



Agenda 11/4/2020

COVID-19 Webinar for LTCF, AFH, ACH and other group living facilities

Welcome

- Reminders and updates

Visitation and Considerations for Holiday Celebrations and Planning During COVID-19

Facility Sharing Time


Q&A

Visitation and Holiday Celebrations During COVID-19 Webinar

11/4/2020



WASHINGTON COUNTY
OREGON
Department of Health and Human Services

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- Infection prevention and outbreak mitigation remain critical
 - Residents are more vulnerable to virus exposure, adverse health outcomes and death
 - Important to consider the quality of life and dignity of individuals and the critical role of family relationships to overall health



NF-20-140 – Provider Alert

Limited COVID-19 Indoor Visitation Policy

- If a facility has had no COVID-19 cases in the last 14 days and the county positivity rate is low or medium; Effective November 2, 2020, facilities must accommodate safe and controlled indoor visitation.
- Facilities may not restrict visitation without a reasonable clinical or safety cause, consistent with §483.10(f)(4)(v) Residents' Rights

Positivity Rates

Positivity rates can be found on COVID-19 Nursing Home Data


- **Low Positivity Rates** (<5%) and **Medium Positive Rates** (5%-10%): Visitation shall be permitted
- **High Positivity Rates** (>10%) = Visitation may only include compassionate care situations

<https://data.cms.gov/stories/s/COVID-19-Nursing-Home-Data/bkwz-xpvg>



Core Principles of COVID-19 Infection Prevention

- Screening of all visitors who enter the facility for signs and symptoms of COVID-19.
 - Those who have been exposed, tested positive, have pending test results, currently in isolation or quarantine should not visit.
- Hand hygiene performed prior to and following the visit.
- Use of Personal Protective Equipment (PPE) by both visitors and residents during entire visit. Mask must cover both the mouth and nose.
- Physical distancing of at least six feet between persons, 12 ft for those who cannot wear a mask due to medical condition.
- Cleaning and disinfecting high frequency touched surfaces in the facility and designated visitation areas after each visit.

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- Instructional signage (laminated recommended) placed throughout the facility including visitation education and infection control practices.
 - Proactive and ongoing visitor education provided on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (use of face covering or mask, specified entries, exits and routes to designated visiting area, hand hygiene, etc.)
 - Effective resident placement (private rooms or separate areas dedicated COVID-19 care) to protect residents and visitors of possible exposure.



Indoor Visitation Criteria

Only allowed with no new onset of COVID-19 cases in the last 14 days and the facility is not currently conducting outbreak testing and positivity rate <10%.

Cannot be under an DHS Executive Order (EO)

Exclude visitors with a known exposure to COVID-19 in the past 14 days (people in quarantine and visitors who meet criteria for isolation.)

- Keep a log of all visitors to the facility including date, time, name, address and phone number
- Visitors must comply with all public health investigations and contact tracing to ensure that potential exposures between visitors and residents or facility staff are promptly addressed.
- Facility must provide monitoring to ensure adherence to core principles



- Schedule staggered visits, limit the number of visitors **two per resident**
- Limit the number of residents to 5 residents or 20% of residents, whichever is less.
- Consider scheduling visits for a specified length of time to help ensure all residents are able to receive visitors; allow special considerations for traveling visitors
- Limit movement within the facility.
 - Visits should not occur in a shared resident's room.
 - Common areas should be set up to ensure appropriate physical distancing and disinfection by facility staff immediately after use.
 - Visitors moved from point A to point B by staff



Visitor Testing

- Not required but encouraged when the county positivity rates are medium or high.
- Prioritize testing of visitors that visit regularly.
- Encourage visitors to be tested on their own prior to coming to the facility (within 2–3 days) with proof of negative test results and date of test.

Gathering and Get Togethers

- **“Gathering”** means a group of individuals meeting for a common purpose including faith-based, civic, cultural and other purposes, indoors or outdoors. A gathering does not include an indoor social get-togethers.

MAX 50 people


- **“Indoor social get-together”** means a group of individuals meeting for a common social or recreational purpose. Including but not limited to indoor dinner parties, birthday parties, graduation parties, celebrations of any kind, potlucks, book clubs, game nights, etc.

MAX 10 people



Holiday Celebration Considerations

- **Community levels of COVID-19** – Higher levels of COVID-19 cases at the location and where attendees are coming from, increase the risk of infection and disease spread.
- **The locations attendees are traveling from** – Celebrations with attendees who are traveling from different places have a higher risk than with attendees who live in the same area.
- **The location** – Indoor celebrations have a higher risk than outdoor celebrations.
- **The duration** – Celebrations that last longer have a higher risk.

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- **The number of people attending** – The more people attending have a higher risk than fewer people attending.
 - **The behaviors of attendees prior to the celebration** – Attendees who are not adhering to social distancing, mask wearing, hand washing, and other prevention behaviors pose higher risk.
 - **The behaviors of attendees during the celebration** – More preventive measures in place have a lower risk than where preventive measures are not being followed.



People who **should not host or attend** in-person holiday celebrations

If you or anyone in your household

- Have been diagnosed with COVID-19 and have not met the criteria for when it is safe to be around others.
- Have symptoms of COVID-19.
- Are waiting for COVID-19 test results.
- May have been exposed to someone with COVID-19 in the last 14 days.
- Are at increased risk of severe illness from COVID-19.



High Risk vs Low Risk Activities

Higher Risk

- Attending large indoor gatherings with people from outside of your household
- Going shopping in crowded stores
- Participating or being a spectator at a crowded event
- Using alcohol or drugs, which can cloud judgement and increase risky behaviors

Lower Risk

- Having dinner with only people who live in your household
- Having a virtual dinner and sharing recipes with friends and family
- Shopping online
- Watching sports events, parades, and movies from home

Specific Holiday Situations

<https://www.oregon.gov/oha/ERD/Pages/Make-safety-part-of-your-holiday-celebrations.aspx>

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>



Travel Considerations


Travel increases your chance of getting and spreading COVID-19.

Staying home is the best way to protect yourself and others from COVID-19.



If you decide to travel, follow these safety measures during your trip to protect yourself and others from COVID-19

- Wear a mask; on public and mass transportation, at events and gatherings, and anywhere you will be around people not from your household.
- Avoid close contact by staying at least 6 feet apart from anyone who is not from your household.
- Wash your hands often with soap and water for at least 20 seconds or use hand sanitizer (with at least 60% alcohol).
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose, and mouth.

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- The safest way to travel is by car and only with people you live with.
 - Limit your exposure to people you don't live with for 14 days before visiting older adults or family members who are at higher risk of infection.
 - Get your flu shot at least two weeks prior to travel.
 - Stay in a separate room from others when you arrive at your destination.
 - After returning home, quarantine for 14 days and limit your exposure to people you don't live with.



Masks required statewide for people age 5 and older

- All private and public workplaces
- All indoor public spaces
- Public and private colleges and universities, and private career schools.
- Indoor and outdoor markets and street fairs.
- Outdoor public spaces when physical distancing of at least six feet is not possible.



High Risk Travel Activities

- Being in an area that is experiencing high levels of COVID-19
- Going to a large social gatherings like a wedding, funeral, or party.
- Attending a mass gathering like a sporting event, concert, or parade.
- Being in crowded spaces: restaurants, bars, airports, bus/train stations, or movie theaters.
- Traveling on a cruise ship or river boat.
- Trips by car or RV and staying with people who are not in your household

Specific Travel Recommendations

<https://govstatus.egov.com/OR-OHA-COVID-19>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-risk.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>