Multnomah County				
Program #40078 - Early	Assessment & Support Alliance			4/21/2021
Department:	Health Department	Program Contact:	Yolanda Gonzalez	
Program Offer Type:	Existing Operating Program	Program Offer Stage:	As Proposed	
<b>Related Programs:</b>				
Program Characteristic	s:			

#### **Executive Summary**

The Early Assessment and Support Alliance (EASA) is an early psychosis intervention program addressing the needs of young persons aged 12-25 who demonstrate initial symptoms of psychosis or are found to be at high risk for developing psychosis. The goal of the program is to develop a long-term recovery plan. EASA is a two year program that offers formal mental health treatment services, educational support, employment support, and involves the young person's family and other supports in treatment. The program receives and screens approximately 200 referrals per year and provides services to over 100 individuals each year.

### **Program Summary**

EASA is an evidence-based and fidelity-based model resulting from years of research that demonstrates early intervention and immediate access to treatment can directly reduce hospitalization rates and the long term disabling consequences of psychosis. The EASA fidelity based model helps young persons impacted by psychosis develop long-term recovery plans.

The multidisciplinary team approach and program activities and services are designed to meet the standards of the model as required by the state. The team includes both a child/adolescent and an adult psychiatrist, mental health consultants, a peer support specialist, employment specialists, an occupational therapist, and a nurse. The team has been formed to include linguistically and culturally specific consultants to reflect the population served.

Treatment is community-based and comprises services tailored to meet the unique needs of each client. Clients are paired with a psychiatrist and a mental health consultant based on age, personal preferences, and cultural needs. Clients can choose from any of the following services to support their unique goals and needs: medication management, case management, support for employment, nursing services, peer support, occupational therapy assessment and intervention, multi-family group, individual and/or family psychotherapy, psychoeducation, and social skills building groups.

Performance Measures						
Measure Type	Primary Measure	FY20 Actual	FY21 Budgeted	FY21 Estimate	FY22 Offer	
Output	Total individuals enrolled in the EASA program receiving ongoing services	125	132	128	132	
Outcome	% reduction in hospitalization rate three months pre and 6 months post enrollment <sup>1</sup>	79%	85%	86%	85%	
Output	Number of unduplicated individuals referred to the EASA program	174	200	178	200	
Performa	nce Measures Descriptions					

<sup>1</sup> This measure compares the hospitalization rate for the three months prior to services with the rate for the 6 months post EASA service enrollment which is an indication of the stabilization of the individual

# Legal / Contractual Obligation

Oregon Health Authority Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

	Adopted General Fund	Adopted Other Funds	Proposed General Fund	Proposed Other Funds	
Program Expenses	2021	2021	2022	2022	
Personnel	\$238,001	\$1,479,200	\$247,406	\$1,551,321	
Contractual Services	\$0	\$169,460	\$0	\$169,460	
Materials & Supplies	\$13	\$20,217	\$51	\$9,221	
Internal Services	\$8,977	\$330,035	\$1,574	\$252,925	
Total GF/non-GF	\$246,991	\$1,998,912	\$249,031	\$1,982,927	
Program Total:	\$2,245	\$2,245,903		\$2,231,958	
Program FTE	1.16	11.69	1.15	11.70	

Total Revenue	\$0	\$1,998,912	\$0	\$1,982,927
Service Charges	\$0	\$423,500	\$0	\$422,115
Intergovernmental	\$0	\$1,575,412	\$0	\$1,560,812
Trogram Revenues				

### **Explanation of Revenues**

This program generates \$15,664 in indirect revenues.

\$ 412,115 - Fee For Service Insurance Receipts

\$ 10,124 - State Community Mental Block Grant

\$ 10,000 - State Vocational Rehabilitation Award

\$ 1,324,668 - State Mental Health Grant based on 2019-2021 IGA with State of Oregon

\$ 226,020 - SMHG MHS 38

## Significant Program Changes

Last Year this program was: FY 2021: 40078 Early Assessment & Support Alliance

The EASA program has a new contract with Care Oregon that compensates the program on a case rate payment scale which more accurately reflects and compensates the program for the work they offer to clients.

Delivery of program was shifted to offer services virtually this year due to the COVID-19 pandemic as well as continuing to serve clients in the community who were at high acuity levels.