

Program #40199R - ARP - Culturally Specific Behavioral Health Programs

7/6/202

Department:Health DepartmentProgram Contact:Julie DodgeProgram Offer Type:Innovative/New ProgramProgram Offer Stage:As Adopted

Related Programs:

Program Characteristics:

Executive Summary

As Multnomah County residents continue to feel the impact of the COVID-19 pandemic, people are experiencing heightened behavioral health challenges resulting from the isolation, economic, vocational, educational, and other social and physical factors associated with health. In particular, Black, Indigenous, and other People of Color (BIPOC) experience greater disparities. The American Rescue Plan offers a unique opportunity to expand access to care and services in BIPOC communities through new external program investments and direct client assistance.

Program Summary

This offer increases access to culturally specific support through three new program investments.

The Trauma Healing and Recovery program is a pilot initiative designed for African American women who may be emerging from abuse, abandonment, incarceration, or addiction. Women will participate in weekly workshops, one-on-one support, and an annual retreat. The program will help women connect to culturally grounded spirituality, an important aspect of African American identity, leading to improved mental and physical health outcomes.

The Peer Recovery Support expansion will support two new culturally specific peer recovery support programs, serving the Native American and Latinx communities.

Organizations serving monolingual, immigrant, and refugee communities report continuing challenges in providing telehealth services due to technology and language barriers. This investment will allow organizations to address barriers to care through technology improvements or creating safe spaces for in person meetings.

Performance Measures								
Measure Type	Primary Measure	FY20 Actual	FY21 Budgeted	FY21 Estimate	FY22 Offer			
Output	Number of unique individuals served through new program investments	N/A	N/A	N/A	350			
Outcome	Increased access to culturally specific services as indicated by percentage of participants in new program in	N/A	N/A	N/A	70%			

Performance Measures Descriptions

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2021	2021	2022	2022
Contractual Services	\$0	\$0	\$0	\$620,000
Total GF/non-GF	\$0	\$0	\$0	\$620,000
Program Total: \$0		\$620,000		
Program FTE	0.00	0.00	0.00	0.00

Program Revenues								
Intergovernmental	\$0	\$0	\$0	\$620,000				
Total Revenue	\$0	\$0	\$0	\$620,000				

Explanation of Revenues

\$170,000: American Rescue Plan Act (ARPA) for Trauma Healing and Recovery Program

\$250,000: American Rescue Plan Act (ARPA) for Peer Recovery Support Services (expenses spread over five years)

\$200,000: American Rescue Plan Act (ARPA) for Monolingual, immigrant and refugee telehealth barriers

Significant Program Changes

Last Year this program was:

This program offer addresses the Crisis Response & Community Recovery priority. This program provides support for three service areas that will directly support Behavioral Health recovery. They are: The Trauma Healing and Recovery program for African American women emerging from trauma; an expansion of Peer Recovery Support for two new peer recovery support programs that will serve the Native American and Latinx communities; and Funding to support telehealth access for communities that have reported challenges accessing telehealth services.