

# TALK N' TASTE

Hosted by PreSERVE Coalition

## GETTING VACCINATED: FOR THE LOVE OF HEALTH

Join us for a virtual afternoon of engaging activities, cooking demonstrations, informative talks, and dance and exercise lessons hosted by Latroy Robinson.

### GUEST SPEAKERS



#### Jazmine Bowles, RN

Registered Nurse, Multnomah County Health Department

#### Tameka Brazile

Director of Prevention Health Promotion, Multnomah County Health Department



Bowles and Brazile will discuss health disparities/the equity of resources as they pertain to the increased prevalence of COVID-19, and how the county plans to address vaccine distribution in light of these race and social disparities. Following their talk, there will be a panel discussion featuring **Tricia Mortell**, Director of Washington County's public health office.



#### Norma Rixter, MS

Author, Certified Nutritionist, Master level personal trainer

Norma will host a virtual cooking demonstration, focusing on foods that boost our immune system. Learn more about her business, Soar Thru, at [www.soarthru.com](http://www.soarthru.com).

FREE EVENT

February 10th  
1:30pm - 3:30pm

Hosted on  zoom

Register on our website

[www.preservecoalition.org/our-events](http://www.preservecoalition.org/our-events)

Live technology assistance, WiFi, and Zoom-compatible devices available for use during the event. Email [bcla-community-engagement-team@multco.us](mailto:bcla-community-engagement-team@multco.us) for inquiries.

