

Program #40199D - Behavioral Health - Culturally Specific, Peers and Client

7/24/2020

Assistance

Department: Health Department **Program Contact:** Christa Jones

Program Offer Type: Existing Operating Program Program Offer Stage: As Adopted

Related Programs:

Program Characteristics:

Executive Summary

As Multnomah County residents continue to navigate the Coronavirus pandemic, people are experiencing increased challenges and symptoms of stress, anxiety, depression, fear, isolation and loneliness. The level of challenge and barriers that Black, Indigenous, and People of Color (BIPOC) and older adults have experienced are significant. These communities are more vulnerable to COVID-19 and experience challenges directly related to a lack of access to technological devices, internet, and other resources. BIPOC experience compounded issues of toxic stress, on top of the mental, emotional, and economic impact of COVID-19.

Program Summary

The primary objective of the Community Counseling Program (CCP) is to provide short-term support and connection to services for any Multnomah County resident impacted by COVID-19. Services will be therapeutic in nature, however not diagnostic nor involving a treatment plan.

Services will follow FEMA's CCP principles wherever possible which is: Strengths Based, Diagnosis-Free, Outreach Oriented, Culturally Sensitive, Flexible, Builds local capacity, is More Practical than Psychological and has a Unified Identity as a program.

Services will utilize both crisis counselors and outreach workers, some of them culturally specific, as well as online, self-directed programming. Primary support includes: Individual Crisis Counseling, Brief Educational and/or Supportive Contact, Assessment, Referral, and Resource Linkage, Community Networking and Support, and Outreach and Education.

Crisis Counselor support will be culturally specific and may be provided via telephone, video conferencing or in-person. Community members may receive from 1-5 sessions. If supports are required beyond 5 sessions, transitioned to treatment services.

Team will consist of: A Program Manager, Team Lead, Crisis Counselors, Outreach Worker, Data/Evaluation Specialist, Administrative assistant, Fiscal Specialist, and Media Liaison

Performance Measures								
Measure Type	Primary Measure	FY19 Actual	FY20 Budgeted	FY20 Estimate	FY21 Offer			
Output	Number of unique individuals served				3,500			
Outcome	Percentage of BIPOC and/or older adults served				30%			

Performance Measures Descriptions

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2020	2020	2021	2021
Contractual Services	\$0	\$0	\$0	\$1,125,000
Materials & Supplies	\$0	\$0	\$0	\$175,000
Total GF/non-GF	\$0	\$0	\$0	\$1,300,000
Program Total:	\$0		\$1,300,000	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues								
Intergovernmental	\$0	\$0	\$0	\$1,300,000				
Total Revenue	\$0	\$0	\$0	\$1,300,000				

Explanation of Revenues

Significant Program Changes

Last Year this program was: