

### Program #40078 - Early Assessment & Support Alliance

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Health Department **Department:** 

**Program Offer Type:** Program Offer Stage: As Requested Existing Operating Program

**Related Programs:** 

Program Characteristics: In Target

# **Executive Summary**

The Early Assessment and Support Alliance (EASA) is an early psychosis intervention program addressing the needs of young persons aged 12-25 who demonstrate initial symptoms of psychosis or are found to be at high risk for developing psychosis. The goal of the program is to develop a long-term recovery plan. EASA is a two year program that offers formal mental health treatment services, educational support, employment support, and involves the young person's family and other supports in treatment. The program receives and screens approximately 200 referrals per year and provides services to over 100 individuals each year.

### **Program Summary**

EASA is an evidence-based and fidelity-based model resulting from years of research that demonstrates early intervention and immediate access to treatment can directly reduce hospitalization rates and the long term disabling consequences of psychosis. The EASA fidelity based model helps young persons impacted by psychosis develop long-term recovery plans.

The multidisciplinary team approach and program activities and services are designed to meet the standards of the model as required by the state. The team includes both a child/adolescent and an adult psychiatrist, mental health consultants, a peer support specialist, employment specialists, an occupational therapist, and a nurse. The team has been formed to include linguistically and culturally specific consultants to reflect the population served.

Treatment is community-based and comprises services tailored to meet the unique needs of each client. Clients are paired with a psychiatrist and a mental health consultant based on age, personal preferences, and cultural needs. Clients can choose from any of the following services to support their unique goals and needs: medication management, case management, support for employment, nursing services, peer support, occupational therapy assessment and intervention, multi-family group, individual and/or family psychotherapy, psychoeducation, and social skills building groups.

Performance Measures								
Measure Type	Primary Measure	FY20 Actual	FY21 Budgeted	FY21 Estimate	FY22 Offer			
Output	Total individuals enrolled in the EASA program receiving ongoing services	125	132	128	132			
Outcome	% reduction in hospitalization rate three months pre and 6 months post enrollment <sup>1</sup>	79%	85%	86%	85%			
Output	Number of unduplicated individuals referred to the EASA program	174	200	178	200			

#### **Performance Measures Descriptions**

<sup>&</sup>lt;sup>1</sup> This measure compares the hospitalization rate for the three months prior to services with the rate for the 6 months post EASA service enrollment which is an indication of the stabilization of the individual

## **Legal / Contractual Obligation**

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

### **Revenue/Expense Detail**

	Adopted General Fund	Adopted Other Funds	Requested General Fund	Requested Other Funds
Program Expenses	2021	2021	2022	2022
Personnel	\$238,001	\$1,479,200	\$247,406	\$1,551,321
Contractual Services	\$0	\$169,460	\$0	\$169,460
Materials & Supplies	\$13	\$20,217	\$51	\$9,221
Internal Services	\$8,977	\$330,035	\$1,574	\$252,925
Total GF/non-GF	\$246,991	\$1,998,912	\$249,031	\$1,982,927
Program Total:	\$2,245,903		\$2,231,958	
Program FTE	1.16	11.69	1.15	11.70

Program Revenues								
Intergovernmental	\$0	\$1,575,412	\$0	\$1,560,812				
Service Charges	\$0	\$423,500	\$0	\$422,115				
Total Revenue	\$0	\$1,998,912	\$0	\$1,982,927				

### **Explanation of Revenues**

This program generates \$15,664 in indirect revenues.

- \$ 412,115 Fee For Service Insurance Receipts
- \$ 10,124 State Community Mental Block Grant
- \$ 10,000 State Vocational Rehabilitation Award
- \$ 1,324,668 State Mental Health Grant based on 2019-2021 IGA with State of Oregon
- \$ 226,020 SMHG MHS 38

### Significant Program Changes

Last Year this program was: FY 2021: 40078 Early Assessment & Support Alliance

The EASA program has a new contract with Care Oregon that compensates the program on a case rate payment scale which more accurately reflects and compensates the program for the work they offer to clients.

Delivery of program was shifted to offer services virtually this year due to the COVID-19 pandemic as well as continuing to serve clients in the community who were at high acuity levels.