ACHIEVE 2021 Meeting Minutes

ACHIEVE (<u>A</u>ction <u>C</u>ommunities for <u>H</u>ealth, <u>I</u>nnovation and <u>E</u>nvironmental Chang<u>e</u>) Coalition

Weds. March 3,2021 Meeting Minutes 9:00am – 11:00am

Join with Google Meet: meet.google.com/vgo-pahc-qak Meeting ID: meet.google.com/vgo-pahc-qak Phone Numbers: (US) +1 385-325-0507 PIN: 230 588 608#

Attendees: Kyna Harris (OHPI), Sonja Hendrix (MCHD), Tameka Brazile (MCHD), Charlene McGee (REACH/MCHD), Cherrell Edwards-El (MCHD), Quete Capuia (MCHD), April Kayser (MCHD), Rachel Jones (MCHD), Rashae Burns, Michelle Smith, Larry Smith, Keara Rodela (EECRC), Jamayne Figueroa (MCHD/CBIM), Christina Spires (ABNAO), Franklin Weaver, C Robersone, Lisa Strader (PBOT), Scott Cohen, Fred Williams, Leslie Esinga (MCHD), Kwame DL Enoch Bey, Yonas Kassie (EECRC), Shantae Johnson (Mudbone Grown), Ronnie Meyers (MCHD/CAN), Larry Summerfield (STRYVE/MCHD), Germaine Flentroy (Beyond Black), Sydney Jackson, Eleanor Myrick, Mary Jo Andersen (MCHD Transportation), Anthony Bradley (Play Grow Learn), Cassie Davis, Chabie Vickers, Charles Smith, Hawi Muleta (EECRC), Theresa Johnson (Highland Haven), Jamese Kwele, Laila Marie Vickers, Mike Pullen, Robin Davis (MC/DCHS), Sarah Williams, Arleta Chiristian, Musse Olol (SACO), Emily Bower (City of Gresham) Royal Harris (MCHD/HBI), Lynda Bryant Daaka (BPI), Sabrina Villemany (MC/DCHS), Eddie Hill (Black Food Sovereignty) **Special Guests and Presenters:** Dr. Fred Williams, Kent Ford

REACH Partner Updates

HBI- Royal Harris Father involvement program
Healthy start Pilot project to work with fathers (nationwide) how they conn\
3/17/2021 CAN
3/18/2021 - Dad's Talk - guest speaker from OHSU Preventative measures
Chris Odom
OPHI- Follow up to the breast feeding videos to show coparenting w/ fathers Anton
Chambers
from OHSU
AFFHO= African American and African Men
"Triggered" - Keith Mascal One man play regarding Sexual abuse (get info from Royal

OPHI- Kyna Right from the Start campaign accessing soon in the Middle of April

MudBone Grown- Shantae Johnson

Working on the farm in Corbett getting ready for the season Kwame, Sidney and Sascha (3) Black Farmers Awarded CROPS 3.5 Acres for Black and African Farmers Fellowships and Vivian Barnet Fellowship adding 10-15 fellows BIPOC farm to Market program helping black african and BiPOC farmers to get food out. - Looking for applicants Partnering with -Black food fund, Oregon Land Trust BPI- Linda Bryant Daaka
Newsletter should have gone out yesterday about virtual classes
March 3 and 10th Breastfeeding
Sistercare Cafe
Advocacy Policy making group inviting any African, African American, Bi-racial women who are interested in joining the coalition African American Breastfeeding Coalition
AABCO ,March 30th 4-5:30pm
COC certified lactation Counselors 7 out of 20 who have finished and 7 mores about to sit for the Test to be certified.
Pregnancy and Infant Loss has been added to BPI

Beyond Black- Germaine Flentroy

Bike Rides and Walking (May June July August Oregon Walks and PBOT In NNE and In East County Youth cooking classes 16-24 yrs Update at next REACH meeting avotu June teenth

ECO Trust- Jamese Kwale

Vivian Barnett Fellowship 59 applications for the fellowship 23 Black and African submitted Needing 10-15 fellows will be chosen FARM to MARKET program 5 applications open until next Friday Booker T Watley webinar on Marketing sharing more info soon

WIC- SabrinaVilla....

Culturally specific Breastfeeding groups on Fridays 2nd and 3rd Fridays COC Training

EECRC- Yonas

Cultural Specific Resources, direct services using native languages for Eritrean and Etheopian

Community Leaders are presented through Zoom currently talking about Vaccination Beyond Black partnership for food and PPE OPHI partnered with Breast feeding video

Healthy food

Enjoyed partnering with African American groups

City of Gresham- Emily Bower-Built Environment, Access to healthy food Downtown Rockwood Market Hall under construction Lactation room Building on the Market Hall - Layering the access to Black and African farmers Integration of BIPOC Facility forums coming soon using resources that have been collected in the BIPOC producers Connecting future tenets of the site. Creating Market efficiencies

Eddie Hill-

Black Food Sovereignty Coalition

May - September will be launching Rockwood Farmers Market W/ CSA - Food and Health

Distribution - Black Farm groups

Refrigerated Vehicle access will help with

New Seasons Warehouse

Roots Marketplace, Cherrell, Wambui (Horn of Africa)

Black led Farmers Markets this summer 500 food boxes each week.

Highland Haven- Theresa Johnson COVID vaccine site 415 people (very diverse) MTI dental van every 1st Monday of the month 10 clients were helped in March (first come first serve) Medical Teams International Community Health Workers are offering bus tickets to seniors to immunization sites Comic books in English and Spanish in COVID PPE available April 5th next Dental Clinic

Guest Speaker:

Dr Fred Williams speaking about COVID Vaccine (Presentation on slides)

What are the long term effects of the vaccine? How do we gain the confidence of our community?

Adult children with food allergies? Allergic to Penicillin. Go through a physician.

Neurological disorders issues should they get the vaccine? It is the treatment they are receiving (immunosuppressants)

Children back to school?

Children's experiences are different from the adults. Flu kills ~ 30,000 a year. Adults need to get vaccinated so that it stops being transmitted. Critical to vaccinate the teachers.

Will they be demarking passports for travel? This will likely happen in the future.

REACH UPDATE- Charlene McGee

National Training Conference this year will be virtual May 3-7th 4-9pm Notice coming Last Thursday presentation of the Traffic Safety Report PSU Transportation Series Disparities in the county killed 2X the rate of whites Centered Safety and Equity - policing and harassment (anti-Blackness) Safety, Equity, and Anti-Blackness Please fill out the JamBoard Active People Healthy Multnomah Campaign =150 hours of physical activity per week. Looking for fun and engaging MOVE YOUR WAY eg. gardening, walking... As the season changes, there will be tips given on how people can move

Rachel & Charlene:

What do you need from us to get the information out to everyone? How can we reach the connections you have?

-Is there any kind of outreach for Parole and Probation and supervision people? -Black Veterans

-Homebound Seniors with nurses that come into their homes...will there be mobile vaccinations?

- Their own living facilities, but difficulty getting out. (Mobile Clinic)

-Text to Test

-Life Change Church has great connect to the community

-Carrie access to even their block can be difficult because it is not safe. Uneven sidewalks.

Kent Ford (born 1943) is a co-founder of the Portland chapter of the Black Panther Party in the U.S. state of Oregon in 1969.

Change had to come from the community not the white house Still willing to help in any way he is asked.

Meeting Chat Notes:

Yon9:02 AM Yonas Kassie /EECRC Hello Everyone1 Happy Women's month ! Scott Cohen9:04 AM Hi Everyone. Thanks, especially to Charlene, for letting me listen in today. Scott Portland Bureau of Transportation 9:05 AM Lisa Strader, Portland Bureau of Transportation ADA Coordinator Yon9:05 AM Of course , My mother :) Women I admire Shantae Johnson9:05 AM Shantae/ Mudbone Grown/ Shirley Chrisholm Jamese Kwele9:05 AM Good morning, Jamese Kwele Ecotrust. Fannie Lou Hamer Tameka Brazile9:05 AM 971.334.4391 - Text Charlene your name, organization and women you admire! Royal Harris9:06 AM Royal Harris (HBI Father Involvement), my daughter Nay'Chelle Christina Spires 9:06 AM Christina Spires, Alliance of Black Nurses Association of Oregon (ABNAO), my momma! Tameka Brazile9:06 AM Tameka Brazile, Multnomah County, My Mom! You9:06 AM Sonja Hendrix (MCHD) Michelle Obama, Bessie Miller Rachel Jones 9:06 AM Rachel Jones Warren Reach vaccine Program coordinator Portland Bureau of Transportation9:06 AM Kamala Harris, Jill Biden, my daughters April Kays er9:06 AM Good morning! April Kayser, Multnomah County REACH, Audre Lorde Franklin Weaver9:06 AM Franklin Weaver aka Ron currently not committed to an Organization but soon. Rashae Burns 9:06 AM Rashae Burns (she/her), Growing Gardens, Michelle Obama C Robersone9:06 AM Carrie Robersone Independent Community Health Specialist Larry Summerfield9:07 AM Larry Summerfield/Multnomah County/ My Mother. Tameka Brazile9:07 AM Yay Welcome Ms. Rachel!! Emily Bower9:07 AM Emily Bower, Morning! Mom and Kamala Harris. Scott Cohen9:08 AM Scott Cohen, with the City of Portland Bureau of Transportation Women I admire: Of course my mom, sister, and partner. Closer to my work, Millicent Williams (PBOT's Deputy Director) I admire tremendously. April Kays er9:08 AM Wonderful! Welcome, Ms. Rachel! You9:08 AM Welcome Rachel!!!! Highland Haven9:08 AM Welcome Rachel!! Yon9:09 AM Welcome Ms Rachel! C Robersone9:09 AM Hi Rachel! Royal Harris 9:14 AM Royal Harris, HBI Father Involvement (royal.harris@multco.us)

Rachel Jones9:14 AM Women I admire.. my Great Grandmother. she taught me what is to to take care of our own. and Love our community Quete Capuia9:18 AM Quete Capuia, Multnomah County Community Health and Adoles cent (she/her) Shantae Johnson9:18 AM https://ecotrust.org/project/viviane-barnett-fellowship-for-food-system-leaders/ Sabrina Villemenay9:20 AM Good Morning All from WIC Black Food NW9:23 AM Yes!!!!!!!! Great turnout Black Food NW9:24 AM Mistake Black Food NW9:26 AM Note: if folks need more markets BFSC will be launching two other farmers markets on on MLK and another in Rockwood starting in May Charlene McGee9:27 AM A wonderful partnership and community building for breastfeeding!!! Sabrina Villemenay9:28 AM Thanks Charlene, Ms. Violet and Linda!! Charlene McGee9:28 AM Thanks Ms. Sabrina for making time including meeting with the community on Sundays !! Sydney Jackson9:29 AM Hey y'all, Sydney and Sasha signing in here. Sabrina Villemenay9:29 AM Happy IBCLC Day Linda! Leslie Esinga9:30 AM What is your contact info Younas? Jamese Kwele9:30 AM Yes. love that! Charlene McGee9:30 AM @Ms.Leslie:yonask@eecrc.org Black Food NW9:31 AM Ase' Leslie Esinga9:34 AM What is the location of the Come Through Market? Jamese Kwele9:34 AM Yes! Black Food NW9:34 AM

Come Thru is at The REDD on Salmon SE Jamese Kwele9:35 AM 7th and SE Salmon Charles Smith9:35 AM Can you re-send the agenda? It did not fully upload with the calendar invitation Thanks Charlene McGee9:36 AM @Charles - Sent to both emails :) Cherrell Edwards-El9:36 AM Nice Cherrell Edwards-El9:38 AM Yummy treats \Box Shantae Johnson9:38 AM That's great! Congrats about New Seasons spot Leslie Esinga9:38 AM How will the Farmer's Markets be advertised? Charles Smith9:38 AM Sweet Treats is Mildred Braxton Sydney Jackson9:39 AM Woot woot!! Black Food NW9:39 AM Advertising through County, City, BFSC, and Social Media Leslie Esinga9:40 AM What day is the dental program date at Highland Haven? Rachel Jones 9:40 AM That is so awesome Cherrell Edwards-El9:43 AM How do seniors sign up for the vaccine at highland Black Food NW9:44 AM Echo Two lines are on Is the Drusing two lines? April Kays er9:44 AM It may help if everyone makes sure they are on mute. Black Food NW9:45 AM It's Doc Unknown9:46 AM Kyna, Can you mute everyone except the Dr?

Black Food NW9:46 AM It's the Doctor

Charles Smith9:52 AM Ask the dr to turn off his speakers on his computer

Charles Smith10:08 AM Thanks for the presentation

Charles Smith10:10 AM

Can you talk about what is known about the potential of spreading the virus even though you are immune

Charlene McGee10:14 AM You already are traveling with a Yellow Book

when you travel internationally

April Kayser10:16 AM ^Yes! Should folks bring that yellow book to be filled out if they get the coronavirus vaccine?

Ronnie Meyers 10:16 AM Thank you Dr. Williams!

Rachel Jones 10:17 AM Thank you Dr. Williams

Sabrina Villemenay10:17 AM Thank you Dr. Williams!

DK Rodela10:17 AM Thank you, Dr. Williams for your time!

Charlene McGee10:20 AM Active People Health Multnomah County JamBoard:

https://jamboard.google.com/d/1Cw6447rvudl5BlVuaDSkl-2ul6jutTA3u-cvftBuww0/viewer

Cherrell Edwards-El10:26 AM Just layer up !

DK Rodela10:26 AM lol

Sabrina Villemenay10:26 AM Biking and walking year round

You10:28 AM WoooHoooooo!!!!!!

Royal Harris 10:30 AM I lead two walks a week. One on Sun-Days (1 PM) and I will be starting on next Wednesday at Glendoveer

Trail (5:30 PM)

Sun-Day is on SW 18th and Salmon

You10:30 AM Indeed!!!!!!

C Robersone 10:32 AM

I have to walk for weight control and peace of mind. So come rain or shine. But the sidewalks in the older neighbors are cracked Cherrell Edwards-El10:32 AM There are seniors and disabled who don't have help getting info or transportation so I'd love more info Charlene McGee10:32 AM Carole - We need you! Thanks is great! Will you be a community champion? C Robersone 10:34 AM Yes Royal. They need food supports and healthy activities for them and their families Leslie Esinga10:35 AM What organization does Rachel work with? Cherrell Edwards-El10:35 AM Welcome so glad to have you !!!!! Cherrell Edwards-El10:38 AM That's good to know lots of the new apartment buildings have seniors and disabled Linda Bryant-Daaka10:38 AM Have a great day everyone! A great informative meeting and inspirational in terms of encouraging activity and COVID vaccinations. Cherrell Edwards-El10:38 AM The housing program is also called REACH and most of the buildings have community rooms Leslie Esinga10:38 AM Is there a resource that has community vaccination calendars? The ones that I have checked are sometimes full (two months out). Charlene McGee10:41 AM @Leslie - Not currently. Likely after July we will have a full calendar. We will likely have 2-3 clinics this week and will share the links as they become available. Leslie Esinga10:43 AM I'm going to reframe my question-Rachel are you the person that will create some sort of document that will let people know the CBOs that are conducting clinics and what is the scheduling process to receive a vaccine? C Robersone 10:45 AM Thank you Rachel for everything you have said today. This coalition has so many things going on. Scott Cohen10:47 AM You can report sidewalk maintenance concerns to PBOT by calling 503-823-1700 (PBOT maintenance hotline) or this online form - https://www.portlandoregon.gov/transportation/79389. Or you can call me 503-823-5345 and I can help. Scott C Robersone 10:49 AM Thank you Scott. I appreciate you Charles Smith10:50 AM Sickle Cell is still very underfunded compared to other conditions with similar disease rates

Rachel Jones10:52 AM Thank you Scott for that information..

Charles Smith10:55 AM Low barrier access before it was a thing- a wealth of wisdom

Charles Smith10:57 AM Yes-train us Charlene-maybe a series?

Charlene McGee10:57 AM YEs

C Robersone10:59 AM Thank you Mr Ford.

DK Rodela11:01 AM Thank you, REACH team! I hope everyone has a great rest of the day.

Tameka Brazile11:01 AM Great meeting! Thank you Kyna, Charlene and Rachel!!!!!!!!

Shantae Johnson11:02 AM Thank you everyone! Have a good day.

Charles Smith11:05 AM Leslie-let's talk. We want to get a sickle cell clinic started -SCAFO

Cherrell Edwards-El11:05 AM have a great day everyone

Charles Smith11:05 AM Good meeting

Sabrina Villemenay11:05 AM Excellent meeting! Thanks so much