

## Program #40085A - Adult Addictions Treatment Continuum

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Health Department **Department:** 

**Program Offer Type: Existing Operating Program** Program Offer Stage: As Proposed

**Related Programs:** 

**Program Characteristics:** 

# **Executive Summary**

This program serves over 3,000 individuals per year and consists of a continuum of adult Substance Use Disorder (SUD) treatment and recovery support services for adult Multnomah County residents. Services include: residential treatment, intensive outpatient treatment with supported housing, outpatient treatment, outreach/engagement, recovery mentoring, and recovery support (including linkages to housing support, pro-social/drug-free activities, basic needs support, etc).

## **Program Summary**

Substance use disorders impact many of the County's services, particularly including the criminal justice, child welfare, and the healthcare systems. While the overall goal of treatment is to promote an individual path to recovery and well-being. additional positive impacts are experienced at the interpersonal, family, and community levels, such as: reduced recidivism rates, reduced infectious disease transmission rates, reduced crisis system utilization, and strengthening of family bonds and reunification.

Our adult continuum supports treatment engagement, recovery, and a return to a healthy lifestyle. Treatment and recovery services address the negative consequences of alcohol and other drug misuse; target specific issues that are barriers to recovery; and teach prosocial/drug-free alternatives to addictive behaviors through clinical therapy (individual and group based), skill building, and peer-delivered services. Treatment and service providers also address self-sufficiency needs through support with parenting skills, stress and anger management, housing issues, independent living skills, referrals for physical and mental health issues, employment services, and pro-social activities that build community and support for a drug-free lifestyle.

Treatment and recovery support services are delivered throughout Multnomah County by a network of state licensed community providers and peer run agencies. These providers are culturally competent and many have bilingual staff. The continuum of treatment and recovery support includes culturally responsive programming for specific populations, including: communities of color, people living with HIV, LGBTQ+ individuals, women, and parents whose children live with them while they are residential treatment.

| Performance Measures |  |                |                  |                  |               |  |  |  |
|----------------------|--|----------------|------------------|------------------|---------------|--|--|--|
| Measure<br>Type      | Primary Measure  | FY20<br>Actual | FY21<br>Budgeted | FY21<br>Estimate | FY22<br>Offer |  |  |  |
| Output               | Number served in treatment and recovery support services (1)             | 3,133          | 3,800            | 2,967            | 3,500         |  |  |  |
| Outcome              | Percentage of clients who successfully complete outpatient treatment (2) | 46             | 42               | 48               | 42%           |  |  |  |

#### **Performance Measures Descriptions**

- 1) Data reflects the continuation towards more intensive services for a smaller number of individuals with higher-level needs and an increase in the necessity of recovery support services in addition to treatment. Due to COVID, currently not all data has been reported that is used to compile the Output measure (see, note under Significant program changes).
- 2) "Successful completion of treatment" is defined as the successful completion of at least two thirds of an individual's treatment plan goals and demonstrating 30 days of abstinence.

#### **Legal / Contractual Obligation**

Funding is a combination of Federal substance abuse prevention/treatment, Ryan White federal grant funds, state general funds and state-federal pass through funds through the State Oregon Health Authority, and Local 2145 Beer and Wine tax and Marijuana tax revenue. Program planning is based on State Mental Health Grant Award requirements and submitted in the "Biennial Implementation Plan." Multnomah County accepts the State Mental Health Grant and spends these funds in accordance with State Service Elements. Local 2145 Beer and Wine tax and Marijuana tax revenues are provided to counties on a formula basis and are restricted to alcohol and drug treatment/ recovery support services.

# Revenue/Expense Detail

|                      | Adopted<br>General Fund | Adopted<br>Other Funds | Proposed<br>General Fund | Proposed<br>Other Funds |
|----------------------|-------------------------|------------------------|--------------------------|-------------------------|
| Program Expenses     | 2021                    | 2021                   | 2022                     | 2022                    |
| Personnel            | \$447,059               | \$1,534,740            | \$504,870                | \$1,166,440             |
| Contractual Services | \$1,721,574             | \$8,171,909            | \$1,593,150              | \$8,253,576             |
| Materials & Supplies | \$6,541                 | \$6,895                | \$7,136                  | \$5,578                 |
| Internal Services    | \$28,108                | \$272,259              | \$87,042                 | \$285,132               |
| Total GF/non-GF      | \$2,203,282             | \$9,985,803            | \$2,192,198              | \$9,710,726             |
| Program Total:       | \$12,189,085            |                        | \$11,902,924             |                         |
| Program FTE          | 3.20                    | 12.09                  | 3.35                     | 8.30                    |

| Program Revenues          |     |             |     |             |  |  |
|---------------------------|-----|-------------|-----|-------------|--|--|
| Intergovernmental         | \$0 | \$9,945,566 | \$0 | \$9,710,726 |  |  |
| Beginning Working Capital | \$0 | \$40,237    | \$0 | \$0         |  |  |
| Total Revenue             | \$0 | \$9,985,803 | \$0 | \$9,710,726 |  |  |

#### **Explanation of Revenues**

This program generates \$116,010 in indirect revenues.

\$664,811 - Local 2145 Beer and Wine Tax; \$2,804,969 - SAPT Block Grant; \$306,232 - TANF A&D 67 Award;

\$249,999 - OHA Peer Delivered Services; \$125,000 - SNAP Drug Free Community Grant;

\$4,170,310 - State Mental Health Grant based on 2019-2021 IGA with State of Oregon;

\$801,939 - Unrestricted Medicaid fund through CareOregon;

\$150,564 - Federal Ryan White Non Med Case Management;

\$178,100 - OHA Ryan White Mental Health;

\$258,797 - Peer-driven Approach to Opioid Use Disorder

#### Significant Program Changes

## Last Year this program was: FY 2021: 40085 Adult Addictions Treatment Continuum

Medicaid funding and FTE was moved out of this program offer to ICC program offer: 40081. Throughout the pandemic SUD providers have grappled with: multiple temporary closures of facilities, programs, and services; operating at reduced censuses to comply with social distancing requirements; temporary closures to new client intakes due to positive COVID cases among existing staff and/or clients; transition of in-person services to telehealth and/or a mix of telehealth and inperson services; staffing gaps due to quarantine requirements; changes to operational workflows, policies, and protocols; etc. Providers have reported a need to prioritize essential services and responding to crises and ever-changing challenges which has, in some cases, impacted their ability to collect and report data in a timely manner. Performance measures for FY20 and FY21 are likely not a true indicator of need or utilization in a normal year absent from these significant impacts due to the pandemic.