/Default.htm	Provides comprehensive prenatal, delivery at Providence St. Vincent Medical Center, and postpartum care up to six weeks for uninsured women. Care is given in collaboration with Women's Healthcare Associates Certified Nurse Midwives and OB-GYN Medical Doctors. Also offers free childbirth education classes and groups in Spanish. On-site social services with Providence Beginnings.	Uninsured pregnant women, Proof of pregnancy	English, Spanish, Interpretation or signing by arrangement
Providence-MATERNAL CARE CLINIC	(503) 215-6262 (Main phone) http://www.providence.org/Oregon/Health_Resource_Centers/Pregnancy_Center/Default.htm	Certified Nurse Midwives provide prenatal, delivery and postpartum care. Clinic will see pregnant women at any stage after 12 weeks of pregnancy. Women who are on OHP CAWEM may be eligible for visits, labs and ultrasound. Offers classes on childbirth and breastfeeding (free to patients).	No restrictions	English, Spanish and interpreter by arrangement
Providence- BEGINNINGS	(503) 215-9160 (Main phone) (503) 215-9171 (FAX) http://www.providence.org/oregon/health_resource_centers/Pregnancy_Center/Beginnings.htm	Nurses and social workers team with doctors and midwives to provide a variety of services to support women during pregnancy. offers: Comprehensive risk screening; Case manager assessment and client service plan; Connection to resources; Advocacy; Education and written materials; Support throughout pregnancy, hospitalization and early postpartum period	Insured under Oregon Health Plan (OHP) or uninsured and planning to deliver baby at a Providence Health & Services hospital; or receiving prenatal care from a Providence-affiliated care provider. Call with questions about determining eligibility.	English, Spanish, Interpretation by arrangement

K. Oregon Pediatric Society Special Projects

Oregon Pediatric Society- Oregon's Psychiatric Line for Kids (OPAL-K)	no intake yet exists 503-802-5290 for information on project http://www.oraap.org/index.php?option=com_content&view=article&id=85&Itemid=87	If created, would provide primary care physicians from 9am–5pm weekdays with timely phone access to child psychiatric consultation and mental health resource access for children and adolescents birth to age 18, and an option for selected face-to-face consultation for highest need.	TBD	
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Oregon Pediatric Society-START	(503) 522-5576 http://www.oraap.org/index.php?option=com_content&view=article&id=60&Itemid=71	START project is teaching pediatric primary care providers how to detect and manage developmental and behavioral health issues as well as maternal depression problems. Identifying problems early and linking families to appropriate services can improve the health of Oregon's children. Goals include: Increase standardized health screening so doctors can identify children and families who need services earlier; Increase awareness of community resources to help children and families get the healthcare services they need; Enhance care coordination and communication so that children and families receive appropriate and effective healthcare services.	Pediatricians in Oregon	
L. Dental Care and Resources				
Dental Foundation of Oregon- Tooth Taxi	503-329-8877 http://www.smileonoregon.org/	Provides state-of-the-art dental office on wheels, with two operatory units and a waiting room. Offers full-time dentist and staff, and it spends up to four days at a time at schools providing screenings, cleanings, sealants, X-rays, fillings, minor oral surgery and oral health education for Oregon's neediest children. This extra time in the community allows for comprehensive treatment of the most serious cases, and gives local dental volunteers an opportunity to make a meaningful difference.	Children in Oregon	
Medical Teams International- Mobile Dental Program	(503) 624.1026 Hot Line http://www.medicalteams.org/sf/our_work/what_we_do/dental_program.aspx#md	OPAL-K will serve all Oregon's children and adolescents birth to 18 years of age, recognizing that the majority of need is within the Medicaid population. Phone access will be accessible state wide with telemedicine options for rural face-to-face consultation.	Low-income children and adults with urgent dental needs	

Multnomah County: Primary Care Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Multnomah County Health Department- School and Community Dental	503-988-3905 http://web.multco.us/health/school-and-community-dental	Field-based program that works to promote oral health, disease prevention and access to dental care for children. Our program has four components: School screening/sealant program: Free dental screenings and sealant placements for school-aged children in targeted public schools within Multnomah County. School fluoride program: Mouth rinse and tablet program available to all schools in Multnomah County. Dental van: Preventive and restorative care for uninsured children in targeted public schools within Multnomah County. Oral wellness education: Offers a variety of dental health classes targeted towards pre-kindergarten through 6th grade students.	Call for information.	
Multnomah County-Dental Clinics	MultiCare Dental members: 503-988-3711 Capitol Dental members: 800-525-6800 Uninsured urgent or emergency care: Call the Dental Access Program at 503-988-6942 http://web.multco.us/health/dental-clinics	Provides routine and urgent dental care in five clinics in Multnomah County, and coordinates referrals to urgent and emergency dental appointments. Offers Baby Day Clinics for infants age nine to 36 months of age, includes monthly screening days that will introduce child to dental services in a positive way. Parents also receive information on dental health for children. Urgent and Emergency Dental Care coordinates and schedules urgent dental services for eligible, uninsured residents of Multnomah, Clackamas and Washington counties.	For routine care & Baby Clinic, accepts MultiCare Dental and Capitol Dental benefit plans. For emergency care: Live in Multnomah, Clackamas or Washington County, Have no form of dental insurance, Meet income requirements, and Have an urgent dental need.	Many clinics have staff that speaks Spanish and other languages. Interpretation is available for: Spanish, Russian, Vietnamese. Interpreters scheduled when appointment is made.
Carrington College-Student Dental Hygiene Clinic at Lloyd Center	503-419-4971	Provides low cost/free dental cleanings.	Call for information.	

Multnomah County: Primary Care Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
OHSU- Dental School Predoctoral Student Clinic	(503) 494-8867 http://www.ohsu.edu/xd/education/schools/school-of-dentistry/patient-care/	Admission: Free Screenings to determine appropriate patient treatment needs. Fees: Reduced fee due at time of service is about 30% less than private practice. Time Commitment: Admission Visits: 1-3 hours Other Visits: 3-4 hours. Urgent Care: Fees at the OHSU Dental School Urgent Care clinic can be up to \$210 depending on treatment needed. Fee due at time of service. If this is an option for you, the number is 503 494-8867 for the 3-6 appointments available Mon.-Fri.	No restrictions	

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
A. Support Groups and Information for Families of children with mental health issues				
National Alliance on Mental Illness (NAMI)-	800-343-6264 http://www.nami.org/MSTemplate.cfm?Site=NAMI_Oregon	Statewide grassroots organization dedicated to improving the quality of life for individuals with mental illness and their families through: Free Family-To-Family Education Classes; Free Family and Peer Support Groups; and Advocacy for legislative changes affecting individuals with mental illnesses. NAMI Oregon's affiliates are vital to providing support, education, and advocacy at the local county level. Works to ensure that individuals and families affected by mental illness are represented where decisions are made. Testifies before the state legislature, serves on state planning and advisory committees, actively partners with strategic coalitions, and participates in task forces and other policy forums.	Call for information	
Oregon Family Support Network	(503) 675-2294 (Main phone) (800) 323-8521 (Intake) (503) 675-6932 (FAX) www.ofsn.org	Provides support for families with children who have mental, emotional or behavioral related disorders. Technical assistance to parents. Coordinates support groups throughout state. Emotional support and information packets on various disabilities. Connects families with existing resources. Part of National Parent Support Network and Statewide Family Networks. Intensive family-youth support program in most regions. Lending library of books, videos and audio tapes. Quarterly newsletter. Educational workshops.	Resident of Oregon	English, Spanish
B. Support for Postpartum Depression				
BABY BLUES CONNECTION	(866) 616-3752 (Main phone) http://www.babybluesconnection.org/bbc/	Supports and educates women and families at risk for postpartum and antepartum depression and anxiety. 24-hour warm line offers a mom-to-mom support group made up of women who have been through perinatal depression and anxiety themselves. Provides information about the latest research and treatment of postpartum mood disorders. Current referral list of specialists in the area available upon request.	Call for information	

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
C. Early Childhood Developmental Screening Tool On-line				
Ages & Stages Questionnaire (ASQ) online	www.asqonline.com/	Provides a free, interactive and confidential web site where parents and primary caregivers can check a child's development by completing one of the Ages & Stages Questionnaires (ASQ). No personal identification information is required to use the site. Score results, follow up and community resources are available on request. This is a free public service funded by the Oregon Department of Education, operated by the Early Intervention Program at the University of Oregon.	Primarily parents and caregivers of young children	English and Spanish
D. Early Childhood Mental Health Consultation and Prevention Services				
Morrison Child & Family Services- Early Childhood Mental Health Consultation	(503) 258-4526 http://www.morrisonkids.org/early+childhood+consultation.aspx	Provides a team of Early Childhood Mental Health Consultants working in community preschool, childcare and Head Start sites to provide clinical mental health consultation for children. Provides screening of children and consult with parents, preschool teachers, child care providers, foster parents, social service providers, and others about supporting the child and the families' functioning. Offers short-term parent coaching and child behavior management strategies to strengthen the parent-child relationship. Offers childcare staff and teachers training and skills for addressing early behavioral challenges in preschool children. Also provides 6 - 8 courses per year of Incredible Years Parenting classes, 1 -2 courses per year of behavior skill building for children, and 4 - 6 Stress Management support groups for parents/caregivers.	Must attend selected early childhood care and education programs, children age five and younger depending on service, reside in Multnomah County	English, Spanish
Multnomah County Department of Human Services- Early Childhood Mental Health Consultation	(503) 988-3999 x 28605 http://web.multco.us/sites/default/files/fvcc/documents/earlychildhood.pdf	County mental health staff work with organizations such as Head Start and the state Department of Human Services to deliver to children and their families prevention and early intervention services. Clinicians deliver on-site classroom consultation, counseling, case management and other services. Eleven Consultants work within contracted public child-serving agencies to provide a range of services to children, families, staff and administrators, to promote positive emotional development of children, aged 0 – 6 years.	Children ages 6 and younger at select Head Start sites and other child-serving agencies.	

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
E. Early Childhood Mental Health Therapeutic Services				
Albertina Kerr- Early Childhood Outpatient Services	(503) 779-2929 (Main phone) (503) 255-5095 (FAX) http://www.albertinakerr.org/YouthampFamily/KerrEarlyChildhoodOutpatientServices.aspx	Serves children with behavioral challenges such as impulsive or aggressive behavior and learning delays. Provides comprehensive mental health services that allow children to stay in their traditional preschool or Head Start settings. Works closely with teachers and mental health consultants, provides services in the home, preschool and community to address each child's individual needs and reinforce family and community connections. Assists the child and family in developing skills to promote the child's success and safety, preparing them to enter kindergarten ready to learn in their local community schools.	Children ages 3-5 with a mental health diagnosis who experience significant problems in current community preschool placement	English; Bilingual interpretation by arrangement
Morrison Child & Family Services- Early Childhood Intensive Outpatient Services	(503) 736-6500 http://www.morrisonkids.org/early+childhood+intensive+outpatient+services.aspx#Services	Provides short term, high intensity services in home and community based settings to families with young children. Services are part of an extensive continuum of early childhood services within the Hand In Hand and Outpatient Service continuum. Offers early childhood consultation, early childhood development and early childhood mental health services; Home-based family therapy and skills training; Early childhood Mental Health Consultation and Skills training at the child care site or school setting; Parent/child therapy; Ongoing referrals and support for parents with substance abuse; Case management; Parent Daily Report for foster parents and home-based foster parent consultation; Psychiatric services; Discharge and Transition to lower or higher levels of care; Services are provided throughout the Metro area.	Children birth to six-year-old who are at risk of losing their foster or biological home, preschool or early childhood care and education setting. Children must be Oregon Health Plan recipients.	Services are offered in English, Spanish and other languages with interpreters.
Morrison Child & Family Services- HAND IN HAND EARLY CHILDHOOD SERVICES	(503) 736-6558 (Intake-Referrals) (503) 736-6500 (Main phone) (503) 256-9601 (FAX) http://www.morrisonkids.org/hand+in+hand+day+treatment.aspx	Provides day treatment preschool services for children ages 3 - 6 years, who have been severely abused and neglected. Program components include intensive day treatment services and integrated, specialized therapeutic foster care (proctor care) services. Hand in Hand also offers outpatient counseling for children ages birth - 13 years who are suffering from emotional or behavioral problems. Included are individual, group, family and play therapy, case management, assessments, and home-based services.	Children ages birth - 13 years	

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Wraparound Oregon-Early Childhood	(503) 257-1708 http://www.mesd.k12.or.us/samhsa/index.php	Provides services and supports to children (birth to eight) with significant social and emotional health needs. Through a facilitation process and bringing together family teams, service integrates family voice and choice, natural supports, strength-based, individualized and culturally competent practices. Offers significant case coordination and family-led case planning for children involved with multiple service agencies/systems and having significant social and emotional health issues.	Children with significant social and emotional challenges who live in Multnomah County, eligible for Early Intervention or Early Childhood Special Education, at risk of out of home placement or who have already been placed out of the home, served by multiple agencies and experiencing case planning fragmentation.	English, interpretation by arrangement
F. Sexual Abuse Mental Health Treatment Services for Children and their families				
Morrison Child & Family Services- Family Sexual Abuse Treatment	(503) 736-6670 http://www.morrisonkids.org/family+sexual+abuse+treatment.aspx	Provides specialized, developmentally appropriate individual and group counseling services to sexually abused children and teens. Educational programs and support groups are also provided to non-offending parents and substitute care givers. Services include: Referral development; Clinical assessment of children; Treatment groups and individual therapy for children and teens; Psycho-educational groups for non-offending parents ; Family therapy as needed; Clarification, the process of reunification between the abused child and offender facilitated by both therapists; Child care & transportation services; and Ongoing collaboration with Department of Human Services caseworkers and other professionals.	Families are self-referred or identified for these services by Department of Human Services Child Welfare caseworkers.	English and Spanish

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
G. Residential Drug & Alcohol Treatment for Mothers with young children				
LETTY OWINGS CENTER	(503) 235-3546 (Main phone) (503) 233-5395 (Intake) (503) 235-3791 (FAX) www.centralcityconcern.org/changing-lives/letty-owings-center.html	Provides comprehensive intensive residential treatment center for chemically dependent women who are pregnant or parenting women with children. Mothers are treated for drug addiction and alcoholism, receive support for learning life skills such as budgeting, cooking, meal planning, laundry, communication, and parenting.	Low income, chemically dependent women with children or pregnant	English
LIFEWORKS NW- Project Network	503-335-0855 (503) 645-9010 - Intake-Referral https://www.lifeworksnw.org/Locations/FindaService/tabid/108/cty/3/svc/46/age/5/Default.aspx#page3	Provides residential substance abuse services for women who are pregnant or have children under age 6; designed to be culturally-relevant for African Americans.	Call for information	
NARA NW- Residential Treatment	(503) 621-1069 http://www.naranorthwest.org/homepage_files/Page609.htm	Provides residential substance abuse and mental health services, focused on serving Native Americans/Alaska Natives. Has onsite child development center for young children in care with their parents.	Native American/Alaska Native	
H. Child Therapeutic Counseling and Mental Health Services				
Albertina Kerr-OUTPATIENT SERVICES	(503) 408-4705 (Access Center - Youth and Family Service) (503) 255-4205 (Main phone) (503) 254-6759 (FAX) http://www.albertinakerr.org/YouthampFamily/OutpatientServices.aspx	Provides a range of treatment, counseling, residential placement, and education for children who are experiencing crises because of mental health issues, developmental disabilities, or traumatic events. Also offers home-based services to teach effective parenting strategies and home-based and community-based individual skills training.	Children 0-18 years of age and their families	English, Spanish interpretation available

Multnomah County: Mental Health and Social Emotional Wellness Services
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Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
ARTZ CENTER FOR DEVELOPMENTAL HEALTH AND AUDIOLOGY	(877) 702-2828 (Main phone) (503) 228-6479 (TTY-TTD) www.artzcenter.org/	Provides direct intervention services in audiology, speech-language pathology, occupational therapy, developmental-behavioral pediatrics and family therapy. Also promotes community education and offers presentations. Developmental Home program provides services to children and families that include support, education, intervention, developmental screening, monitoring and referral. Hearing Health program provides auditory rehabilitation services focused on removing the relational isolation associated with hearing loss for both adults and children. Provides personalized treatment plans that may include medical referral, education, auditory therapy and hearing aids. Family members are always included.	Open to adults with hearing limitations, and to children with speech-language or hearing limitations, developmental delays, behavioral issues, ADHD, Autism	
LIFEWORKS NW-YOUNG CHILDREN'S DAY TREATMENT	503-645-9010 Intake/Referral 503-352-0045 (888) 645-1666 (Toll Free Phone) https://www.lifeworksnw.org/Locations/FindaService/tabid/108/cty/2/svc/37/age/4/Default.aspx#page3	Day treatment services for young children, ages 3-10 years old who are experiencing serious psychiatric difficulties. Parents, schools or agency personnel can make a referral to this program.	Call for information	English, Interpretation or signing by arrangement
Morrison Child & Family Services- COUNTERPOINT OUTPATIENT SERVICES	(503) 258-4636 (Main Phone) (503) 252-6234 (FAX) http://www.morrisonkids.org/counterpoint+outpatient.aspx	Assessment and outpatient services for children and adolescents ages 4 - 18 years who are displaying inappropriate sexual behavior as well as suffering from emotional and behavioral problems. Treatment includes individual, group and family therapy.	Children and adolescents ages 4 through 18 years who are displaying inappropriate sexual behavior along with suffering from other emotional and behavioral problems	English

Multnomah County: Mental Health and Social Emotional Wellness Services
Project LAUNCH Inventory of Services

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
OHSU ADOLESCENT AND CHILD PSYCHIATRY Clinic	(503) 494-6176 - Intake (503) 418-5774 (Fax) http://www.ohsu.edu/xd/education/schools/school-of-medicine/departments/clinical-departments/psychiatry/divisions-and-clinics/child-and-adolescent-psychiatry/	Provides consultation, diagnostic evaluation, parent guidance (in conjunction with child's therapy), family therapy, psychopharmacological evaluation and treatment and specialty treatment for mood disorders, anxiety disorders and ADHD. Also offers pediatric and neurologic assessments through consultation with Doernbecher's Pediatrics Clinic; and speech and hearing evaluation through the OHSU Child Development and Rehabilitation Center (CDRC). The Child and Adolescent Psychiatry Clinic also collaborates with the public school system for other academic evaluations.	Determined at intake	
The Children's Program	(503) 452-8002 http://childrensprogram.qwestoffice.net/home.html	Provide clinical services to children, adolescents, and families with developmental, behavioral, emotional, educational, and/or certain medical concerns. Offers diagnostic, consultative, training, and treatment services including: gathering developmental, behavioral, educational, and medical data; performing psychometric, emotional, educational, developmental, physical, and neurological assessment; providing recommendations to children, parents, and schools; and offering psychological, behavioral, educational, and medical treatment. Parenting classes and workshops are offered to clients and the community throughout the year on varied topics. Additional resource materials are available for review and dissemination in our waiting area. Can offer a multi-disciplinary team approach to complex clinical problems or clients may work with an individual clinician as a solo practitioner. Staff are available to consult with school districts, parent organizations, agencies and other organizations.	Call for details	
TRILLIUM FAMILY SERVICES- Day Treatment Services	1-888-333-6177 503-813-7748 http://www.trilliumfamily.org/daytreatment_programs.php	Provides intensive daily treatment; children attend school in a special education classroom at one of Trillium's campuses while participating in their own individualized treatment program. Children live at home while enrolled in the program, with the treatment goal of returning to their local school.	Children ages 3 - 14 years of age	English, interpretation by arrangement

Multnomah County: Mental Health and Social Emotional Wellness Services
Project LAUNCH Inventory of Services

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
TRILLIUM FAMILY SERVICES-METRO OUTPATIENT SERVICES	(888) 333-6177 (Centralized Admissions) (503) 234-9591 (Main phone) (503) 813-7781 (Fax) http://www.trilliumfamily.org/outpatient_community_programs.php	Outpatient services are designed for children who can function in everyday settings, but need ongoing support and therapy to manage their condition. Provides individual, group, and family therapy with a primary focus on children's mental health treatment and parenting concerns. Outpatient Therapy is provided in a number of settings, including clinics on Trillium's campuses, clinics based in local communities, and therapists based in schools. Individual and family therapy and in-home therapy and skills building are included in Outpatient Services.	Children within the Parkrose, Centennial, David Douglas, Reynolds, Gresham-Barlow, Oregon Trail, and North Clackamas School districts as well as students who attend Arata Creek School (MESD Program)	English, interpretation by arrangement
TRILLIUM FAMILY SERVICES, PARRY CENTER CAMPUS	(503) 234-9591 (Administration) (888) 333-6177 (Admissions) http://www.trilliumfamily.org/psychiatric_residential_treatment.php	Provides in-patient, residential treatment for children who, because of the severity of their mental illness, cannot function in their everyday settings and who need a structured therapeutic environment. Common problems referred to residential care include suicidal thoughts, self-harm, ADHD, mood disorders, anxiety disorders, thought disorders and psychosis. Treatment encompasses individual skills training, individual therapy, group therapy, family therapy, expressive therapies, specialized therapies, and other services. Residential programs also include on-site schools.	Children 4-17 years of age	English, interpretation by arrangement
Caremark Behavioral Health Service	(503) 257-2500 (Main phone) (503) 413-4848 - CareMark Access (24-7) (503) 413-4481 (FAX) www.adventisthealthnw.com/Caremark.asp	CareMark provides assessments and interventions to individuals and families so they can obtain the appropriate level of services and is a joint venture between Adventist Health and Legacy Health System. Provides: Inpatient psychiatric services for adults and adolescents; Outpatient mental health services for children and adolescents including assessment, medication management and brief therapy; Outpatient chemical dependency services for adults.	Adults needing either emergent mental health or outpatient chemical dependency services. Children and adolescents needing urgent or emergent mental health care.	English, Bilingual interpretation by arrangement
CROSSEN PSYCHOLOGICAL SERVICES, LLC	(503) 481-3414	Works with individuals 2-24 years of age and their families. We provide individual, family, and group therapy to address the needs of the family. We specialize in working with high-risk youth and special-needs individuals with whom typical therapy services have not been successful.	Call for information	

Multnomah County: Mental Health and Social Emotional Wellness Services
Project LAUNCH Inventory of Services

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
MORRISON CHILD AND FAMILY SERVICES- OUTPATIENT Treatment	(503) 258-4600- (Gresham site) (503) 258-4526- (North site) (503) 258-4555 (NE Site) (503) 258-4320 (Portland) (503) 258-4381 (Intake) http://www.morrisonkids.org/general+outpatient.aspx	Outpatient services for children and families including individual, group, and family counseling as well as psychiatric medication management, crisis intervention and case management.	Children birth to 18 and families	English
OPTIONS COUNSELING SERVICES	503-335-5975 (Multnomah area Main phone) (800) 377-7034 (Hotline) www.options.org	Provides mental health, family preservation, life skills and domestic violence interventions to at-risk rural, urban and homeless children, adolescents, individuals and families.	Open	
LIFEWORKS NW- COUNSELING FOR YOUTH AND FAMILIES	(503) 645-9010 - Intake-Referral https://www.lifeworksnw.org/Locations/FindaService/tabid/108/cty/3/svc/35/age/4/Default.aspx#page3	Outpatient mental health treatment to help children, youth, and families who are seeking support and skills to cope with issues such as adolescence, parenting, domestic violence, and other disruptive challenges to daily living. Also provides substance abuse counseling.	Call for details	English, Spanish
I. Therapeutic, Counseling, Mental Health Services for Youth in Foster Care				
Albertina Kerr- FOSTER CARE	(503) 408-4705 (Access Center - Youth and Family Service) (503) 255-4205 (Main phone) (503) 255-5095 (FAX) http://www.albertinakerr.org/YouthampFamily/FosterCare.aspx	Provides foster care for children referred by the Department of Human Services and also places children with special needs into foster homes. There are two programs: short-term care for emotionally disturbed children and long-term care for disabled children. Limited temporary or part-time care. Transitional placements. Foster parenting education.	Children ages 3-18 and adults willing to be foster parents	English, Spanish interpretation available
Kinship House	(503) 460-2796 ext: 18 (Main phone) (503) 460-3750 (FAX) www.kinshiphouse.org/	Provides outpatient mental health treatment, education and support to children ages 0-18 and their foster and-or adoptive families. Assessments and treatment planning provided statewide. Individual and sibling therapy for children. Workshops, training and support groups. Appropriate medical referrals. Serves children in foster care waiting for adoption or permanent foster care placement. Also serves families who have adopted children in the U.S. and abroad.	Children ages 0-18 and their foster and-or adoptive families	English, Spanish

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
J. Counseling Mental Health Services for Individual, Couples and Families				
Columbia Pastoral COUNSELING CENTER	(360) 696-1615 www.col-pastoralcounseling.org/	Counseling for individuals, couples, families and groups; consultation and supervision; marriage enrichment, retreats, parenting, communication, stress and burnout. Groups for men and women. Groups for people separating or divorcing. Anger management class. State-certified domestic violence center. Coping with disabilities. Schedule and fees vary depending on service.	Individuals, couples and families seeking counseling	English
Conexiones and Center for Trauma Recovery	(503) 235-8057 (Main phone) (503) 235-5455 (FAX) www.conexiones.us/	Mental health therapy, bilingual (Spanish-English) staff, play therapy, family therapy, couples counseling, mental health evaluations, parenting evaluations & group services, and family trauma treatment. Fees vary based on services; some insurances & OHP accepted.	No restriction, all services available in Spanish, English, and Armenian	English, Spanish, Armenian bilingual staff
George Fox University Graduate Dept- INDIVIDUAL & FAMILY MATTERS	(503) 554-6060 - Voice Mail 24-7 (503) 554-6069 (FAX) http://www.georgefox.edu/counseling-programs/clinics/individual-family-matters.html	Provides counseling for families, couples, individuals and groups on a sliding fee scale. Counseling concerns include anxiety, depression, grief, divorce, parenting and stress. Counseling is provided by graduate counseling students of George Fox University under the supervision of licensed therapists. Program has limited hours of service and is not designed to provide crisis intervention.	No eligibility criteria, but evaluation and assessment will be ongoing and referrals will be made if appropriate	English, client must bring their own interpreter
Lutheran Community Services NW- MULTICULTURAL COUNSELING PROGRAM	(503) 231-7480 (Main Phone) (503) 731-9574 (FAX) http://www.lcsnw.org/services.html	Provides individual, couples and family counseling, education-therapy workshops and mental health assessments to low-income and minority groups, especially refugees and immigrants. Culturally sensitive services available in Russian and Somali. Free counseling, case management services for Eastern European immigrants.	Targets immigrant and refugee clients but open to others	English, Russian, Somali, Bosnian
NORTHWEST CATHOLIC COUNSELING CENTER	(503) 253-0964 (Main phone) (503) 253-7659 (FAX) www.nwcounseling.org/	Services offered include counseling and seminars. Professional counseling for all ages. Counseling for individuals, couples and families. Typical issues are abuse, anger, anxiety, behavioral, grief, depression, self-esteem, sexuality and stress. Pre-marriage program. Group couples communication. Interns available from September-June.	No restrictions	English

Multnomah County: Mental Health and Social Emotional Wellness Services
Project LAUNCH Inventory of Services

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
OHSU INTERCULTURAL PSYCHIATRIC PROGRAM	(503) 494-4222 (Main phone) (503) 494-6143 (FAX) http://www.ohsu.edu/xd/health/services/clinics/InterculturalPsychiatricProgramIPP.cfm	Provides outpatient care to historically under-served refugees and immigrants in 17 different languages. Mental health counselors, who speak the same languages as the patient, work with program psychiatrists to treat adults, children and adolescents, particularly those affected by post-traumatic stress disorder. Services provided are medication management, individual and group therapy, and case management.	Focus refugees or immigrants	Bosnian, Cambodian, Farsi, Kurdish, Lao, Mien, Russian, Oromo, Somali, Spanish, Swahili, Vietnamese and more
PACIFIC PSYCHOLOGY CLINIC-PORTLAND	(503) 352-2400 (Intake) http://www.pscpacific.org/	Training sites for Pacific University's School of Professional Psychology which is an APA-accredited doctoral program in clinical psychology. Provides mental health services to the community through individual, couples, family, child, and group therapy, psychological and cognitive (LD-ADHD) assessments, consultation services and psycho educational services. Prospective clients are interviewed by telephone and then an appointment is provided for an intake assessment.	No restriction	English and Spanish
Providence- BEHAVIORAL HEALTH-MENTAL HEALTH SERVICES	(503) 574-9235 (Main phone) (503) 574-9242 (Outpatient Mental Health Intake) (503) 574-9233 (FAX) http://www.providence.org/oregon/programs_and_services/behavioral_health/default.htm	Provides a continuum of outpatient care from partial hospital care (to avert inpatient hospitalization), intensive outpatient program, and rehabilitation program for chronic mental illness. Specialized eating disorder treatment program. Provides inpatient psychiatric admissions for adults, adolescents and children through referrals only.	All ages for inpatient, adults only for outpatient, and ages 13 and older for eating disorder treatment	English, Interpretation available
William Temple House-MENTAL HEALTH COUNSELING	(503) 226-3021 - Reception (Main Phone) (503) 223-7836 (FAX) http://www.williamtemple.org/counseling.html	Provides short-term counseling services to individuals, families, and couples. Counseling by interns and trained volunteers includes relationship counseling, family counseling, depression and anxiety, and bereavement counseling. Stipends may be available for some psychotropic medications through William Temple House Social Services department.	Low or no income, ages 9 and older. Severely and persistently mentally ill clients, clients dealing with domestic violence.	English, non English speaking clients must provide their own interpreter
CASCADIA BEHAVIORAL HEALTH- CHILD & FAMILY PROGRAM	(503) 253-6754 (Main phone) (503) 674-7777 (Intake) www.cascadiabhc.org	Individual, family, and group outpatient counseling related to mental health issues, alcohol abuse, sex abuse, domestic violence; parenting support groups; case management, and medication management.	OHP and some private insurances, higher needs individuals can apply for reduced-free service; call for information.	English, access to interpreters in a variety of languages

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
K. Mental Health and Support Services for Women living with HIV-AIDS				
QUEST Center for Integrative Health-WOMEN OF WISDOM (WOW)	(503) 238-5203 (Main phone) (503) 238-5202 (FAX) www.quest-center.org	Provides support to HIV+ women and their children through individual and group counseling, case management, peer outreach and advocacy. Offers long-term psychosocial support network through weekly group meetings, nutrition nights, and drop-in center hours. WOW is the only agency in the State of Oregon providing psychosocial support services for women living with HIV-AIDS.	Women with HIV-AIDS and their children	English, Spanish, bilingual interpretation by arrangement
L. Support Groups and Counseling for Families that have lost a child or Children that have lost a loved one				
Brief Encounters	(503) 699-8006 (24-7 Voicemail) (503) 419-6299 (Spanish Voicemail) http://www.briefencounters.org/home/	Offers support group for parents who have lost a child by miscarriage, stillbirth, newborn death or pregnancy interruption because of medical reasons. Provides meetings in the greater Portland, OR area and local phone support. See the website for times and places for support meetings.	Parents who have lost a child by miscarriage, stillborn or newborn death, or pregnancy interruption due to medical reasons	English
Dougy Center	(503) 775-5683 - Program (Main Phone) (503) 542-4838 for Esperanza Program (866) 775-5683 (Toll free) (503) 777-3097 (FAX) www.dougy.org/	Provides grief support services to children ages 3-18, young adults ages 19-30, and their families who have experienced the death of a parent or sibling. Groups are held at three locations. Offers bilingual grief support groups for Latino children, teens and their families through the bilingual program called Esperanza.	Children 3-18 who have experienced the death of parent, primary caregiver, or sibling within the past three years. Teens can include death of a friend as well. Support provided for young adults (19-30) who have experienced death in any kind of relationship.	English, Spanish

Organization Name and Program Name	Program Phone Number and Website	SERVICE DESCRIPTION	Population Served and/or Eligibility	Language Capacity
Legacy Hospice-ME, TOO AND COMPANY CHILDREN'S GRIEF SUPPORT GROUP	(503) 228-2104 (Main phone) (503) 222-4907 (FAX) http://www.oregonhospice.org/Downloads2010/HOME/MTCBrochure0210.pdf	Supports children and families who have experienced the death of a parent, sibling, child, relative or friend. It offers 8-week support groups for children (ages 5-11), teens (ages 12-18) and their adult parents or guardians. Public and community lectures provided free of cost. Call to request a speaker.	Children and teens 5-18 years of age, adult parents or guardians	English
M. Support Services and Groups for Families with Children with Cancer				
CANDLELIGHTERS FOR CHILDREN WITH CANCER	(503) 235-5722 (Main phone) (503) 214-5567 (FAX) www.4kidswithcancer.org/	Self-facilitated groups to provide support, education and advocacy to families whose lives have been affected by childhood cancer. Offers individual and group counseling, social activities, family camps, teen group and a clinic toy fund. Also provides peer educational material for schools and a newsletter. Will immediately connect new members with another family that has been through a similar experience. Call to arrange child care on meeting nights.	Children who have or have had cancer and their families	English, Bilingual interpretation and signing by arrangement
Children's Cancer Association	503-244-3141 http://www.joyrx.org/	Programs and resources to seriously ill children (from birth to 18), their families and the medical professionals who care for them. Every program and resource is available to seriously ill children and families that live or seek treatment in Oregon and SW Washington. In-hospital and at-home programs give families a chance to catch their breath, share happy experiences and create enduring memories. CCA's unique programs and services are developed and delivered in collaboration with community leaders and medical professionals, and funded through the generosity of corporate sponsors, foundations and individual donors.	Children birth to 18 and their families	
N. Advocacy for Providers of Children's Mental Health and Treatment Services				
Oregon Alliance of Children's Programs	(503) 399-9076 (Main phone) (503) 362-0149 (FAX) www.oregonalliance.org/	Provides statewide association of children's treatment providers. Represents over 30 agencies providing over 200 programs throughout Oregon. Treatment provided by member agencies for children and youth addresses the effects of physical and sexual abuse, neglect, substance abuse, developmental disabilities, mental health issues, and those youth who have been in trouble with the law.	n/a	English

Acronym Definitions and Federal Poverty Level (FPL) references

Acronym	Definition
ASQ	Ages & Stages Questionnaire
CASA	Court-Appointed Special Advocate
CDC	Community Development Corporation
CPS	Child Protective Services
DHS	Oregon Department of Human Services
EC&E	Early Care and Education
ERDC	Employment Related Day Care
ESL	English as Second Language
FPL	Federal Poverty Level
IRCO	Immigrant and Refugee Community Organization
MCHD	Multnomah County Health Department
MECP	Multnomah Early Childhood Program
MESD	Multnomah Educational Service District
MFS	Metropolitan Family Services
MHCC	Mt Hood Community College
Mult. Co.	Multnomah County
NARA	Native American Rehabilitation Association
NAYA	Native American Youth Association Family Center
OHP	Oregon Health Plan
OHSU	Oregon Health Sciences University
PCC	Portland Community College
PCDS	Parent Child Development Services
PPS	Portland Public Schools
pre-K	pre-kindergarten/preschool
PSU	Portland State University
SEI	Self Enhancement, Inc.
SUN	Schools Uniting Neighborhoods
VOA	Volunteers of America Oregon
WIC	Women, Infants and Children federal food program

Federal Poverty Level Reference: Is used by many services to determine family eligibility for service.
The definition of the Federal Poverty Level is updated annually by the federal US Dept. of Health and Human Services.
Follow this link for current definition of the Federal Poverty Level:
<http://aspe.hhs.gov/poverty/>